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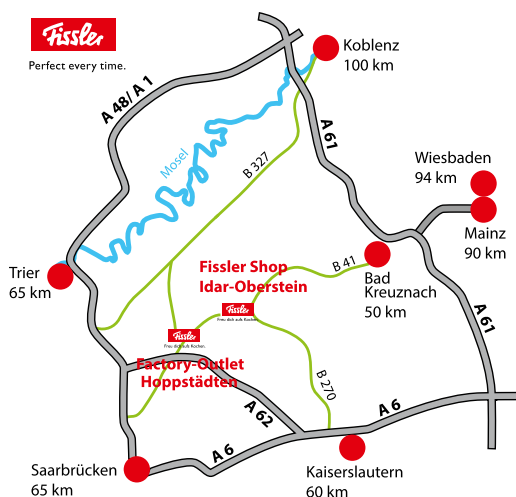
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# Message from the Director, Family and MWR USAG Rheinland-Pfalz



Steven L. Pelletier  
Director, FMWR  
USAG Rheinland-Pfalz

**A**s the Director of Family and Morale, Welfare and Recreation, I welcome you to USAG Rheinland-Pfalz.

Family and MWR offers a variety of programs and is your provider of Quality of Life Services. Each program exists to serve our Soldiers, Civilians, Retirees and their Families to its utmost ability. We concentrate our efforts on not only providing incomparable options, but also on providing the very best in customer service and satisfaction.

This magazine serves as a guide to assist you in finding important

information regarding Family and MWR's quality programs, services, and the many facilities here in USAG Rheinland-Pfalz. Let us help you save money by providing you with low cost services and family oriented events.

Not sure where to host your events? Take a look at our many clubs and facilities with room rental that also provide food and beverage or catering services.

Our goal is to be your first choice, and I would like you to take the opportunity to experience all of the great programs we have available. The events, services, and programs established today

will serve our Soldiers and their Families for years to come, and work as platforms to launch new and better services and products.

As you become more acquainted with USAG Rheinland-Pfalz during your tour here in Europe, please let me know if there is anything we can improve upon.

My Family and MWR priorities are:

1. Customer Satisfaction
2. Customer Participation
3. Business Results
4. Innovation and Improvement

Steven L. Pelletier  
Director, Family and MWR  
USAG Rheinland-Pfalz





# Message from the Manager, Baumholder Family and MWR USAG Rheinland-Pfalz

Welcome to Your New Home! The Baumholder military community is affectionately known as, "The Rock" throughout IMCOM-Europe with good reason; not only are we (literally) located on mountains of rock in the Rheinland-Pfalz state of Germany, we are a close-knit, rock-solid military community.

You can enjoy some of the best burgers and pizza in town, served at our Family-friendly Bowling Center; you can treat yourself to a therapeutic massage or pedicure at our Rolling Hills Spa & Wellness Center after working out in the circuit training room or you can play a 9 hole round of golf on our beautiful Army Golf Course. In short, you have just become

part of the "Best Kept Secret in IMCOM-E", and we are thrilled to welcome you!

Our goal is to be your first choice. Family and MWR operates 21 front door facilities, with an additional 14 'behind the scene' programs and offices in Baumholder. From the largest paintball field in IMCOM Europe at our Outdoor Recreation area, to the award-winning LIVE theater performance program at Hilitop Theater, Family and MWR's mission is to bring you 'a little piece of home' during your overseas tour. To that end, we strive to deliver world class customer service and unique, innovative programming designed specifically for the USAG Rheinland-Pfalz military community.

This magazine has been designed to give you a brief overview of what Family and MWR in Baumholder has to offer during your overseas tour at this installation. Special Events, such as Rheinland-Pfalz Idol and Community Wide events like our Independence Day Celebration, are just a few of the myriad opportunities for you to get out, get moving, and make lasting memories here on "The Rock".

Again, welcome to your new home! If there is anything we can help you with, or if you have ideas for events you'd like to see here in Baumholder, please don't hesitate to contact any member of our Family and MWR staff.



Ingrid Osewalt  
Manager,  
Family and MWR Baumholder  
USAG Rheinland-Pfalz

*Ingrid Osewalt*

Ingrid Osewalt  
Manager,  
Family and MWR Baumholder  
USAG Rheinland-Pfalz





# Family and MWR's Sponsorship and Advertising Program



Family and MWR's Sponsorship and Advertising Program invites corporate and individual businesses to support the community and in turn Soldiers and their Families. The program serves to provide your brand unprecedented exposure to the Rheinland-Pfalz Military Community as well as the means to advertise with other Army communities across Europe.

Family and MWR is a world-wide entity providing for Soldiers and their Families through a wide network of various programs, services and facilities. MWR stands for Morale, Welfare and Recreation, and the network of leisure, recreational, and support services are in place to serve the needs, interests and responsibilities of each individual in the Army community. Our main goal is to enhance the quality of Soldiers and their Families lives while away from home and in a foreign coun-

try. Family and MWR strives to provide a sense of familiarity and make this community home. Our facilities and services range from family, child and youth programs to recreation, sports, entertainment, travel and leisure activities. Family and MWR employees endeavor to provide the community with the highest quality programs, events and services at each installation and your contributions through the Sponsorship and Advertising Program help us reach our goals for Soldiers and their Families.

The Rheinland-Pfalz Military Community consists of approximately 60,000 Military personnel, Family members, Retirees and Civilian employees in the Kaiserslautern and Baumholder areas. Family and MWR believe your participation and support in sponsorship or advertising can provide heightened visibility and

positive publicity for your company and brand. We will strive to ensure that every involvement is a success for you and your brand, and one that will benefit you for years to come.

Sponsorship is an exchange of goods and/or services in return for public recognition, advertising and promotional benefits of an equivalent value. It isn't considered a gift or a donation, it is a two-way relationship. Your contributions serve to enhance our programming and services, while your company is able to participate, receive recognition and publicity, and enjoy enhanced visibility. Of course one of the prime benefits to sponsorship is being able to attend our events and interact directly with the Military community. Sponsorship and the benefits that come along with it can serve to provide an association between your company and

# Family and MWR's Sponsorship and Advertising Program

providing for our community, in turn bringing a benefit to your bottom line.

For companies not wishing to partake in our events, Family and MWR will still strive to ensure that your advertising campaign with us is a success. Our goal for advertising packages is to make sure that we remain flexible to every budget, while still providing an equitable value in exposure and visibility through multiple means and mediums.

We will strive to ensure that your participation is notable and recognized. We aim to show to community members that Family and MWR and your company are working together, to support them and all that they do for their country.

If you would like to receive additional information, or perhaps you have some ideas regarding how you would like to be involved with the Rheinland-Pfalz Military Community, please contact us.

We are more than willing to send you more information on how to become a sponsor or advertiser with Family and MWR.

Regards,

J.R. Orlando  
Sponsorship and Advertising manager  
Family and MWR Marketing Department  
Kaiserslautern, Germany



## - company with tradition



Founded in 1845 by Carl Philipp Fissler in Idar-Oberstein, in the Rhineland-Palatinate, the company can look back on a success story lasting over 165 years. Today the brand stands for cooking with pleasure and passion and is one of the world's leading brands for high-quality cookware. Fissler is the authority in German and international kitchens - everyone thinks of before buying pots, pans, pressure cookers, roasters, woks, cast iron, knives and kitchen accessories. Its products „Made in Germany“ are market in over 70 countries around the world. Fissler is still family owned and employs around 780 people. Most of them are working in the German factories in Idar-Oberstein and Hoppstädten-Weiersbach. So the company is still a very important employer in this region.





# Family and MWR – Bringing you a little piece of home wherever you go!



Each branch of the United States Armed Forces has a branch of MWR. MWR provides free and discounted recreation to military personnel and their families. Although the facilities provided vary from base to base, the types of services, facilities and programs provided can include fitness centers, pools, marinas, bowling centers, golf courses, restaurants, conference centers, catering, and programs for single sailors providing special events, access to internet, movies and video games. As of 2009, MWR is known as Family and Morale, Welfare and Recreation. Family and MWR also offers accredited child care and youth and school aged centers at many installations.

Family and MWR programs, services and activities offer Soldiers

and Families opportunities to enrich their lives culturally and creatively. Our programs relieve stress, build strength and resilience, and help the Army Family stay physically, mentally, and financially fit.

- ▶ Child, Youth & School Services
- ▶ Army Family Programs
- ▶ Soldier Programs & Community Recreation
- ▶ Family and MWR Business Initiatives
- ▶ Armed Forces Recreation Centers
- ▶ MWR Recreation Delivery to theater operations
- ▶ Additionally, the Family and MWR Academy provides outstanding professional development training and support to MWR personnel in the management and administration of MWR programs, people, and resources.

The Army's investment in delivering the highest quality programs and services- from Family, child and youth programs to recreation, sports, and entertainment, travel and leisure activities- reflects its commitment to the Army Family Covenant.

## MWR Philosophy

Soldiers are entitled to the same quality of life as is afforded the society they are pledged to defend. Keeping an Army ready to fight and win takes more than hard work and training. Soldiers need a balance of work and play. The FMWRC mission is to create and maintain "First Choice" MWR products and services for America's Army, essential to a ready, self-reliant force.

# Army Community Service (ACS) – Real life solutions for successful Army living

**Army Community Service (ACS)** ACS offers a comprehensive array of programs and services dedicated to maintaining the readiness of Soldiers, Families and the military community as a whole. ACS is customer-driven, proactive and prevention oriented. The ACS staff is well trained in the various needs of our multi-generational and culturally diverse military community, from Sembach to Baumholder.

ACS also assists Commanders in maintaining readiness of Soldiers, Families and Civilians in America's Army by developing, coordinating and delivering services which promote self-reliance, resilience and stability during war and peace. Family Readiness Group Training is one of the programs ACS offers.

**Relocation Readiness and Lending Closet** provides community orientation, German Cultural orientation, German Language

classes and more! You can also borrow basic household goods such as: pots and pans, dishes, high chairs and car safety seats, porta-cribs, etc. Contact Relocation Readiness when you are ready to PCS to CONUS-they can help with information, contacts and more.

**Employment Readiness Program (ERP)**, provided through ACS in Kaiserslautern, provides information and referral services on employment, education, training,



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# Army Community Service (ACS)



transition and volunteer opportunities to give Family members the competitive edge needed to secure meaningful employment. ERP offers up-to-date information on available employment opportunities, market and job trends, education and volunteer resources to help individuals make informed decisions when seeking employment. Services offered by the ERP include classes and seminars related to employment. Check the ACS calendar for class dates.

**Financial Readiness** teaches Soldiers, Family members and Civilians in both classroom and individual sessions, how to save and invest their money, establish savings goals, learn debt elimination strategies and saving strategies for emergencies.

**Army Volunteer Corps** can link volunteers with local volunteering opportunities. This program is managed through ACS in Kaiserslautern. Volunteers serve in units, sports and other community organizations. Contact the agency you wish to volunteer with for details and position descriptions. Gain a sense of satisfaction and achievement by meeting challenges, learn about the Army and its sister services, learn about the community, acquire new skills and or expand old ones, obtain work experience, build new friendship and become a cohesive part of the community.

**Exceptional Family Member Program (EFMP)** provides an all-inclusive approach for community, educational, medical, housing and personnel services for families with special needs.

The Exceptional Family Member Program (EFMP) works with military families to address their unique needs throughout the assignment process and after families have settled into their new installation.

**Survivor Outreach Services Program** managed through ACS in Kaiserslautern. Many times, after the loss of a Soldier, unresolved issues or questions come up long after the Casualty Assistance Officer (CAO) has concluded his or her duties. In addition to the grief the family will suffer, they may also be faced with issues and questions built around the life of an Army Family.

The **Soldier and Family Assistance Center (SFAC)** is managed through ACS in Kaiserslautern, and is a one-stop location for Warriors in Transition and their Families to get information and assistance.

The **Family Advocacy Program (FAP)** promotes individual and family strengths during challenging times to reduce the risk of violence. Classes in stress management, anger management, parenting classes and more are offered through FAP.

**New Parent Support Program (NPSP)** Programs provide pre- and post-natal support with parenting skills, lactation skills and good 'what to expect' training.



# Army Community Service



*real life solutions for successful Army living*



# Child, Youth & School Services (CYS Services)



U.S. Army Child, Youth  
& School Services

CYS Services mission is to enhance the readiness and well-being of Families by providing affordable, quality programs and services for children ages 4 to 18. Within CYS Services you will find something to meet your child's needs:

- ▶ Full, part time or hourly child care
- ▶ Before/After school care

- ▶ Recreational, sports and fitness activities for middle school and teen ages
- ▶ Instructional classes for both youth and parents
- ▶ Workforce preparation opportunities

Today's CYS Services programs deemed a "model for the nation" by Presidential acclaim, continu-

ously operates on these cornerstones:

- ▶ **Quality** Child Development Centers (CDCs) are DoD certified and nationally accredited\*
- ▶ **Availability** Child care is available both on and off post
- ▶ **Affordability** Fees are competitively priced and affordable regardless of sponsor's income

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# Child, Youth & School Services

*\*All USAG Rheinland-Pfalz Child and Youth programs are accredited by the National Association for the Education of Young Children (NAEYC), with Kaiserslautern area programs additionally accredited through the National Afterschool Association (NAA), and Baumholder area programs by the Council on Accreditation (COA).*

New and currently enrolled patrons must complete and update registration annually through Parent Central Services Enrollment & Registration offices.

- ▶ Kaiserslautern area: Pulaski Barracks and MWR One Stop on Landstuhl
- ▶ Baumholder area: Wetzlar Kaserne

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# Child, Youth & School Services

Programs:

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<b>Fit EDGE!</b>	Educates and encourages our children and youth to incorporate a healthier lifestyle through physical activity and nutritional awareness programs
<b>Life EDGE!</b>	Imparts upon children and youth the skills necessary for life-long growth, as well as the exploration of future career fields
<b>Adventure EDGE!</b>	Encourages children and youth to embrace the outdoors and nature, while being exposed to activities that stimulate both physical exertion and relaxation responses



## Extracurricular Instructional Classes

SKIESUnlimited stands for "School of Knowledge, Inspiration, Exploration and Skills" with the word "Unlimited" for the unlimited possibilities that this program provides children and youth!

- ▶ All participants must be registered with CYS Services
- ▶ New students must wait for open enrollment
- ▶ Current SKIES students may enroll during the priority enrollment week at Parent Central Services to retain their space
- ▶ Classes will be filled on a first come, first served basis

A variety of courses are offered within the School of Arts, School of Sports, School of Life Skills and School of Academics. Students may register for any SKIESUnlimited class at Parent Central Services. Children and Youth that are currently registered in CYS Services can be enrolled for SKIESUnlimited using WebTrac.



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# Child, Youth & School Services

## HIRED! - Workforce Preparation Program / Ages 15 to 18

HIRED! helps teens explore career opportunities and prepare to enter the workforce. Youth apprentices experience working in a paid position and participate in workforce-preparation and post-secondary education exploration classes.

- ▶ An apprenticeship term is 12 weeks and the apprentice must commit to 15 hours within a seven-day period
- ▶ Apprentices obtain a cash award at the end of the apprenticeship period and a certificate from Kansas State University
- ▶ Registration for HIRED! is through the Youth Program



## School Liaison Officer

The School Liaison Officer's purpose is to provide support to Home School groups, assistance with school related issues, transitions and youth sponsorship.

### School Liaison Services is designed to:

- ▶ Help ease the education transitions experienced by military children and youth by addressing barriers and education concerns resulting from the military lifestyle
- ▶ Facilitate the delivery of quality school transition and education support services
- ▶ Assist parents with easing the impact of the mobile military lifestyle on the academic success of military children

School Liaison Services offers assistance to Families with their educational needs educates parents on programs available to youth in the community and helps build a connection between Families, schools and communities.





# Child, Youth & School Services



## CYSS Parent Central Services

Parent Central Services is your one-stop shop for access to all child and youth programs on post. This is where our friendly, helpful staff will assist you with enrollment forms and all the

information you need to enroll your children with the various programs CYSS has to offer:

- ▶ Childcare: Child Development Center (CDC), Family Child Care (FCC), School-Age Center (SAC)
- ▶ Youth Program (Middle School and Teens)

- ▶ SKIESUnlimited Instructional Classes (ages 18 months-18 years)
- ▶ EDGE! Activities
- ▶ Parent Education
- ▶ Sports and Fitness, Team Sports and Classes

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[www.bennys-doggy-depot.com](http://www.bennys-doggy-depot.com)



# Child, Youth & School Services

## Youth Sports & Fitness

Summer to fall... winter to spring... the Youth Sports & Fitness program has something to offer all interested community members between the ages of 3-18. There is something for everyone, with a great line-up of different sports guaranteed to help build strong minds and promote healthy bodies.

### Team Sports include:

- ▶ Soccer
- ▶ Flag Football
- ▶ Tackle Football
- ▶ Cheerleading
- ▶ Basketball
- ▶ Baseball
- ▶ Softball

### Individual Sports include:

- ▶ Skiing
- ▶ Snowboarding
- ▶ Wrestling
- ▶ Wall Climbing
- ▶ Fishing
- ▶ Tennis
- ▶ Racquetball
- ▶ Bicycling
- ▶ Inline Skating

### Health & Fitness and Outreach programs include:

- ▶ Healthy Habits
- ▶ Fitness Authority
- ▶ "Get Fit Be Strong"
- ▶ Start Smart Programs
- ▶ Skill Building Clinics
- ▶ Special Events





# Child, Youth, and School Services



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## Top-Address in Baumholder & Idar-Oberstein



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# Better Opportunities for Single Soldiers (BOSS) – “The Voice of the Single Soldier”



BOSS members advocate for single Soldiers by addressing Quality of Life issues, both on the installation and in the barracks, to senior leaders on post and throughout the U S Army. BOSS Soldiers also coordinate and participate in community service projects, organize recreation and leisure activities, and then utilize these experiences to enhance their promotion packets!

Learn more about BOSS and how to become a member of this energetic, vital program.

Contact your local BOSS Chapter, via phone directory at the back of this magazine!

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# BOSS Program



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have lounge seating, reclining gaming chairs with integrated sound system and massage capabilities, high-tech headphones and free wireless connection to enhance your gaming experience.

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sive DVD library are all waiting for you at your local Warrior Zone – come on in and check it out!

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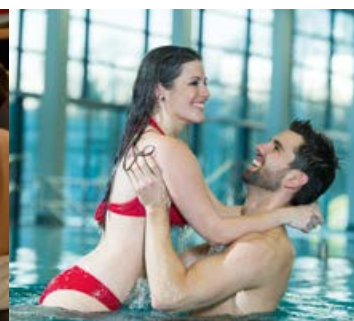
The KOI indoor & outdoor bath offers visitors a water world with plenty of different attractions. The complete concept of the bath should not be regarded as a leisure park, it excellently combines the functions of the former indoor and outdoor bathes of Homburg under one roof. The interior with its huge glass facades, skylights and bright colors create a distinctive room experience. The generous glass elements offer a free view on the green surroundings, breaking down the barrier between inside and out.

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For an up-to-date list of all the programs available, please contact the Baumholder Arts & Crafts directly, via the phone directory at the back of this magazine!

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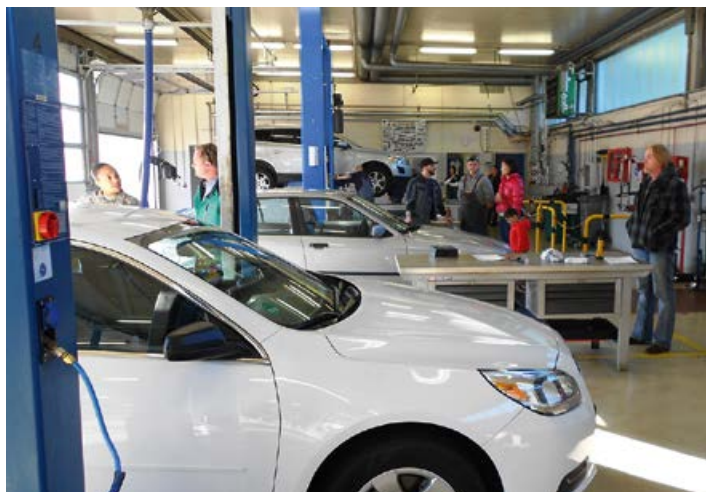
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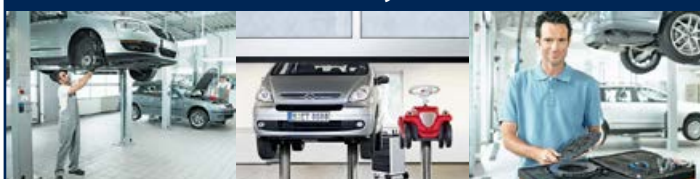
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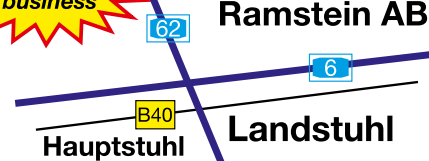
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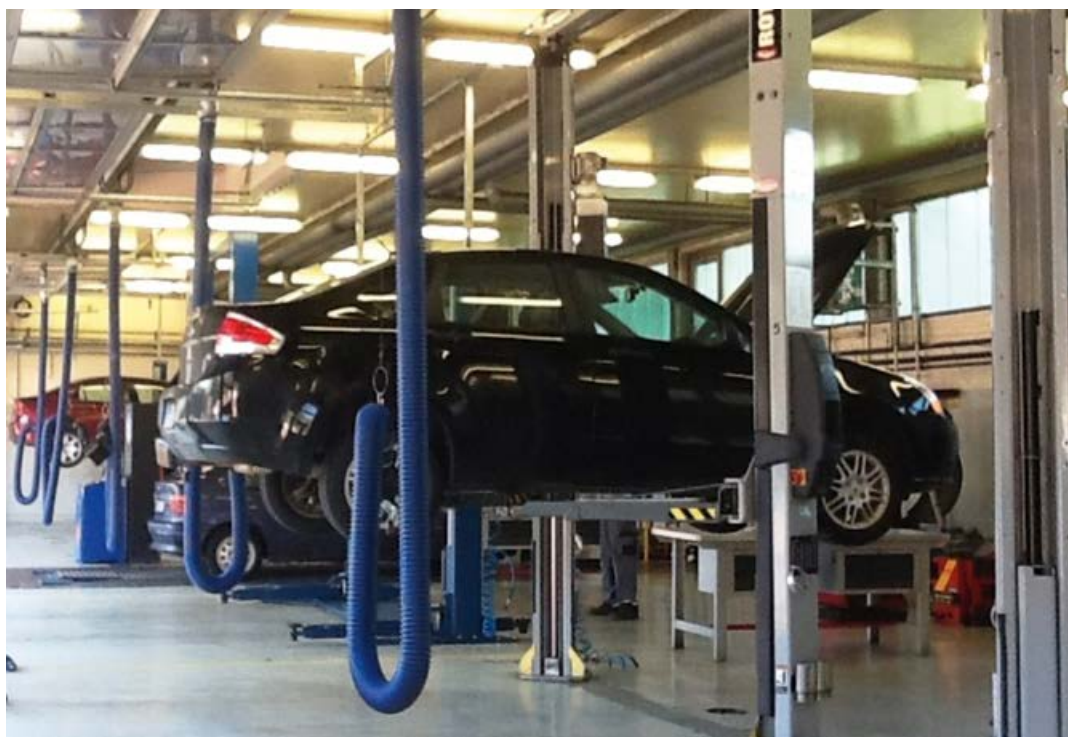
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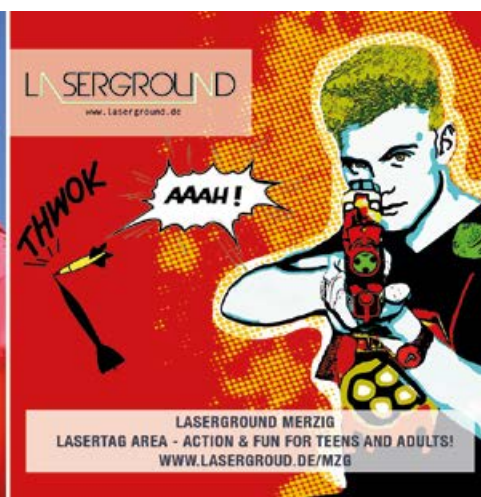


With one location in Baumholder (Smith Barracks) and one in Kaiserslautern (Pulaski Barracks), you have twice the fun of your own European Adventure awaiting you! Meet new people, learn a new sport, or arrange a personalized activity for your own group of friends. From beginner to advanced excursions, Outdoor Recreation offers biking, hiking, canoeing, rafting, scuba diving, skiing, scuba diving, snowboarding, canyoning and sky diving.

Baumholder boasts one of the largest Army paintball fields in Europe, filled with obstacles and a challenging terrain – the proverbial 'Paintball Lover's Paradise' – and certification for hunting and/or fishing licenses. Kaiserslautern offers a charter service with 44 and 49 passenger busses (with drivers!) at your disposal. If you're planning a Family, friends only or Unit trip, give them a call!

Additionally, both locations host numerous trips: Italy, Spain, Croatia... the list goes on and on. And if you decide you want to brave the European frontier all on your own in true camping style, well, they have a huge selection of gear and sundry items available to rent, all ready and waiting to meet your needs.

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# Army Lodging-Lagerhof Inn



For our 'new arrivals' in Baumholder, the Lagerhof Inn will be your introduction to this close-knit military community; a fact that the staff are well aware of and take to heart as they strive to make your first impression of "The Rock" a good one.

A little history on the facility: The original three buildings that make up the Lagerhof Inn were constructed between 1932 and

1934. At the time, they were operated as a *Kurhotel* (Bed & Breakfast) by a private German firm. During WWII, the buildings were occupied by German forces, with US Military forces beginning to utilize the location in the early 1950's. A complete renovation began in 1983, and Lagerhof Inn opened in 1984, with one final building added to complete this branch of Army Lodging.

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# Army Lodging



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# Clubs & Pubs

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USAG Rheinland-Pfalz contains four clubs: Armstrong's (Vogelweh Housing), Kazabra (Vogelweh), Landstuhl Community Club and Rheinlander Community Club (Baumholder) – each with a different atmosphere and capabilities:

- ▶ Armstrong's is the largest of the clubs – A multi-faceted facility complete with ballroom, slot areas, *The Irish Pub & Grill* (also available for catering), *Emerald Alley* (Nintendo Wii,

Virtual Bowling and more) and the *Back 40* (great for private parties or to simply grab a cold one after work).

- ▶ Kazabra is located on Vogelweh proper, across from the Fitness Center – Recognized as the best country club in Army Europe, this is the place to go for great country music, line dance lessons, a ride on the Mechanical Bull, or BINGO!
- ▶ Landstuhl Community Club is located across from the Warrior Transition Center – Offer-

ing catering, conference room, a bar/lounge and game room, this club is situated back in the wooded area of Wilson Barracks. With a beautiful view of the Landstuhl castle and the city below, the conference room provides a relaxing atmosphere.

- ▶ Rheinlander Convention Center is located on Baumholder's Smith Barracks and invokes both a Colonial sense of charm with its Grand Ballroom and sweeping staircases, and the relaxing modern-vibe you feel at Tavern on the Rock.

[rheinland-pfalz.armymwr.com](http://rheinland-pfalz.armymwr.com)





# Clubs & Pubs



*From The Irish Pub to Tavern on the Rock,  
entertainment and good food is everywhere!*



# Community Activity Center (CAC)



The Sembach Community Activity Center (Sembach CAC) is designed with comfort in mind, and is the hub for community activities, dining and entertainment in the Sembach community.

- ▶ Sembach Community Activity Center (SCAC) is a facility dedicated to Soldiers, Families and Civilians for their daily entertainment and event planning needs. SCAC is also home to a Warrior Zone, a restaurant with catering available, and a bar/lounge.

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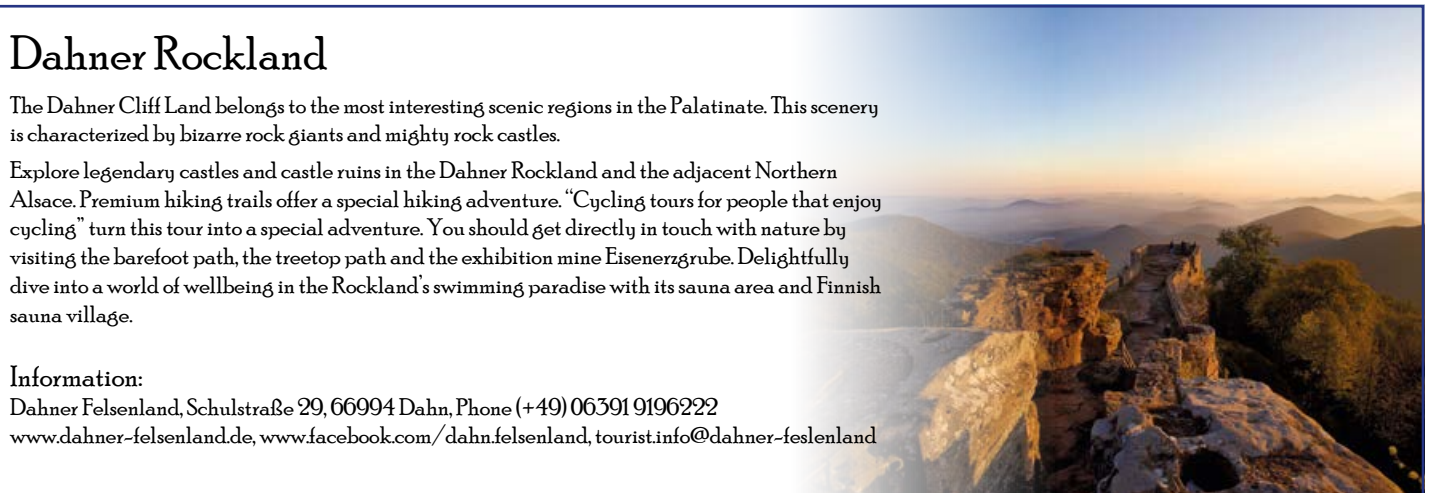
## Dahner Rockland

The Dahner Cliff Land belongs to the most interesting scenic regions in the Palatinate. This scenery is characterized by bizarre rock giants and mighty rock castles.

Explore legendary castles and castle ruins in the Dahner Rockland and the adjacent Northern Alsace. Premium hiking trails offer a special hiking adventure. "Cycling tours for people that enjoy cycling" turn this tour into a special adventure. You should get directly in touch with nature by visiting the barefoot path, the treetop path and the exhibition mine Eisenerzgrube. Delightfully dive into a world of wellbeing in the Rockland's swimming paradise with its sauna area and Finnish sauna village.

### Information:

Dahner Felsenland, Schulstraße 29, 66994 Dahn, Phone (+49) 06391 9196222  
[www.dahner-felsenland.de](http://www.dahner-felsenland.de), [www.facebook.com/dahn.felsenland](https://www.facebook.com/dahn.felsenland), [tourist.info@dahner-felsenland](mailto:tourist.info@dahner-felsenland)



## Welcome to Baumholder

Take your time to relax and enjoy the possibilities of our activities.  
 Many various events which take place all the year invite  
 you to a trip with your whole family.

- Hiking trails
- Nordic Walking
- Mountainbiking
- Sportevents
- Markets, guided walking and city tours
- Old town festival and Rallye

Enjoy the time in our beautiful city  
 and discover the region



For more information:

Verbandsgemeindeverwaltung Baumholder  
 Am Weiherdamm 1 - 55774 Baumholder  
 Phone: 06783-81-0 - Fax: 06783-81-60

[tourismus@vgv-baumholder.de](mailto:tourismus@vgv-baumholder.de)  
[www.vgv-baumholder.de](http://www.vgv-baumholder.de)  
[info@baumholder.de](mailto:info@baumholder.de)  
[www.baumholder.de](http://www.baumholder.de)





# Welcome to Saarland



©TZS

*The Saar Loop - Saarland's probably most well-known landmark*

**Saarland is located just a short drive away from Ramstein Air Base, Baumholder and Kaiserslautern. Nestled between France, Luxembourg and Rhineland-Palatinate, Saarland offers lots of experiences within a small area.**

## Culture and tourist attractions

Did you know that Saarland is an ancient cultural region full of "American Traces"? Even John Trumbull was already enthusiastic about the Saarland, its sights and its cuisine. You should have a look at the B-Werk bunker in Merzig-Besseringen, the last intact and preserved fortification of its kind of the Siegfried Line. More American-German traces can be found on the "Spicherer Höhen" or in the town of

Homburg, where you can regularly join historic city tours with the night-watchman. In Saarland, historic attractions and towns full of history are waiting for you to be discovered. One of the most exciting sights is the UNESCO World Cultural Heritage Site "Völklinger Hütte" – a gigantic ironworks dating from the heyday of the industrialization. Take your family to the indoor theme park "GONDWANA-Das Præhistorium®" where you can travel through





©TZS



©Weltkulturerbe Völklinger Hütte / Gerhard Kassner

UNESCO World Cultural Heritage Site "Völklinger Hütte"

times and meet impressive dinosaurs. Visit our zoos in Saarbruecken and Neunkirchen, the wildlife park in Freisen, the summer toboggan run in Nonnweiler or go for Football Golf in Beckingen, a very exciting outdoor activity.

## Shopping

In Saarland, you can shop to your heart's content: shopping malls in Saarbruecken and Neunkirchen, the Outlet Centers in Mettlach and Wadgassen as well as the city centers invite you to extensive shopping tours. Many shops also accept VAT forms (just look for these signs).



## Nature

Discover Saarland's forests and hills by foot or by bike – a top quality network of hiking and cycling trails ensures an extraordinary experience. Don't miss the breathtaking view from the Cloef down to the Saar Loop, Saarland's probably most well-known landmark. Lake Bostal (Bostalsee) and Lake Losheim (Losheimer Stausee) as well as many waterparks and swimming pools promise bathing fun for the whole family.

## Event highlights

Numerous festivals and events invite you to celebrate and enjoy all year round. A small selection can be found here:

### March/April

Special Easter markets, such as the "St. Wendeler Easter Market", the "Ceramic Market Homburg" and "Neunkircher Frühling" (spring market), welcome spring and the colourful Easter time.

### July

The state capital Saarbruecken celebrates an old town festival every year. Take part in this exceptional music and entertainment event while enjoying a variety of culinary delights!

### August

The "Saar-Spektakel" in Saarbruecken revolves all around water and water sports. The event is unique in Germany and features a varied program including delicious food.

### November/December

Visit our special Christmas markets and let them surprise you with their extraordinary attractions! We especially recommend the Christmas markets in Saarbruecken, Saarlouis, St. Wendel and also Kirkel with its medieval scenery.

## Saarland cuisine

Enjoy Saarland's cuisine with its French touch. It will be hard to find a bigger range of culinary delights elsewhere. Whether you look for typical Saarland dishes or for top gastronomy, beer breweries or vineyard cultivation, you will make a find.

**Saarland is a lively spot full of opportunities for your individual discovery tours. We are very much looking forward to welcoming you soon!**

Saarland

**Information:**  
**Tourismus Zentrale Saarland**  
**Franz-Josef-Röder-Str. 17**  
**66119 Saarbrücken**  
**Phone: +49 681-92 72 00**  
**Email: [info@tz-s.de](mailto:info@tz-s.de)**  
**[www.visitsaarland.co.uk/en/us](http://www.visitsaarland.co.uk/en/us)**





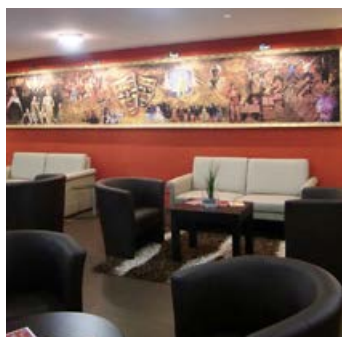
# Java Café



Without question, the place to be around here is where you can grab a STARBUCKS coffee on-the-go, pick-up a little snack to go with it and, in Baumholder, bring the little ones for some socialization time with other toddlers! Java Cafes offer a wide array of coffee, tea and fruit-based drinks all year round. They even have a "Beverage on the Go" program: a carafe of coffee with eight tall cups, sugar, cream, stirring sticks and napkins for \$15; perfect for meetings and get-togethers. With five locations to serve you, you never have to worry about getting a caffeine fix in USAG Rheinland-Pfalz!

- ▶ Baumholder Java is located in the Community Mail Room (CMR) building on Smith Barracks, across from the Rheinland Convention Center. With a Family Lounge for moms and tots to come together and socialize, this location is the hub of the community.
- ▶ Kleber Kaserne's Java is located just inside KMC Onstage, in the same parking lot complex as the Fitness Center. Just think – you can take in a show and your fave White Mocha Latte, Skinny, no foam!
- ▶ Landstuhl Regional Medical Center (LRMC) has a Java Café conveniently located just down the hall from their Dining Facility (DFAC). Grab yourself a good meal and then take some STARBUCKS back to the office.
- ▶ Sembach Kaserne has a Java located right next to IMCOM-E Headquarters on Sembach. A more intimate, quiet setting than the others, this Java excels in blended drinks and quick service.

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# Strikers Bowling Center

## Blow-off some Steam and have a little Fun!

League play, tournaments, lessons, cosmic bowling, theme nights, games, slot room, a fully operational Strike Zone snack bar and Pinsetters' Pub – all this and more are available for your enjoyment at Strikers. Units, FRGs, private orgs, Families and groups of friends gather here to blow-off some steam, have a little fun, and get together over the best pizza and burgers available in Baumholder!



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# Libraries

## You'll have no trouble finding whatever you need



Having the ability to get the information you need at the touch of a keyboard is a truly amazing accomplishment. Still, there are times a more 'hands-on' approach is called for. Army Libraries offer easily accessible computers, books, magazines and reference materials, along with DVDs, CDs, audio books and a phenomenal e-books library where you can download to your electronic device of choice absolutely free of charge! And with three well-stocked libraries in our joined communities, you should have no trouble finding whatever you need.

- ▶ Baumholder Library – Located on Smith Barracks, the library is housed inside an old nightclub called The Ironworks (the original sign is still outside the building – you can't miss it!), and routinely offers specialty and themed events for both young and old.
- ▶ Rheinland-Pfalz Library – Located on Wilson Barracks, Landstuhl Post, the Main Library has the largest inventory of all three and is an excellent resource for all your, "What is there to do here?" questions.

- ▶ Kleber Branch Library – Even the smallest of our libraries isn't all that small. Located on Kleber Kaserne, across from the 'main quad' and dining facility (DFAC), this library is easily accessible for persons working on Kleber, who might not have time to travel to other locations.

For more information on all the amazing options USAG Rheinland-Pfalz libraries have to offer, please contact the library nearest you via the phone directory at the back of this magazine.

[rheinland-pfalz.armymwr.com](http://rheinland-pfalz.armymwr.com)



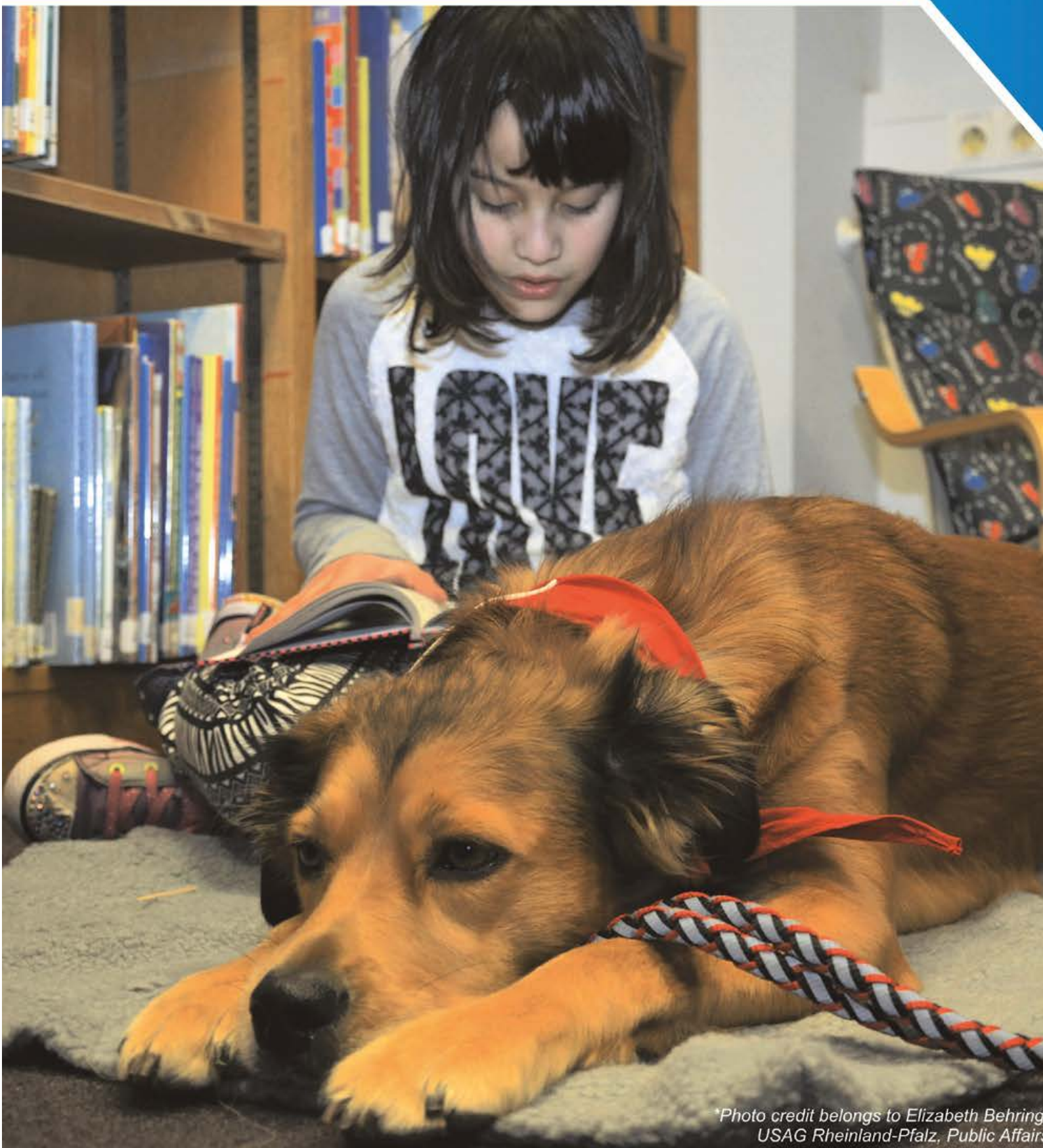
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# Army Europe Libraries



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**DYNAMIKUM**  
Science Center  
Pirmasens

+ experiments in the outdoor areas

## Welcome to the Dynamikum

Who doesn't know museums where you have to walk through the exhibition in total silence and can only look at everything from a distance? In the Dynamikum in Pirmasens things are a lot different! In the first Rhineland-Palatinate Science Centre the idea is namely to get your hands on the 160 exhibits and try them out to your heart's content to see what fascinating phenomenon from science and technology is behind them.

The overall theme is "movement" – whether in the sense of "get things moving" or "move yourself". And so there are loads of great things to discover on the total area of 4,000 m<sup>2</sup>: Who would like to race with an elephant? Ever tried to tame an unruly suitcase? Can you make sound visible?

## Bridging the gap between inside and outside

In the Strecktal Nature Park immediately adjacent to the Pirmasens Science Centre thirteen outdoor exhibits were unveiled in early May 2014. This allows visitors of all ages to investigate, discover and try out for themselves lots of exciting scientific phenomena outside as well, in particular the subject of vertical draft – and, if they wish, in sporting combination with the DiscGolf course in the Strecktal valley successfully launched in 2012, on whose fairway the weather-resistant and rust-free exhibits are ideally integrated into the landscape.



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Opening Hours: Monday - Friday: 9 a.m. - 6 p.m.  
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[www.dynamikum.de](http://www.dynamikum.de)

# *Rolling Hills Spa & Wellness Center*

## *“Staffed by professionals, sought after by all.”*

Located on Wetzel Kaserne and staffed by professional massage therapists and estheticians, the spa is co-located with the Indoor Swimming Pool and Circuit Training Room, off to the side of Baumholder Army Golf Course. Offering specialty massages (aromather-

apy, grapeseed, etc.), sports massage, facials, manicures and pedicures at really great prices, this is one of the most sought-after facilities in the Baumholder Military Community. Make an appointment today and treat yourself to a little slice of heaven!

[rheinland-pfalz.armymwr.com](http://rheinland-pfalz.armymwr.com)





# Baumholder Army Golf Course

## The premier golf course of Rheinland-Pfalz



*De-stress and breathe in the fresh air*

Situated atop a hill next to Wetzel Kaserne is the premier golf facility of USAG Rheinland-Pfalz. Baumholder is home to the Army's only 9-hole golf course in Europe. The course, under new management, has received a facelift in the previous 2 years. The work included fairways being widened, course elements redesigned, new child friendly "Play it Forward" tees installed, as well as incorporating a FootGolf course within its grounds. All of these efforts have truly made Baumholder Army Golf Course the Kaiserslautern Military Community's Family friendly golf course for Army and Air Force alike.

Whether brand new to the game and wanting to learn or a regular player looking to tee it up every weekend, the incredible views of the surrounding countryside set Baumholder Army Golf Course apart as a great setting to do both.

If you are looking to invest in new equipment, make sure that our Pro Shop and its friendly, knowledgeable staff is your first stop. Also on offer is a PGA certified instructor to provide lessons and clinics at the top-notch driving range and practice green.

With great events like Night Golf and a weekly scramble the calendar is filled with perfect opportunities to grab your friends and hit the links.

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# Baumholder Army Golf Course



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In Germany, electricity and natural gas are taxed at 19% tax, water is considered a food and therefore only taxed at with a 7% tax. Unless you enroll in the UTAP, your energy suppliers must automatically add these taxes to your utility bill.

Registration for Utility Tax Avoidance Program (UTAP) is a tax savings that is open to all military and authorized members of the U.S. Forces who live off-base. There is a one-time service fee charged by your VAT office upon registration.

For more Information please contact the Value Added Tax (VAT) office near you:

**Ramstein Air Base, Bldg 2118**  
DSN: 480-5309, CIV: 06371-47-5309

**Kleber Kaserne, Bldg 3245, Rm 109**  
DSN: 483-1780, CIV: 0631-411-1780

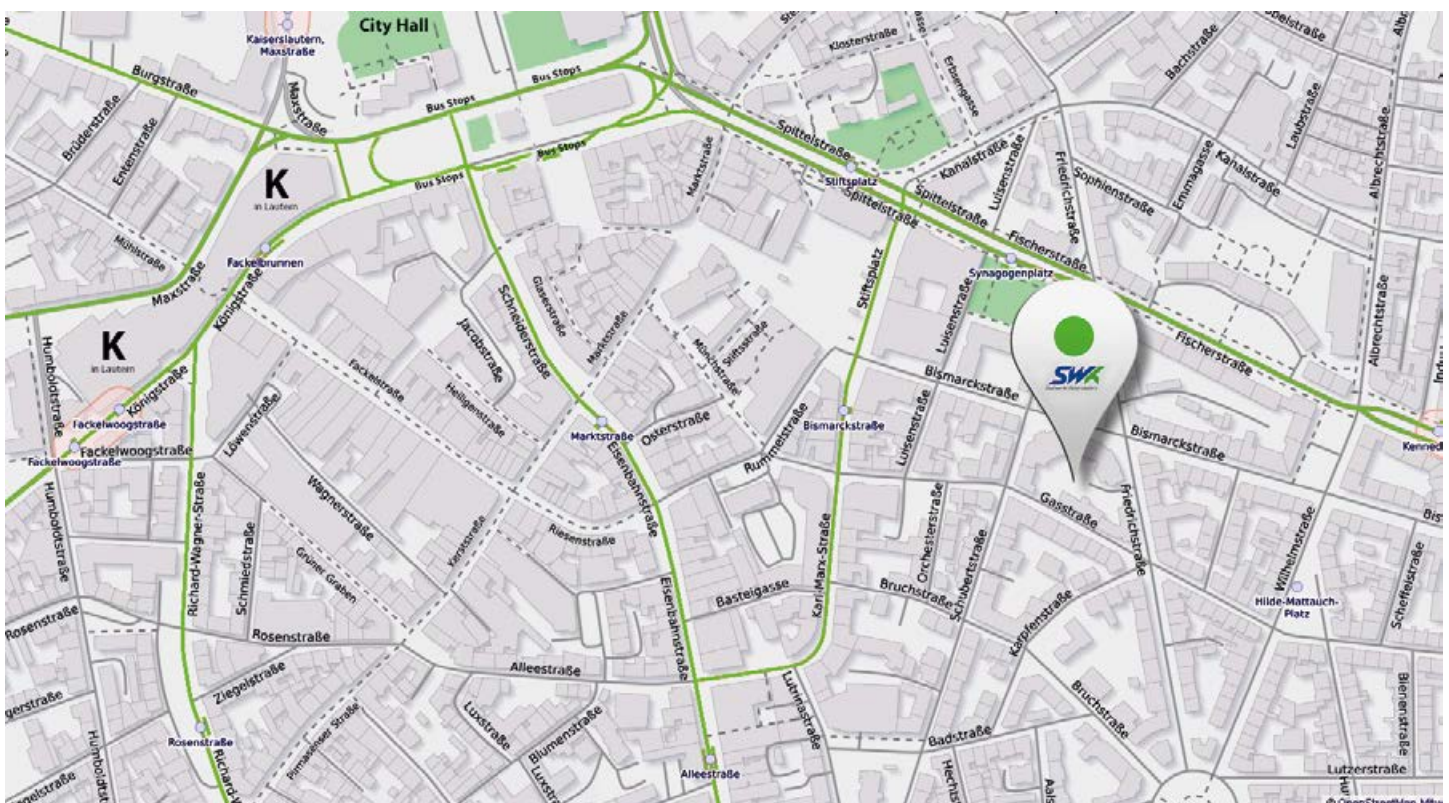
**Landstuhl, Bldg 3810**  
DSN: 486-1780, CIV: 06371-86-1780

**Pulaski Barracks, Bldg 2925, Wing C**  
DSN: 493-1780, CIV: 0631-3406-1780

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# One Stop Shop

*Everything You Need  
in One Place*

Created to help you get everything you need in one place, versus driving all over the place, One Stop Shops are conveniently located in two community areas. Here, you can accomplish a wide variety of errands and 'To Do List' items, such as picking up Value Added Tax (VAT) forms to save the 19% tax you'll encounter on the local economy, enroll your children in Child, Youth and School Services, and more. Take a look:

- ▶ Baumholder's One Stop Shop is conveniently located in the Community Mail Room (CMR) building on Smith Kaserne, and just 15-20 steps from the Java Café, this One Stop also allows you to purchase trips from Outdoor Recreation, buy tickets to the latest Hilltop Theater show, sign-up for fitness classes, schedule a massage... even register for Hunting/Fishing classes and licensing!
- ▶ Landstuhl Post co-located their One Stop with the Rheinland-Pfalz Library, providing easy access for Soldiers, Civilians and Family members. Feel free to use this One Stop to enroll your child(ren) in Youth programs such as Edge and SKIES.

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# Community Theater

## Multiple award-winning community theaters, bringing you the very best productions

There are two (2) US Army community theaters in USAG Rheinland-Pfalz. Both are multiple award-winning theaters, bringing you the very best in productions, with a stellar variety of contemporary and classic comedies, musicals, dramas, revues, Family and youth shows.

While prior experience is welcomed, it is not necessary in order to become an active participant in the wonderful world of 'The Theater'. Both locations are professionally staffed, both with paid MWR staff and experienced volunteer talent. A creative community outlet with a variety of

volunteer opportunities in acting, directing, set design, light and sound technology, costuming and more, each production has open auditions for both onstage and behind-the-scenes talent.

► Hilltop Theater – Located in the Baumholder Military Community, this theater also offers





# Community Theater

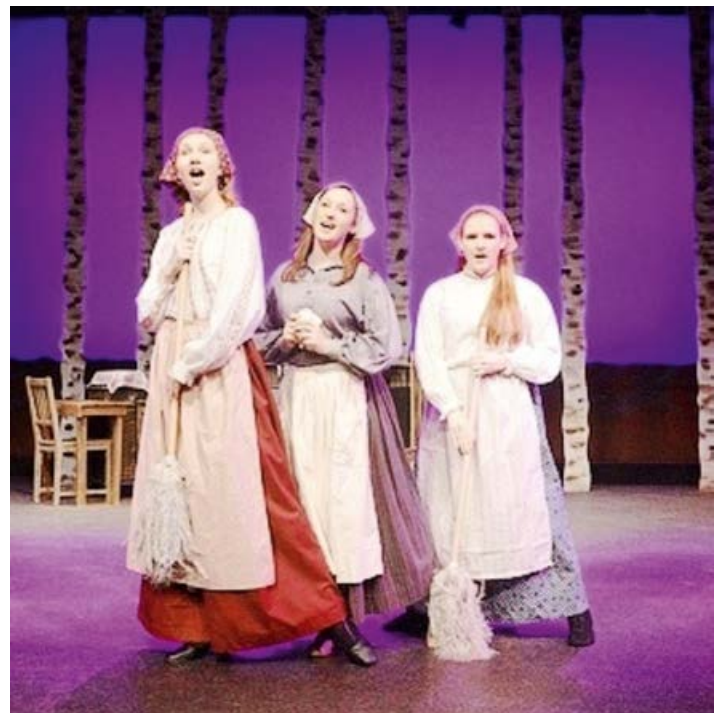
## *Multiple award-winning community theaters, bringing you the very best productions*

a strong youth program with two shows a year designed specifically for youth actors and stage crews under the age of 18, a two-week Drama Camp every summer and partnership programs with both SKIES and the Teen Center. In addition, Hilltop Theater is the location for "Rheinland-Pfalz Idol", with auditions and Competition Rounds in three age categories (Youth, Teen, Adult) every Saturday in June,

culminating in the Grand Finale live at the Fourth of July Celebration.

- KMC Onstage – Located in the Kaiserslautern Military Community (KMC), this theater also plays host to Armed Forces Entertainment, bringing musicians, comedians, cheerleaders, and celebrities of sports, movies and television overseas to perform for our troops.

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# Community Theater



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**web:** [www.hausdesbuergers.de](http://www.hausdesbuergers.de)

## Welcome to Ramstein-Miesenbach

**RAMSTEIN-MIESENBACH** has numerous commercial enterprises, state-of-the-art sports facilities, excellent medical care and a rich cultural life. The city has all levels of schools as well as a number of private clubs and organizations which offer every opportunity for recreational activities.

**The information center at the KMCC shopping center on Ramstein Air Base** informs English-speaking visitors about sights, attractions and events in the Ramstein and Kaiserslautern area  
**INFO-Center "Window to Rheinland-Pfalz", Building 3336 (KMCC), RAB**  
[www.ramstein-gateway.com](http://www.ramstein-gateway.com)  
[kmcc@infocenter-ramstein.de](mailto:kmcc@infocenter-ramstein.de)  
**phone: 06371 / 406208**

**The "Haus des Bürgers", Ramstein's cultural and conference center**, is host to numerous national and international stars every year. The facility is also suitable for conferences and meetings up to 800 people and houses the **city library** and the **youth office**.  
[www.hausdesbuergers.de](http://www.hausdesbuergers.de)  
[hdb@ramstein.de](mailto:hdb@ramstein.de)  
**phone: 06371 / 592-220**

The **AZUR Water World** is one of the most popular attractions in the region and provides year-round indoor/outdoor recreation for people of all ages.

[www.freizeitbad-azur.de](http://www.freizeitbad-azur.de)  
[info@freizeitbad-azur.de](mailto:info@freizeitbad-azur.de)  
**phone: 06371 / 71500**

The Docu Center Ramstein (DCR) focuses on all aspects of German-American partnership, as the Americans have deeply influenced the region since Ramstein Air Base was established in the 1950s.

[www.dc-ramstein.de](http://www.dc-ramstein.de)  
[info@dc-ramstein.de](mailto:info@dc-ramstein.de)  
**phone: 06371 / 838005**

The **"Seewoog" lakeside** recreational area provides rest and relaxation for everyone.

The **city museum**, which is located in the old 1750 city hall hosts a permanent collection of cultural items and regularly features special exhibits.

Come and discover this outstanding quality of life for yourself.

**You are very welcome!**

# Sports & Fitness Centers

## We have what you need to stay in shape

Our Physical Fitness Centers include free weights, cardio machines, classes, personal trainers, TRX machines, Family Fitness Rooms, locker rooms, saunas, and well-balanced sports programs with both community and intra-mural level individual and team sports. With seven (7) centers to serve you, we guarantee you'll find what you're looking for, from Basketball to Zumba!

In the Baumholder Military Community:

- ▶ Hall of Champions
- ▶ Mountaineers Fitness Center

In the Kaiserslautern Military Community:

- ▶ Kleber Kaserne Fitness Center
- ▶ Landstuhl Fitness Center
- ▶ Miesau Army Depot Fitness Center
- ▶ Rhine Ordnance Barracks (R.O.B.) Fitness Center
- ▶ Sembach Fitness Center



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# Sports and Fitness



*Helping you stay Army Strong*

# Tax Relief Office (VAT Office)

## Save money, use VAT forms

1. Value Added Tax (VAT) in Germany is 19% on most goods and services (7% on certain unprepared groceries), but you can save that money on authorized purchases at participating stores by using the VAT forms! First, you'll need to visit your local Tax Relief Office and register for the program. There are two (2) categories of VAT forms available:

- ▶ Purchases under €2,500
  - You may acquire up to ten (10) forms at one time
  - Forms are valid for two (2) years from date of issue
  - Forms may be used by authorized service members, Family members and DoD personnel only
- ▶ Purchases over €2,500
  - You must first obtain a cost estimate, made out to both your servicing VAT office and yourself, and a certified U.S. Dollar or Euro check (depending on the currency the vendor accepts) made out to both the servicing VAT office and the vendor
  - The VAT office will then process the application and the German tax document, called Abwicklungsschein
  - You then deliver the payment, along with the purchase order, to the German vendor in order to complete the purchase

2. The Utility Tax Avoidance Program (UTAP) was established by the finance ministries of our NATO Forces to allow authorized customers tax-free utilities with participating utility companies. UTAP can save you hundreds of dollars annually by granting relief from both the 19% VAT on electric and gas, and the 7% VAT on water. Additionally, you can save up to 11% additional cost per kilowatt hour (kWh) on energy tax! This is a voluntary membership-type program for authorized patrons who occupy housing on the local economy in Germany, and a DoD mandated program for Civilians drawing Living Quarters Allowance (LQA) where the program is available.

To be eligible for the UTAP, the following must be presented to the VAT Office:

- Active duty or Civilian ID card
- Official orders (active duty only)

- Signed rental agreement from the Housing Referral Office or landlord, or proof of home ownership
- Utility company billing information for each company used by the Service member or Civilian
- A \$77 registration fee, payable by cash, check or credit card
- UTAP registration form filled out by the customer\*

\*If a spouse, a Power of Attorney, with the authority to enter into contracts specified, must be presented.

For more information, including updated Tax Relief Office locations, please browse the MWR website at [www.rheinland-pfalz.armymwr.com](http://www.rheinland-pfalz.armymwr.com), or contact any of the offices directly via the phone directory at the back of this magazine.

*Helpful Hint: Be prepared and always have an extra form or two on hand!*





# Indoor Swimming Pool

## Come on in and make some waves!

Baumholder Military Community is home to the only Army Indoor Pool in Germany. A 25-meter, 5 lane pool with four swimmable lanes, the pool is open to all SOFA ID cardholders and their Family members. Children aged 12 and below must be accompanied by a parent or adult guard-

ian (IAW AR 215-1). Guests with no SOFA affiliation may use the pool as long as a) they are accompanied by a valid SOFA ID cardholder and b) pay the guest fee in advance of using the pool.

There are a variety of aquatic programs, trainings and certifi-

cations available, from American Red Cross courses to unit level training and PT options. A fully functional multi-purpose room, locker rooms, showers, child's play room and a wide variety of classrooms are also available for a nominal rental fee.

[rheinland-pfalz.armymwr.com](http://rheinland-pfalz.armymwr.com)





# Baumholder Indoor Swimming Pool



*Come on in and make some waves*



# Family & MWR Job Opportunities (NAF CPO/USAJobs)

Customer Service is Priority #1 when you're a part of the Family & MWR Team, regardless of which facility, program or office you're assigned to. And taking care of our customers begins with taking care of our employees!

Every MWR staff member, whether on the front lines of service delivery or in management, is required to take a minimum of three (3) Customer Service

Foundation Courses, with management having an additional 2 course requirement, including a 60-hour Basic Management Course. All these courses are completed on company time and facilitated by selected IMCOM Academy staff, based in San Antonio, Texas.

Family and MWR offers full/part flex and seasonal employment, 401k, annual /sick/Family and maternity leave, retirement plan,

health, life and dental insurance, a flex spending account, Cost of Living Allowance (COLA), living quarters assistance and Permanent Change of Station (PCS) assistance (certain grade conditions may apply).

Feel free to visit us on Kleber Kaserne, Bldg. 3209, [USAJobs.gov](http://USAJobs.gov) or check out the myriad job opportunities with us on USA Jobs. We'd love to welcome you to the Family!

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Telefon 06371 84-2701 · Fax 06371 84-2710  
w.hauck@nardiniklinikum.de · www.nardiniklinikum.de

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info@zar-landstuhl.de  
www.zar-landstuhl.de

Nanz medico





## occupational therapy

home visit appointments only

### Tina Schmitt

Schulstrasse 4, 66877 Ramstein  
Fon 063 71/94 32 12, Fax 063 71/94 32 13  
Kaiserstrasse 169, 66849 Landstuhl  
Fon 063 71/83 82 294, Fax 063 71/83 82 284

ErgotherapiepraxisSchmitt@t-online.de  
[www.ergotherapie-schmitt.de](http://www.ergotherapie-schmitt.de)



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[www.logopaedie-kruft.de](http://www.logopaedie-kruft.de)

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## Medical- Services



### Antje Rieder-Haaff

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Miesenbacher Straße 3  
66877 Ramstein

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#### LOCATIONS



#### Wiesbaden Dental Care

06119 887 2650  
Bahnstrasse 14, 65205 Wiesbaden  
[Wiesbadendental.com](http://Wiesbadendental.com)

#### Ramstein Dental Care

06371 406230  
Post Strasse 1, 66877 Ramstein  
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# Baumholder Family and MWR

## Quick Reference Directory

### Army Community Service (ACS)

#### Clinic Kaserne, Bldg. 8746

Mon-Wed & Fri, 8 a.m.-5 p.m.

Thu, 1-5 p.m.

Closed Sat-Sun

DSN 485-8188 | Civ. 06783-6-8188

### Army Golf Course

#### Wetzel Kaserne, Bldg. 8888

Mon-Fri, 9 a.m.-6 p.m.

Sat-Sun & Federal Holidays, 9 a.m.-7 p.m.

DSN 485-7299 | Civ. 06783-6-7299

Golf Hotline 0172-572-3135

### Army Lodging

#### Smith Barracks, Bldg. 8076

Front desk:

Mon-Fri, 6:30 a.m.-10 p.m.

Sat-Sun & Federal Holidays, 7 a.m.-10 p.m.

Closed Thanksgiving, Christmas & New Year's

DSN 485-1700 | Civ. 06783-6-1700

### Army Outdoor Recreation

#### Smith Barracks, Bldg. 8167

Mon-Tue & Thu-Sun, 10 a.m.-6 p.m.

Closed Wed

DSN 485-7182 | Civ. 06783-6-7182

### Arts and Crafts Center

#### Smith Barracks, Bldg. 8104

Tue-Wed & Fri, 11 a.m.-6 p.m.

Thu, 11 a.m.-8 p.m.

Sat, 10 a.m.-2 p.m.

Closed Sun-Mon

DSN 485-6687 | Civ. 06783-6-6687

### Automotive Skills Center

#### Craft Shop & Auto Parts Yard

#### Smith Barracks, Bldg. 8438

Tue-Fri, 1-9 p.m.

Sat-Sun, 10 a.m.-5 p.m.

Training Holidays, 10 a.m.-6 p.m.

Closed Mon & Federal Holidays

DSN 485-6344 | Civ. 06783-6-6344

### Better Opportunities for Single Soldiers (BOSS)

#### Smith Barracks, Bldg. 8106, Rm. 2A

Mon-Fri, 9 a.m.-6 p.m.

Closed Sat-Sun & Federal/Training Holidays

DSN 485-6228 | Civ. 06783-6-6228

### Child, Youth & School Services

#### Parent Central Services

#### Wetzel Kaserne, Bldg. 8876

Mon-Wed & Fri, 8 a.m.-5 p.m.

Thu, 8 a.m.-2 p.m., 2-5 p.m. by appointment

Closed Sat-Sun & Federal Holidays

DSN 485-7003 | Civ. 06783-6-7003

#### Child Development Center (CDC)

#### Wetzel Kaserne, Bldg. 8862

Mon-Fri, 6 a.m.-6 p.m.

Closed Sat-Sun & Federal Holidays

DSN 485-7133 | Civ. 06783-6-7133

#### Smith Barracks, Bldg. 8099

Currently closed for renovations.

#### Family Child Care (FCC)

#### Wetzel Kaserne, Bldg. 8876, Rm. 17

Mon-Fri, 8 a.m.-4:30 p.m.

Closed Sat-Sun

DSN 485-6588 | Civ. 06783-6-6588

#### School Age Center (SAC)

#### Wetzel Kaserne, Bldg. 8879

Mon-Fri, 6 a.m.-6 p.m.

Closed Sat-Sun

DSN 485-7475 | Civ. 06783-6-7475

#### School Liaison Officer

#### Wetzel Kaserne, Bldg. 8876, Rm. 25

Mon-Fri, 8 a.m.-5 p.m.

Closed Sat-Sun

DSN 485-6968 | Civ. 06783-6-6968

#### SKIESUnlimited

#### Wetzel Kaserne, Bldg. 8876, Rm. 21

Mon-Fri, 8 a.m.-5 p.m.

Closed Sat-Sun

DSN 485-6969 | Civ. 06783-6-6969

#### Teen Center

#### Wetzel Kaserne, Bldg. 8875

School days:

Mon-Thu, 3-7 p.m.

Fri, 3-8 p.m.

Half-day or No School Days:

Mon-Thu, 12-7 p.m.

Fri, 12-8 p.m.

Closed Sat-Sun & Federal Holidays

DSN 485-6810 | Civ. 06783-6-6810

#### Youth Sports & Fitness

#### Wetzel Kaserne, Bldg. 8876, Rm. 18

Tue-Fri, 8 a.m.-5 p.m.

Closed Sat-Mon

DSN 485-7210 | Civ. 06783-6-7210

# Baumholder Family and MWR

## Quick Reference Directory

### Civilian Personnel Office

DSN 485-6566 | Civ. 06783-6-6566

### Family and MWR One-Stop Shop

**Smith Barracks, Bldg. 866 I**

Mon, Wed & Fri, 12-5 p.m.

Tue\* & Thu\*, 12-5 p.m.

Closed Sat-Sun & Federal Holidays

\*At Outdoor Recreation, Smith Bks., Bldg. 8167

DSN 485-8215 | Civ. 06783-6-8215

### Financial Management Services

DSN 485-8562 | Civ. 06783-6-8562

### Hilltop Theater

**Smith Barracks, Bldg. 8218**

Mon-Fri, 9 a.m.-6 p.m.

DSN 485-7244 | Civ. 06783-6-7244

### Java Café

**Smith Barracks, Bldg. 866 I**

Mon-Fri, 7 a.m.-6 p.m.

Sat, 9 a.m.-4 p.m.

Closed Sun & Federal Holidays

DSN 485-6439 | Civ. 06783-6-6439

### Library

**Smith Barracks, Bldg. 8332**

Mon-Wed, 10 a.m.-6 p.m.

Thu, 10 a.m.-7 p.m.

Fri, 10 a.m.-5 p.m.

Sat, 11 a.m.-3 p.m.

Closed Sun & Federal Holidays

DSN 485-8851/1740 | Civ. 06783-6-8851/1740

### Rod & Gun Pro Shop

**Smith Barracks, Bldg. 8167**

**Pro Shop**

Mon-Tue & Thu-Sun, 10 a.m.-6 p.m.

Closed Wed

**Trap and Skeet Range**

Mon-Tue & Thu-Sun, 10 a.m.-3 p.m.

Closed Wed

DSN 485-7182 | Civ. 06783-6-7182

### Rolling Hills Spa & Wellness Center

**Wetzel Kaserne, Bldg. 8895**

Mon, 10 a.m.-5 p.m.

Tue-Sat, 10 a.m.-6 p.m.

DSN 485-6156 | Civ. 06783-6-6156

### Sports & Fitness

**Indoor Swimming Pool**

**Wetzel Kaserne, Bldg. 8897**

Tue & Thu, 6:30-8:30 a.m. and 2:30-7 p.m.

Wed, 6:30 a.m.-1 p.m.

Fri, 11:30 a.m.-7 p.m.

Sat, 10 a.m.-5 p.m.

Closed Mon-Sun & Federal Holidays

DSN 485-7093 | Civ. 06783-6-7093

**Hall of Champions Fitness Center**

**Smith Barracks, Bldg. 8105**

Mon-Fri, 5 a.m.-9 p.m.

Sat-Sun & Federal/Training Holidays, 9 a.m.-5 p.m.

DSN 485-6615 | Civ. 06783-6-6615

**Mountaineer Fitness Center**

**Smith Barracks, Bldg. 8220**

Mon-Fri, 5 a.m.-9 p.m.

Sat-Sun, 9 a.m.-5 p.m.

Federal/Training Holidays, 12-8 p.m.

DSN 485-7418 | Civ. 06783-6-7418

### Strikers Bowling Center

**Smith Barracks, Bldg. 8105**

Tue-Sat, 11:30 a.m.-10 p.m.

Sun & Federal Holidays, 1-6 p.m.

Closed Mon

DSN 485-6569 | Civ. 06783-6-6569

**Snack Bar**

Tue-Sat, 11:30 a.m.-9 p.m.

Sun, available upon request

Closed Mon & Federal Holidays

**Pinsetters Pub**

Thu, 6-10 p.m.

Fri-Sat, 6 p.m.-12 a.m.

Closed Sun-Wed & Federal Holidays

DSN 485-6727 | Civ. 06783-6-6727

### Value Added Tax Office (VAT)

**Smith Barracks, Bldg. 866 I Rm. 148**

Mon-Fri, 10 a.m.-1 p.m. and 2-5 p.m.

Closed 1-2 p.m.

Closed Sat-Sun

DSN 485-1780 | Civ. 06783-6-1780

### Warrior Zone

**Smith Barracks, Bldg. 8106**

Sun-Thu, 3:30-10:30 p.m.

Fri-Sat, 4:30 p.m.-12 a.m.

DSN 485-7339 | Civ. 06783-6-7339



# Kaiserslautern Family and MWR

## Quick Reference Directory

### Armstrong's Club

**Vogelweh Housing, Bldg. 1036**

#### Game Room

Mon-Thu, 11 a.m.-11 p.m.

Fri, 11 a.m.-2 a.m.

Sat, 2 p.m.-2 a.m.

Sun, 2-11 p.m.

#### Irish Pub Grill

Lunch: Mon-Fri, 11 a.m.-2 p.m.

Dinner: Mon-Thu, 5-10 p.m.

Fri-Sat, 5 p.m.-midnight

Delivery available Mon-Sat

Civ. 0631-350-8589

#### Irish Pub Bar

Mon-Thu, 5-11 p.m.

Fri-Sat, 5 p.m.-2 a.m.

Sun, 4-11 p.m.

Civ. 0631-354-9986

#### Armstrong's Catering

Book an appointment.

Civ. 0631-350-7919

### Army Community Service (ACS)

**Pulaski Barracks, Bldg. 2891**

Mon-Wed & Fri, 8 a.m.-5 p.m.

Thu, 8 a.m.-1 p.m.

DSN 493-4203 | Civ. 0631-3406-4203

### Army Outdoor Recreation

**Pulaski Barracks, Bldg. 2905**

Mon-Fri, 9 a.m.-6 p.m.

Sat, 9 a.m.-2 p.m.

DSN 493-4117 | Civ. 0631-3406-4117

### Automotive Skills Centers

**Pulaski Barracks, Bldg. 2859**

DSN 493-4167 | Civ. 0631-3406-4167

#### Craft Shop

Mon-Fri, 10 a.m.-7 p.m.

Sat, 8 a.m.-7 p.m.

Sun, 10 a.m.-5 p.m.

#### Speedy Lube

Sun-Fri, 9 a.m.-5 p.m.

Sat, 8 a.m.-5 p.m.

(Sun appointments are available)

**Landstuhl Post, Bldg. 3800**

#### Craft Shop

Mon-Fri, 12-7 p.m.

Sat-Sun, 10 a.m.-5 p.m..

#### Speedy Lube

Mon-Fri, 12-5 p.m.

Sat, 10 a.m.-5 p.m.

DSN 486-7335 | Civ. 06371-86-7335

#### Auspuff Stein Auto Mechanic

Mon-Fri, 8 a.m.-6 p.m.

Civ. 06371-493-1628

**Landstuhl Post, Bldg. 97370**

#### Speedy Wash

Mon-Sun, 10 a.m.-6 p.m.

DSN 486-5153 | Civ. 06371-86-5153

#### Speedy Wash

Mon-Sun, 10 a.m.-6 p.m.

#### Auspuff Stein Auto Mechanic

Mon-Fri, 8 a.m.-6 p.m.

Sat, 9 a.m.-4 p.m.

Civ. 0631-350-2323

### Better Opportunity for Single Soldiers (BOSS)

**Pulaski Barracks, Bldg. 2925, Wing B, Rm. 222**

DSN 493-4215/4469 | Civ. 0631-3406-4215/4469

### Child, Youth & School Services

#### Parent Central Services

**Pulaski Barracks, Bldg. 2898**

Mon-Fri, 9 a.m.-5 p.m.

DSN 493-4516/4122 | Civ. 0631-3406-4516/4122

#### Child Development Center (CDC)

**All CDCs:** Mon-Fri, 6 a.m.-6 p.m.

Closed on Federal Holidays

**Kleber Kaserne, Bldg. 3224**

DSN 483-8307/7049 | Civ. 0631-411-8307/7049

**Landstuhl Post, Bldg. 93802**

DSN 486-7350/8254 | Civ. 06371-86-7350/8254

**Landstuhl Post, Bldg. 3812**

DSN 486-6566 | Civ. 06371-86-6566

**Miesau Army Depot, Bldg. 1314**

DSN 481-3774/3639 | Civ. 06372-842-3774/3639

#### School Age Center (SAC)

**Landstuhl Post, Bldg. 3851**

Mon-Fri, 6-8 a.m. and 2:30-6 p.m.

Non School Days, 6 a.m.-6 p.m.

DSN 486-7281/6646 | Civ. 06371-86-7281/6646

**Sembach Kaserne, Bldg. 17, Rm. 9 and 10**

Mon-Fri, 6-8 a.m. and 2:30-6 p.m.

Non School Days, 6 a.m.-6 p.m.

DSN 545-1112 | Civ. 0611-143-545-1112

#### Youth Center

**Landstuhl Post, Bldg. 3819**

Mon-Fri, 2:30-7 p.m.

DSN 486-8658 | Civ. 06371-86-8658

**Sembach Kaserne, Bldg. 3, Rm. 274 and 275**

Mon-Fri, 2:30-6pm

DSN 545-1316/1317 | Civ. 0611-143-545-1316/1317

#### Youth Sports

**Landstuhl Post, Bldg. 3701**

Mon-Fri, 11 a.m.-6 p.m.

DSN 486-8375 | Civ. 06371-86-8375

**Sembach Kaserne, Bldg. 105**

Mon-Fri, 11 a.m.-6 p.m.

DSN 496-7607 | Civ. 06302-67-7607

#### SKIESUnlimited

**Landstuhl Post, Bldg. 3701**

DSN 486-5412 | Civ. 06371-86-5412

#### Edge! Program

**Landstuhl Post, Bldg. 3810**

DSN 486-8991 | Civ. 06371-86-8991

#### Hired! Program

**Landstuhl Post, Bldg. 3819**

DSN 486-8915 | Civ. 06371-86-8915

#### School Liaison Officer

**Pulaski Barracks, Bldg. 2925, Rm. 211**

DSN 493-4123 | Civ. 0631-3406-4123

### Family and MWR One Stop

**Landstuhl Post, Bldg. 3810**

Mon-Fri, 10 a.m.-1 p.m. and 2-5 p.m.

DSN 486-1780 | Civ. 06371-86-1780

#### CYS Services

DSN 486-8943 | Civ. 06371-86-8943

### Financial Management

**Pulaski Barracks, Bldg. 2925, Wing B**

DSN 493-4106 | Civ. 0631-3406-4106

# Kaiserslautern Family and MWR

## Quick Reference Directory

### Java Café

All Java Cafés are closed Federal Holidays

**Kleber Kaserne, Bldg. 3232 (inside KMC Onstage)**

Mon-Fri, 7 a.m.-5 p.m.  
Training Holidays, 7:30 a.m.-2:30 p.m.  
DSN 483-8063 | Civ. 0631-411-8063

**Landstuhl Post, Bldg. 3774 (inside LRMC)**

Mon-Fri, 6 a.m.-5 p.m.  
Sat-Sun, 7-11 a.m.  
Training Holidays, 7 a.m.-2:30 p.m.  
DSN 486-7666 | Civ. 06371-86-7666

**Rhine Ordnance Barracks, Bldg. 273**

Mon-Fri, 6 a.m.-6 p.m.  
Sat, 9 a.m.-6 p.m.  
Sun, 10 a.m.-4 p.m.  
Training Holidays, 7 a.m.-3 p.m.  
DSN 493-2623 | Civ. 0631-3406-2623

**Sembach Kaserne, Bldg. 109**

Mon-Fri, 7 a.m.-3 p.m.  
Training Holidays, 7:30 a.m.-2:30 p.m.  
DSN 496-7130 | Civ. 06302-67-7130

### Kazabra Club

**Vogelweh, Bldg. 2057**

Wed, 5-10 p.m.  
Thu, 6 p.m.-midnight  
Fri & Sun 6 p.m.-1 a.m.  
Sat, 6 p.m.-4 a.m.  
Training Holidays, 6 p.m.-2 a.m.  
Closed Federal Holidays  
DSN 489-7261 | Civ. 0631-536-7261

### KMC Onstage

**Kleber Kaserne, Bldg. 3232**

Tue-Fri, 12-5 p.m.  
DSN 483-6626 | Civ. 0631-411-6626

### Landstuhl Community Club

**Landstuhl Post, Bldg. 3780**

Mon-Fri, 11 a.m.-10 p.m.  
Sat, 5-10 p.m.  
Training Holidays, 11 a.m.-3 p.m.  
DSN 486-7244  
Civ. 06371-86-7244

### Libraries

**Rheinland-Pfalz Library**

**Landstuhl Post, Bldg. 3810**

Mon-Thu, 10 a.m.-7 p.m.  
Fri, 10 a.m.-5 p.m.  
Sat, 9 a.m.-4 p.m.  
Closed Holidays  
DSN 486-7322/8390 | Civ. 06371-86-7322/8390

**Kleber Branch**

**Kleber Kaserne, Bldg. 3205**

Mon-Fri, 11 a.m.-2 p.m. and 3-6 p.m.  
Closed German Holidays  
DSN 483-1740 | Civ. 0631-411-1740

### NAF Personnel Office

**Kleber Kaserne, Bldg. 3209, Rm. 202**

Please call for appointments  
DSN 483-4851 | Civ. 0631-411-4851

### Sembach Community Activity Center (SCAC)

**Sembach Kaserne, Bldg. 220**

Mon-Thu & Sun, 7 a.m.-midnight  
Fri & Sat, 7 a.m.-2 a.m.

**Holidays and Training Holidays, 7 a.m.-12 a.m.**

DSN 496-5170/5171 | Civ. 06302-67-5170/5171

**Warrior Zone**

Mon, 8 a.m.-10 p.m.  
Tue-Wed, 12-10 p.m.  
Thu, 12 p.m.-midnight  
Fri-Sun, 8 a.m.-midnight  
DSN 496-5172  
Civ. 06302-67-5172

**Manhattan Lounge**

Mon-Thu, 5-11:30 p.m.  
Fri-Sat, 5 p.m.-2 a.m.  
Sun, 5 p.m.-midnight  
DSN 496-5180  
Civ. 06302-67-5180

**Restaurant**

Daily-Breakfast, 7-9 a.m., Lunch, 11 a.m.-1 p.m., Dinner, 4-7:30 p.m.  
DSN 496-5178 | Civ. 06302-67-5178

### Sports & Fitness

All Physical Fitness Centers are open on Federal Holidays and Training Holidays, 9 a.m.-5 p.m.

**Kleber Physical Fitness Center**

**Kleber Kaserne, Bldg. 3235**

Mon-Fri, 5:30 a.m.-9 p.m.  
Sat-Sun, 9 a.m.-5 p.m.  
DSN 483-7549 | Civ. 0631-411-7549

**Landstuhl Physical Fitness Center**

**Landstuhl Post, Bldg. 3720**

Mon-Fri, 5:30 a.m.-9 p.m.  
Sat-Sun, 9 a.m.-5 p.m.  
DSN 486-7172 | Civ. 06371-86-7172

**Miesau Physical Fitness Center**

**Miesau Army Depot, Bldg. 1220**

Mon-Fri, 5:30 a.m.-9 p.m.  
Sat-Sun, 9 a.m.-5 p.m.  
DSN 481-3797 | Civ. 06372-842-3797

**ROB Physical Fitness Center**

**Rhine Ordnance Barracks, Bldg. 172**

Mon-Fri, 5 a.m.-8 p.m.  
Sat-Sun, 9 a.m.-5 p.m.  
DSN 493-2241 | Civ. 0631-3406-2241

**Sembach Physical Fitness Center**

**Sembach Kaserne, Bldg. 105**

Mon-Fri, 5:30 a.m.-9 p.m.  
Sat-Sun, 9 a.m.-5 p.m.  
DSN 496-7530 | Civ. 06302-67-7530

### Value Added Tax Office (VAT)

**Kleber Kaserne, Bldg. 3245, Rm. 109**

Mon-Fri, 9 a.m.-4 p.m.  
Closed Federal Holidays  
DSN 483-1780 | Civ. 0631-411-1780  
**Landstuhl Post, Bldg. 3810 (inside One Stop Shop)**  
Mon-Fri, 10 a.m.-1 p.m. and 2-5 p.m.  
Closed on Federal Holidays  
DSN 486-1780 | Civ. 06371-86-1780

**Pulaski Barracks, Bldg. 2925, Wing C**

Mon-Fri, 9 a.m.-5 p.m.  
Closed on Federal Holidays  
DSN 493-1780 | Civ. 0631-3406-1780



# Classified directory

Dear Reader, this directory of industrial and retail companies, shops, leisure facilities, restaurants and other organizations is provided as a valuable aid to help you find the services you need. This brochure is available free of charge at all the listed locations.

For more information visit [www.total-lokal.de](http://www.total-lokal.de).

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67661 Kaiserslautern  
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