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Baden-Württemberg
Guide to FMWR
in Your Community

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Contents

| | |
|--------------------------------|----|
| Classified directory | 2 |
| Outdoor Recreation | 3 |
| Sports & Fitness | 9 |
| Auto Centers | 17 |
| Speedy Lube & Wash | 17 |
| BOSS | 19 |
| Bowling & Bingo | 20 |
| Clubs, Pubs & Restaurants | 23 |
| Army Community Service | 28 |
| Kaiserslautern ACS | 30 |
| Mannheim ACS | 31 |
| Heidelberg ACS | 32 |
| Child, Youth & School Services | 34 |
| Arts & Cultural Center | 38 |
| Village Pavilion | 38 |
| Cruising the Rhein River | 40 |
| History Comes to Life | U3 |

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www.alles-deutschland.de
www.sen-info.de
www.klinikinfo.de
www.zukunftschancen.de



Classifield directory

Dear Reader, here for you is a valuable aid to help you find the service you are looking for, a selection of industrial and retail companies, shops and leisure facilities etc. All the organizations listed below in alphabetical order have this brochure available for you free of charge. Further information can be found online at www.alles-deutschland.de.

| | | | |
|-----------------------------|------------|----------------------------|-------|
| American Football | 8 | Hotels | 18 |
| American Roulette | 2 | Insurance | U 2 |
| Animal clinic | 2 | Libert's Pizza | 7 |
| Auto & Motorcycle Insurance | U 2 | Motorcycle | 16 |
| Auto parts | 16 | Open-air Theater | 22 |
| Beer specialties | 24 | Ophthalmology | 12 |
| BMW | 16 | Oral Surgery | 12 |
| Boardinghouse | 18 | Orthopedic Practice | 13 |
| Carservice | 16 | Pizza Homeservices | 7, 24 |
| Casino | 2 | Power-Party AFVD Frankfurt | 8 |
| Cell phones | 18 | Restaurants | 24 |
| DB-Bahn | U 4 | Seafood, Bar, Grill | 24 |
| Dental cleaning | 15 | Shoes | 7 |
| Dentists | 12, 13, 15 | Suzuki | 2 |
| Financing | 18 | Tax-Free Cars | 18 |
| GM-Cars | 16 | | |
| Honda | 2 | | |

U = Cover Page

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Outdoor Recreation

You will find a vast array of exciting activities at your community Outdoor Recreation – meet new people, learn a new sport, or arrange a personalized activity for your own group of friends. From beginner classes to advanced excursions, Outdoor Recreation offers programs to fit everyone's interests.

Outdoor Recreation hosts families, singles and youth activities. From hut hikes in the alps to bike trips through European villages, we can put you in touch with your favorite pastime. We can coordinate a special activity specifically for your group. Our brochure allows you to view events at a glance and have our equipment and services prices at your fingertips.

Heidelberg

Patrick Henry Village, Bldg. 4540
DSN 388-9282 or CIV 06221-338-9282

The Alpine Towers, located on Tompkins Barracks in Schwetzingen, build teamwork and leadership for group development through the use of structured problem-solving challenges. This challenge program fosters individual and organizational communication and growth within units, offices and social groups. Interactions and group dynamics will never be the same!

Equipment for camping and outdoor sports such as backpacking, rollerblading and canoeing is available for individuals and families planning a summer outing. If you are

planning a special event such as a community picnic, a unit organizational day or a child's birthday party, check out all of the great equipment offered by Outdoor Rec. This includes canopies, fest tables, benches and grills, as well as fun and games such as tug-o-war, blow-up castles, obstacle courses, dunking booths, volleyball sets and much more.

A recreational vehicle storage lot is also located in the secured area behind Outdoor Recreation so you can keep your RV safe during the off-season.





Mannheim

Taylor Barracks., Bldg. 357
DSN 381-7215 or CIV 0621-739-251

Mannheim Outdoor Recreation has adventurous and exciting activities to offer individuals, groups and youth. From beginner to advanced excursions, Outdoor Recreation's adventurous trips include paintball, skiing, snowboarding, biking, canoeing, rafting and hiking.

While in Germany, let us take you to great tourist places such as Munich's Oktoberfest, Stuttgart, Triberg, Rothenburg ob der Tauber, Frankenstein Castle, Legoland, and more.

Mannheim Outdoor Rec has the largest all-season checkout center in Europe. We have equipment for your next outdoor special event, organizational day or unit party. These items include canopies, grills, rotating roasters, tables and benches, inflatable bouncers, basketball goals, volleyball sets, and much more. Also available for rent at

reasonable rates are camping equipment, bicycles, picnic gear, trailers, skiing and snowboarding equipment, and so much more!

ODR also offers a bus charter service. A modern, 49-passenger bus awaits your one-day excursion needs.

Let Mannheim Outdoor Recreation serve as your leisure advisor by setting up all your adventures and activities. Group reservations, additional dates and special arrangements are available for most of our programs.

Just call the reservation desk or stop in to secure a booking!





Kaiserslautern

Pulaski Barracks, Bldg 2905
DSN 489-7751 or CIV 0631-536-7751

Kaiserslautern Outdoor Recreation offers trips in biking, canoeing, rafting, skiing, snowboarding, hiking, canyoning and sky diving.

TRIPS

Kaiserslautern Army Outdoor Recreation offers many different trips each month. Please visit our website to view three months' worth of trips.

RENTAL EQUIPMENT

Check out our wide variety of rental equipment. You can rent bicycles, picnic gear, and trailers, as well as camping, skiing, fishing, and boating equipment at reasonable rates.

BUS & SHUTTLE SERVICES

A modern, 55-passenger bus awaits your one-day excursion needs. Looking to venture on a private holiday in Europe? Let us provide the transportation, equipment, and instruction (as required), and you provide the destination! ODR has buses available, including 44-, 49- and 55-passenger buses with a WC. We also have vans that accommodate up to 12 people, which are great for ski trips to the Alps or canoe trips to the Mosel. Tell us where to go and we will supply the driver and a great time.

Please e-mail your requests or give us a call at the numbers provided for more information. Remember to book your holiday in advance as bus reservations are on a first-come, first-served basis!

We also offer a charter service with a variety of different fares, depending on the occasion. If you are going to a theme park or planning a family, friends or unit trip, give us a call!

KMC Shuttle's Goal is to be your #1 Shuttle Service in the Kaiserslautern Military Community. We offer centralized pick-ups or door-to-door service to fit your needs. This service is available seven days a week, and V.I.P. or exclusive van use is available upon request. Just call the reservation desk or stop in to secure a booking.



Libertys Pizza

Supreme (Medium 8,70 Euro, Large 14,90 Euro)
sauce, extra cheese, onions, bell peppers, ham, peperoni, ground beef, mushrooms, olives, jalapeno peppers

Feinschmecker
(Medium 8,20 Euro, Large 14,30 Euro)
sauce, extra cheese, peperoni, ham, mushrooms

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(Medium 8,20 Euro, Large 14,30 Euro)
sauce, cheese, onions, peperoni, mushrooms, jopapeno peppers

Pizza Hell
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sauce, cheese, onions, jalapeno peppers, peperoni, bacon

All American
(Medium 7,20 Euro, Large 12,30 Euro)
sauce, extra cheese, peperoni

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sauce, cheese, peperoni, ham, ground beef, bacon

Mexican
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sauce, bbq-sauce, cheese, onions, ground beef, jalapeno peppers, corn

Hawaiian

(Medium 7,80 Euro, Large 13,20 Euro)
sauce, cheese, ham, pineapple, mushrooms

Flambe

(Medium 7,20 Euro, Large 12,30 Euro)
crème fraiche, onions, bacon

Grand Prix

(Medium 8,70 Euro, Large 14,90 Euro)
sauce, cheese, onions, bell peppers, peperoni, ham, mushrooms

Chicken DeLuxe

(Medium 7,80 Euro, Large 13,30 Euro)
sauce, cheese, chicken, pineapple, onions

Tuna Plus

(Medium 7,80 Euro, Large 13,30 Euro)
sauce, extra cheese, onions, tuna

Veggie

(Medium 8,20 Euro, Large 14,30 Euro)
sauce, cheese, mozzarella cheese, onions, bell peppers, mushrooms, olives, tomatoes

Pizza Rucola

(Medium 8,20 Euro, Large 14,30 Euro)
sauce, cheese, tomatoes, parma Ham, rucola, parmesan cheese

Create your own Pizza!

Vegetables:

tomatoes, onions, olives, bell peppers, mushrooms, broccoli, jalapeno peppers, corn, spinach, artichokes

Fish:

Tuna, anchovy, seafood (2 toppings)

Specials:

Garlic, extra Cheese, thick/thin dough

Meat: peperoni, bacon, ham, ground beef, chicken breast, turkey-peperoni

Fruits: Pineapple Cheese: Mozzarella, Gorgonzola, Feta

Basic-Pizza with tasty tomatoe-sauce and mild cheese:

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Commerzbank-Arena, 2008 to 2010 Match-Site and Organizer of the German Bowls.

The American Football Verband Deutschland (AVD) ist the Top-Organization of the American Football in Germany. The German Football League (GFL) is the topmark of the AFVD. Weak after weak, the teams of GFL fight their way to the German Bowl, the final match for the German Championship.

At the final of the GFL in the Commerzbank-Arena on Saturday September, 26th 2008, the present champion the Braunschweig Lions, defeated the Kiel Baltic Hurricanes by 20 to 14 points. 16177 fascinated guests saw a thrilling final und the return of the unique atmosphere of American Football into the Commerzbank-Arena. The AFVD was very happy with the organisation in 2008. The German Bowl XXX will be remembered as a step into a new dimension of American Football in Germany.

Patrick Meyer, Executiv Manager of the Stadion Frankfurt Management GmbH (SFM) : " We are very happy, that this first German Bowl in the Commerzbank-Arena was not only an emotional but also an economic success. The Commerzbank thus will remain a home for American Football in Germany."

In Autumn 2009, the German Bowl XXX will again will take place at the Commerzbank-Arena. Of course, the overall programm of the German Bowls will offer everything a footballfan may expect,

i.e. a power-party with music, cheerleaders, barbecue und a lot of fun for all ages.

By the organisation of the German Bowl, the town of Frankfurt/Main shows her support for the football site. Prof. Dr. Daniela Birkenfeld, head of the administrativ sports department: " We are very happy to be able to present this top-event of the German Football. Frankfurt is the German capital of American Football. This is why we have an enthusiastic audience in Rhein-Main Region," Also Patrick Meyer, ececutive manager of the Stadion Frankfurt Management GmbH is looking forward to exiting finals: " During the past years, the Commerzbank-Arena has proven that it is superbly fitted for American Football as far as atmosphere and organisation is concerned. We are very happy, that we can organize the German Bowl for the AFVD und in fact hope that we will be able to further develop the event during the coming three years."

Robert Huber, President of the AFVD, is full of praise about the site. With the Commerzbank-Arena, the German Bowl for the coming three years will take place in one of the most modern stadiums of Europe. With the managing organisation and the town of Frankfurt we have found two very strong partners und we are convinced, that we will see perfectly organised events."

XXXI
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Sports & Fitness

Programs are offered in all major sports at the community, unit, and individual levels. Team sports include basketball, softball, soccer, volleyball and flag football. Individual sports include tennis, racquetball, golf, track and field.





Heidelberg

Sports and Fitness offers daily group fitness classes like aerobics, Pilates, yoga, spinning and kick boxing, as well as events throughout the year such as 5K Runs, an annual Fitness Fest and basketball, softball, boxing, and weightlifting tournaments, Unit-level and Community-Level sports are also available. Almost every fitness facility offers basketball and racquetball courts, classes, personal training services, massage, weight lifting machines, free weights, cardio equipment, and saunas. Get fit and have fun!

Stronghold Workout Room

Check out the gym in the Village Pavilion! Take advantage of the top-of-the-line equipment at your convenience (regular hours 5 a.m. – 10 p.m. daily, after-hours access also available).

Campbell Fitness Center

This facility offers a full-size basketball court and volleyball floor and two racquetball courts. A separate area for stretching is available to include room for abdominal work. A large open area contains the strength training and free weight equipment with plenty of mirrors to ensure proper positioning. Check out the huge selection of cardiovascular machines including treadmills, steppers, bicycles, cross trainers and rowing machines, or get your heart pumping by participating in one of the many fitness classes offered throughout the week. Classes include Tae Bo, Step Aerobics, Spinning, Yoga, Total Body Conditioning and more.

Campbell Barracks
DSN 370-6350; 06221-57-6350

Patton Fitness Center

This facility offers a full-size basketball court and volleyball floor and two racquetball courts. A third racquetball court has been turned into a Family Fitness Room so that you can work out while keeping an eye on your children – so you no longer have any excuse not to exercise! An area for stretching and abdominal work is available next to the large open area containing the strength training and free weight equipment, with plenty of mirrors to ensure proper positioning. Available cardiovascular machines include treadmills, steppers, bicycles and cross trainers that can get your heart pumping while you watch sports, news or other AFN programming on the TVs provided. Fitness classes are often offered, so check the monthly programming schedule. Programs are offered in all major sports at the community, unit, and individual levels. Team sports include basketball, softball, soccer, volleyball and flag football. Individual sports include tennis, racquetball, golf, track and field.

Patton Barracks
DSN 373-6110; 06221-17-6110

Tompkins Fitness Center

Although this Post is small and perhaps out of the way – it offers a full range of fitness services including a full-size basketball court and outdoor tennis courts, a volleyball pit and softball fields. Inside you will find an air-conditioned facility with a large Hammer Strength free-weight equipment area and cardiovascular machines including treadmills, steppers, bicycles and cross trainers that can get your heart pumping. Personal trainers are also available to start you off on a new program or to improve your current level of conditioning.

Tompkins Barracks, Schwetzingen
DSN 379-7700; 06202-80-7700





Mannheim

The Sports Branch serves USAG Mannheim by taking care of Soldiers, family members and civilians with a variety of year-round sports & fitness activities at little to no cost.

The Sullivan and Coleman Gyms are equipped with brand new state-of-the-art cardiovascular and strength training machines and equipment. Both gyms come with Saunas, basketball courts and racquetball courts. Free sports clinics are offered to units and the general public for certification and instruction.

Sullivan Gym fitness program has weekly instructional classes in aerobics, and personal trainers are available for one-on-one instruction.

Group Exercise Classes:

- Body Sculpting
- Kickboxing
- Spinning
- Step Aerobics
- Tae-Bo
- Yoga

Sullivan Gym offers two free monthly classes in which patrons receive fitness tips, training in how to use the fitness machines and equipment, and a free body fat analysis. One class is specifically for units (the unit can come to us, or we can come to the unit); the other class is open to the entire community. An additional free class that helps patrons get and stay fit is offered twice a week.

USAG Sports runs and maintains a wide range of seasonal intramural, varsity and individual sports programs including basketball, volleyball, flag football, soccer and softball. Also, patrons who would like to participate in other Army Sports (i.e. rugby, tennis, racquetball and golf) are provided assistance.

Throughout the year, Mannheim Sports & Fitness puts on various sports activities geared towards individuals, families or competition. These activities include:

- Annual Jingle Bell Jog
- Annual Turkey Trot Run and Walk
- Bench Press Meet
- Biggest Loser Competition
- Body Sculpting & Figure Competition
- Duathlon
- Family Fitness Day
- Mannheim Mustang Invitational Basketball Competition
- Softball Bash
- Youth Sports Summer Camp

Sullivan Gym

Sullivan Barracks Bldg. 237 A &
Sullivan Fitness Center Bldg. 237
DSN 385-2001 or CIV 0621-730-2001

Coleman Gym

Coleman Barracks Bldg. 25
DSN 382-4322 or CIV 0621-779-4322

** Coleman Gym will be closed until April 3, 2009 due to renovation. A temporary fitness center is now located at Coleman Barracks, Bldg. 1472.*



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Kaiserslautern

The USAG Kaiserslautern Sports Department offers a wide variety of Sports & Fitness Programs, along with state-of-the-art cardiovascular and strength training machines & equipment, saunas, racquetball courts, and various health & wellness services. Unit-level and Community-level sports and great weekly classes are also offered!

- Miesau Gym
- Kleber Gym
- ROB Fitness Center
- Landstuhl Gym

All facilities offer a full range of exercise equipment, cardiovascular and strength equipment and free weights. They also feature various courts, Saunas, classes and personal training. Check our website to see what each facility has to offer.

GROUP EXERCISE CLASSES

- Aerobics & Cardio Blast
- Muscle Flex
- Pilates
- Spinning
- Stroller Blast
- Yoga

MASSAGE THERAPY SERVICES

- DeepTissue Massage
- Sports Massage
- Pre-Natal Massage
- Aromatherapy Massage
- Hot Stone Massage

Appointments can be made at the Landstuhl Fitness Center. Fees must be paid upon scheduling the appointment.

PERSONAL TRAINERS

Please contact your nearest Fitness Center for a list of personal trainers and their contact information. Appointments are scheduled by the Personal Trainers. For more information, contact the Fitness Coordinator at DSN 486-8401 or CIV 06371-86-8401.

Fees must be paid prior to your initial training session. A health history review may indicate that you need a physician's clearance prior to participating in any physical fitness program.



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Auto Centers

Automotive Crafts Centers provide facilities, tools, equipment, diagnoses, and instructions to the patron for maintenance and repair of personal motor vehicles on U.S. Army installations worldwide. If you need to get rid of your car fast due to a deployment or PCS, or if you are looking for a tax break, consider donating your vehicle to FMWR. The Auto Crafts Center can accept your vehicle, take care of the paperwork and provide you with a donation form for a small fee. It is easy and completely hassle-free.

Tompkins Auto Crafts

Tompkins Barracks, Schwetzingen
DSN 379-6181; 06202-80-6181

Pulaski Automotive Skills

Pulaski Barracks, Kaiserslautern
DSN 493-4167; 0631-3406-4167

Mannheim Auto Shop

Taylor Barracks, Bldg 426, Mannheim
DSN 381-8649; 0621-730-8649
Towing Services: 0173-200-0642

The Mannheim Auto Skills Center has other services available:

- Used tires and miscellaneous parts for sale
- Self-service carwash open 24 hours day
- Towing services
- Disposal of vehicles
- Automotive diagnostics for any brand of vehicle

Speedy Lube & Wash

Patton Barracks Speedy Lube & Wash

Patton Barracks' Speedy Lube & Wash offers oil changes, fluid top-offs, chassis lubes, safety checks, skid plate removal, tire pressure checks, windshield wiper blades and installation, as well as monthly specials.

Landstuhl Speedy Lube & Wash

We can help you with all your car care needs! We offer oil changes and tire service (mounting, rotating and balancing), and also have wiper blades, air filters and turn signal bulbs in stock.

Taylor Barracks Speedy Lube & Wash

Our technicians perform automotive services like as oil and filter changes and complete tire services such as mounting, rotation, balance and repair. We also perform fluid top-offs and have automotive items (wiper blades, air filters and oil filters) available for purchase.

Speedy Automatic Carwash provides wash, wax, undercarriage clean, and dry (prepaid cards can be purchased inside the Auto Skills Center). When you get ready to PCS, let **Speedy Prep** get your vehicle ready to ship! We will vacuum inside the vehicle, clean the console and the door jams, and steam clean under the hood (the engine and transmission) and the undercarriage.



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BOSS

In every garrison, the BOSS programs are highly visible, energetic programs for Single service members, single parents, unaccompanied service members and geographically separated service members. They are primarily intended to support the overall quality of single soldiers' lives in Europe identifying community well-being issues, concerns and improvement recommendations through the chain of command. Our Europe-centric programs encourage and assist single soldiers in identifying and planning for recreational activities and give single soldiers the opportunity to participate and contribute to our communities through volunteering.

BOSS provides single service members the opportunity to address issues, make changes, and enhance morale, living environments, and/or personal growth and development while having fun with other single service members and giving back to the community by volunteering. Service members assume the primary role in planning BOSS events that meet the needs and desires of single service members on the installation. BOSS councils often participate in community programs or projects that make a difference in the lives of others, their community, and ultimately, them.

The THREE PILLARS include:

- Community Service (volunteering)
- Solder Well-being (taking care of solders and barracks issues)
- Recreation & Leisure (fun trips and events)

Kaiserslautern

Interested in attending our meetings? We have meetings every 1st & 3rd Thursday of the month at 1 p.m. in bldg. 2929 on Pulaski Barracks.

The Council:

President

SPC Joshua Crawford, HHC, 21st TSC
DSN: 489-7239 Mobile : 0172-465-9100
Email to: joshua.k.crawford@eur.army.mil

Vice President: PFC Kimberly Perry
Treasurer: PO Jordin Martinez
Secretary: SPC Maurice Steele
Historian: SGT Leonardo Brightstar
Senior Enlisted Advisor: CSM Richard D. Jessup
FMWR Advisor: Mr. Bob Bigelow

Community Services:

- USAG-Kaiserslautern Bazaar
- Mentorship Program
- Adopt a Road
- Volunteer Rewards

Soldier Well-being Events:

- BOSS Commissary Appreciation Day
- Road Safety
- Best Barracks Competition
- Single Service Members Days

Recreation and Leisure Events:

- Super Bowl Shin-Di
- Costa Brava Spaoin
- Skydiving
- Go-Kart Racing
- BOSS Golf Tournament



Bowling & Bingo

Heidelberg

The Heidelberg Bowling & Family Entertainment Center, open daily, offers much more than just bowling. Equipped with 32 lanes, it's a perfect place for a unit function, kids' birthday parties and league play. Good for all ages, play on your own or enjoy competing against the lanes near you. Several events are held monthly, and a pro shop is located on-site.

Patrick Henry Village
DSN 388-9040; 06221-338-9040

The center houses the **Kids' Zone** play center, where kids can play games with tokens and win prizes, and the Strike Zone snack bar, which features Primo's Express pizza, sandwiches and a variety of other menu items. Also located in the center is Pebble Reach mini golf, which boasts a state-of-the-art design and is open seasonally, generally from April-October. Group discounts, birthday party packages, and evening play available. A "Caddy Shack" for putters, scorecards, drinks, and snacks is also located in this area.

Specials:

Wednesdays: Game Night in the 10th Frame Lounge
Thursdays: Customer Appreciation Day – \$1.25 games
Fridays: Karaoke in the 10th Frame Lounge, 8 p.m. – 3 a.m.
Saturdays: Cosmic Bowling with interactive games, 8 p.m. – 1 a.m.
Saturdays: German-American Kontakt Club, 11 a.m.





Mannheim

BFV Bowling Center

The BFV Bowling Center has 28 newly renovated bowling lanes for your recreational pleasure. Our facility also comes with Primo's Express snack bar, three party rooms that can accommodate up to 30 people, a kids' entertainment area with 15 amusement machines, a full-service bar with two wide-screen TVs, and a state-of-the-art laser light and sound system for family entertainment. BFV Bowling Center is your neighborhood family entertainment center!

Benjamin Franklin Village, Bldg. 724
DSN 380-9528 or CIV 0621-730-9528

Coleman Bowling Center

Mannheim's Coleman Bowling Center offers ten lanes of bowling for your recreational pleasure. Coleman Bowling Center, which is open daily, includes a snack bar and offers seasonal leagues; Plus, Mike's Pub is just across the hall. With our daily bowling specials, patrons can save big while having fun!

Coleman Barracks, Bldg. 25
DSN 382-4320 or CIV 0621-779-4320

Kaiserslautern

Kazabra Bingo Palace on Vogelweh has Bingo Galore! Play Regular Bingo every Wednesday from 7 – 10 p.m., Saturday from 4 – 7 p.m, and Sunday from 3 – 6 p.m. Family Bingo is the first Sunday of each month, with free soft drinks and hot dogs and special kids' games!. Midnight Bingo takes place on every Sunday before a holiday, from 9 p.m. until Midnight.

But that's not all – join in on K-town Cover-All Bingo, which is progressive bingo at its best, with great prizes, such as a 2009 Ford Focus! Or come out every Friday for Night Owl Bingo, 8 – 11 p.m. with weekly guaranteed \$1000 prizes. Open to all ID card holders, bingo at the Kazabra is sure to keep you entertained!



| | | | |
|---|---|---|--|
|  | |  | |
| <p>UNESCO Weltkulturerbe Kloster Maulbronn</p> <p>Führungen: 11.15 Uhr, 15.00 Uhr und nach Vereinbarung</p> | <p>Klosterkonzerte Das Musikfestival</p> <p>Mai - September</p> | <p>Maulbronner Klosterfest Historisches Stadtfest</p> <p>27. - 28. Juni 2009</p> | <p>Freilichttheater Kulturgenuss unter freiem Himmel</p> <p>01. - 08. August 2009</p> |
|  |  |  |  |
| <p>Stadt Maulbronn, Klosterhof 31, 75433 Maulbronn, Tel.: 07043/103-0, Fax: 07043/103-45, info@maulbronn.de, www.maulbronn.de</p> <p>Staatliche Schlösser und Gärten, Infozentrum, Klosterhof 5, 75433 Maulbronn, Tel.: 07043/926610, Fax: 07043/926611 info@kloster-maulbronn.de, www.kloster-maulbronn.de</p> | | | |

Maulbronn – always an experience

Situated in the heart of the Natural Park Stromberg-Heuchelberg, offering a great deal of cultural events and excellent infrastructure, modern but with evident historical roots – that all makes Maulbronn.

Superb culture

With respect to culture, Maulbronn is an extraordinary place. The centre is Maulbronn Monastery, a World Heritage Site of the UNESCO. It's the best preserved medieval monastery north of the Alps and has become famous far beyond the frontiers of Germany.

Opening times: March – October daily 9 a.m. – 5.30 p.m. and November – February Tuesday – Sunday 9.30 a.m. – 5.00 p.m. Guided tours daily at 11.15 a.m. and 3.00 p.m. For groups by prior arrangement also in English. You are invited to explore the Cistercian characterized countryside with vineyards, gardens and the former water-systems, walking on well designed paths.

Monastery festival

The historical "Maulbronner Klosterfest" takes place all two years, and in a unique manner culture and history are tied together in a famous happening. The multilateral event combines history, medieval craft and cooking to a great show in the monastery courtyard. In 2009 the festival takes place on June 27th and 28th.

Open-air Theater

Traditionally at the beginning of the summer holidays, several mobile theatres entertain the public in the monastery courtyard with comedies, tragedies and classics. In 2009 two performances for children will also be presented for the very first time between August 1st and August 8th.

Monastery concerts

These concerts have got an international reputation because of its particular flair. The main emphasis is put on the presentation of music within the spiritual atmosphere of the monastery. The concerts take place in the monastery church, the lay brother's refectory and in the cloister garden from May until October.

Detailed Information:

Stadt Maulbronn
 Klosterhof 31 · 75433 Maulbronn ·
 Tel.: 07043/103-0 · Fax: 07043/103-45
stadtverwaltung@maulbronn.de
www.maulbronn.de

Staatliche Schlösser und Gärten
 Infozentrum · Klosterhof · 75433 Maulbronn
 Tel.: 07043/926610 · Fax: 07043/926611
info@kloster-maulbronn.de
www.kloster-maulbronn.de

Clubs, Pubs & Restaurants



Legends



Slapshots



Recovery Room

Heidelberg

Legends is one of Heidelberg's newest hot spots. Located on Patrick Henry Village in Bldg 4506. Legends' chic décor, lively music and fun entertainment make it the perfect place to greet friends and meet people.

Legends offers weekly entertainment including Dominoes every Tuesday, 7 – 9 p.m.
Sumo Wrestling every Wednesday, 7 – 9 p.m.
Trivia Night on Thursdays from 7 – 9 p.m.
Karaoke on Fridays from 9 p.m. – 1 a.m.
Free Salsa lesson on Saturdays from 6 – 8 p.m.

Step into the cozy atmosphere, enjoy the entertainment and relax at Legends every weekend starting on Thursdays. It is the place to be!

While you're on Patton Barracks, stop by **Slapshots**, located in Building 104 above the shoppette. It's a convenient and comfortable place to meet friends after work or on the weekends. Stay to shoot some pool and watch sports on the TV or just kick back for a cold drink and some snacks – including free popcorn!

Check out the 8-Ball Pool Tournament every Thursday at 7 p.m., or the 9-Ball Pool Tournament every Saturday at 7 p.m. It is a great way to challenge friends and foe alike!

Stop by and kick back in the **Recovery Room's** lounge area and enjoy the relaxed and friendly atmosphere. Listen to your favorite music or watch TV on the wide screen while enjoying an ice-cold refreshment and some snacks. Pool tables, slot machines and internet access are available for your entertainment. Grab some friends and meet in the Recovery Room after work. It's a great place to unwind. **Open on Sundays during NFL Season!**

Shooters Bar & Grill offers a large selection of food ranging from chicken wings, quesadillas and burgers to steaks, schnitzels and salads. Shooter's Bar & Grill also offers a cozy lounge, a gaming room and a fully-stocked bar to quench even the largest of thirsts.



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Mannheim

Mannheim is your party solution with two clubs and two pubs!

The Top Hat Club, located on Benjamin Franklin Village, is a great place to meet new people, dance with old friends, or sip cocktails while enjoying the best R&B music in Germany. The full service bar/ballroom contains a state-of-the-art sound and light system for dancing on a spacious dance floor. Check out our monthly events like TGIF Parties every Friday, Variety Karaoke every Saturday or cards/domino games on selected Sunday evenings. Throughout the year, we put on entertaining events such as fashion shows, live music, Soul 2 Soul Parties including 2 DJs, Comedy After Dark with professional stateside comedians and R&B bands, and more. Top Hat Club is Mannheim's "place to be!"

With laptop connection, three large projection screens and two television monitors available, Top Hat is a great place for meetings and conferences. This facility is also the ideal place for unit and social parties or special events.

Top Hat Club has recently introduced high-tech hand held wireless devices that offer video poker games, video slots, keno and a progressive bingo game. Participants are able to compete against people located in other U.S. military communities in Germany. Benjamin Franklin Village, Bldg. 738 DSN 380-9370 or CIV 0621-730-9370

The Cove is a favorite local night spot in Mannheim that offers great drink specials, various genre of music, the freshest bands and a diverse entertainment schedule. With two floors to have fun, the Cove can offer several programs at one time. For example, in the basement patrons can enjoy karaoke and in the main ballroom they can dance to the latest dance or country music. Our theme parties include speed dating, toga, pajamas, doctors & nurses night, and other wacky and fun themes! If live rock music is your thing, surely you would not want to miss talented local and sometimes stateside bands that rock the Cove. The Cove is also a community favorite for hosting unit or private parties, due to the many spacious rooms in the facility and the bars available (upstairs, downstairs and outside). Sullivan Barracks, Bldg. 240 DSN 385-2884 or CIV 0621-730-2884

Al's Sports Bar is your local neighborhood bar, located inside BFV Bowling Center. Relax in a fun environment, catch the latest game on the big screen, or come to meet old and new friends. Weekly events include Sports Night,



The Top Hat Club



Edison's guitarist from The Cove's Open Air Rock Concert

Movie Night, Over-the-Hump Night, Game Night and more. The bar can host promotion parties, hail and farewells, and birthday parties for groups up to 40 people. Also when you want, you can bowl a game or grab a bite to eat at Primo's Express!

Benjamin Franklin Village, Bldg. 724 DSN 380-9528 or CIV 0621-730-9528

Mike's Pub is an annex of Coleman Bowling Center. We have five TVs with AFN and sports, a Wii Console, pool table, interactive games, special activities and more. Also, surf the net at the Cyber Café, conveniently located inside Mike's Pub!

Coleman Barracks, Bldg. 25 DSN 382-4320 or CIV 0621-779-4320

Coleman Catering Center (CCC)

CCC is the perfect place for your social and business gatherings! Our facility, which can accommodate up to 300 people, is a great location for both formal and informal events. We have a dance floor, a DJ booth and multimedia equipment to fit your needs. From parties to conferences, finger food to prime rib, we will cater to your party plans and work to meet your budget. Hold a promotion, a lunch conference, a dining-in or a birthday party, and let us do the work! We also have catering available! CCC can serve the food to any party located on post.

Coleman Barracks, Bldg. 86 DSN 382-4320 or CIV 0621-779-4320



Kaiserslautern

The Kaiserslautern Military Community offers some of the best clubs around. With four clubs located within the KMC, you are sure to find one that suits your entertainment needs. Kazabra Club, located on Vogelweh Air Force Base, brings you the best of country western music, karaoke and Bingo Palace programs, plus the invincible mechanical bull, Tornado, all under one roof.

Armstrong's Club, located in Vogelweh Housing, is the place to be for late-night entertainment! Check out the authentic Irish Pub, or try your luck with Virtual bowling in Emerald Alley while having a late night snack from Castelllos's snack bar. Catering is also available for small or large parties, or bring the entire family for Schnitzel Night and Sunday Breakfast.

The newly renovated **Landstuhl Community Club**, located on Landstuhl Post, serves lunch and dinner daily and boasts a sports bar, a conference room, game room and weekly entertainment such as the ever popular Texas Hold'em.

Looking for a relaxing atmosphere? Try the **Oasis Club!** Four large screen TVs, pool tables, and a Cyber Café. Oasis Club has everything you need to quench your thirst!

Kaiserslautern Community Activity Center (KCAC) is a major catering venue that hosts everything from unit and command events, retirement and promotion parties, to private organizations' monthly meetings. We also provide private meeting space for birthdays, weddings, showers or special events. You name it and we will try to accommodate it. With the ability to accommodate up to 300 people, as well as small-group gatherings, this is the perfect place for your social and business gatherings.

Some of our amenities include a modern ballroom equipped with the following:

- Modern audio system
- VCR projector with screen
- CD/DVD player
- Video & TV computer
- High speed internet access
- Overhead slide projector

The KCAC has a wide range of menu options available if you choose to serve a meal at your function. The KCAC Bistro is open Monday – Friday for breakfast and lunch. Visit us from 6:30 – 10:00 a.m. for breakfast, and from 11:00 a.m. – 2:30 p.m. for lunch.



KCAC Event Set-up



Above: Sean P. concert at Armstrong's. Below: Texas Hold'em at the LCC.





Heidelberg
Patrick Henry Village, Bldg. 4506
388-9455; 06221-338-9455



Mannheim
Benjamin Franklin Village, Bldg. 738
380-9580/9249; 0621-730-9580/9249



Heidelberg
Patrick Henry Village, Bldg. 4506
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Army Comm

Real-Life Solutions for Successful Army Living

Army Community Service offers a comprehensive array of programs and services dedicated to maintaining the readiness of Soldiers, Families and communities by fostering self-reliance, resilience, and stability. ACS is the commander's principle family readiness agency, providing comprehensive, coordinated and responsive services that support readiness of Soldiers, Civilian Employees and their Families during peace and war. ACS is customer-driven, proactive, and prevention-oriented. The people of ACS understand that Army communities are multi-generational, with needs that must be met on "their terms."

PROGRAM DESCRIPTIONS

Family Advocacy Program

The Family Advocacy Program (FAP) is committed to strong Army Families and the prevention and treatment of Family violence. Its coordinated efforts are designed to promote healthy Family life and to prevent and intervene in cases of Family distress.

Readiness program offers classes and counseling to resolve problems and relieve this stress. We also offer Army Emergency Relief as reactive assistance when Soldiers and family members require emergency financial assistance.

Mobilization and Deployment

Deployment is never easy and it often takes a toll on both the Soldier and the Family. The Mobilization and Deployment program provides support services during disaster events and all phases of deployment to eligible family members at, or as near to, their hometown or home installation as possible. Mobilization and Deployment ensures that all Soldiers and civilians returning from deployment or redeployment from other operations are provided support in personal reconstruction, Family reunion and personal readiness.

Exceptional Family Member Program

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, education, medical, and personnel services to Families with special needs. Parenting a child with special needs presents unique challenges, and we are here to lend a helping hand.

Financial Readiness & Army Emergency Relief

Our Financial Readiness Program offers education, counseling and support services to assist Soldiers and their Families with their financial affairs, including helping them live within their means and invest for the future. Finances are the number one stress in the lives of military Families. The Financial

Relocation Readiness

Moving is a fact of Army life. Relocation Readiness has been an integral part of ACS since 1965. This program is designed to assist Soldiers and Families with transfers and relocations throughout the tour cycle. Workshops, counseling and support focus on pre-move planning, moving, and settling into a new community. You also have access to ACS support services 24/7 through the use of Military OneSource. Visit www.militaryonesource.com or call 1-800-342-9647.



unity Service

Employment Readiness Program

Spouses face unique employment challenges, including frequent relocations, lack of career opportunities in and around the base, and financial stressors. The Employment Readiness program provides information and referral services in employment, training, transition and volunteer opportunities to give you the competitive edge needed to secure employment.

Army Volunteer Corps

The Army Volunteer Corps works to promote and strengthen volunteerism by uniting community volunteer efforts, supporting professional management, enhancing volunteer career mobility, and establishing partnerships to support personal growth and life-long volunteer commitment. Volunteering is a defining part of the American experience, and the Army relies on the fundamental connection between volunteerism and citizenship.

Army Family Team Building

Army Family Team Building (AFTB), originally designed by spouses for spouses, is a training and readiness program that provides participants with an understanding of Army culture and the skills and resources they need to become self-reliant, self-sufficient members of the military community. There are three levels of training based solely on an individual's experience in the Army.

Army Family Action Plan

The Army Family Action Plan (AFAP) is a grassroots, Army-wide initiative which provides a way for the Soldiers, Family members, retirees and civilian employees to let the Army leadership know what works and what doesn't – and what they think will fix it. Since 1984, AFAP has been the driving force behind hundreds of legislative, regulatory and policy changes and program and service improvements all geared toward improving the quality of Army life.

Soldier and Family Assistance Center

The Soldier & Family Assistance Center (SFAC) provides guidance, assistance, information and referral and linkage to health care, employment and education services, and other support agencies to facilitate the Wounded Soldier's rapid recovery. The SFAC will work with garrison services and programs to provide a seamless transition and prevent unnecessary procedural delays, and promote conditions that facilitate Soldiers' physical, mental and spiritual healing process.

Outreach

Outreach Programs are designed to link a variety of military and civilian support services with Soldiers, Department of the Army Civilians, and family members. The program seeks to recognize, identify and refer community members to appropriate services in addition to sponsor family events and special programs.

Military & Family Life Consultant Program

Military & Family Life Consultants (MFLCs) provide short-term, situational, problem solving counseling services to individuals, couples, families, and groups. Services are confidential and private. No records are kept. However MFLCs are mandated to reporters of child abuse, domestic abuse, and duty to warn situations.

Promotion Points

Earn promotional points through select ACS courses. A total of 4 promotional points can be awarded for accumulating 40 hours of course instruction. The ACS courses for promotional points include:

- New Parent Support Program
- Financial Readiness Training
- Operation READY Training
- Army Family Team Building Level I



Kaiserslautern ACS

Newcomers' Orientation & City Tour

New to the Kaiserslautern area? Join us for our monthly Newcomers' Orientation and our popular Kaiserslautern City Tour. You'll learn about helpful community resources, experience German public transportation, and even try some delicious local cuisine!

Resumix Training

Applying for federal jobs? Be sure to attend our Resumix Training to learn the best tips and tricks for the online application system. Resumix is offered Tuesdays at 1 p.m. and Thursdays at 9 a.m.

Financial Readiness

Exchange rate got you down? Financial Readiness offers a "Euros and Cents" workshop to help you make sense of it all! We can help with investments, credit, debt liquidation, and even buying a German car on the economy.

Career Expo

Looking for employment? Keep an eye out for our "Career Expo" each spring and fall! Bring your resume' and get the scoop on local government and contracting jobs, and MANY more. ID card holders only.

Playgroups

Bring your little one to our HUGS Playgroup each Thursday at 10 a.m. at the Pulaski Kids' Zone. Children ages 3 and younger are involved in educational activities, while Mom and Dad have the opportunity to speak with trained child development professionals!

Holiday Toy Outreach

You can bring holiday cheer to children in the Kaiserslautern Military Community! Take part in our annual Holiday Toy Outreach this December, and give the gift of joy.

Eggstravaganza

Ah, spring ... Green leaves, beautiful flowers, and lots of FUN! Don't miss our exciting ACS "Eggs-travaganza" egg hunt this spring.

Deployment

You have questions about your spouse's deployment, and our Spouse Battlemind training offers real solutions. Talk to trained professionals and get solid answers for situations that may arise while your spouse is away. Facing the holiday season while your spouse is deployed? Take advantage of our fun and helpful "I Will Survive" holiday workshop this December.

Community Information Forum

Don't miss our monthly Community Information Forum (CIF) to speak with local leaders about timely topics that concern you! The CIF is open to all ID card holders and is held at Armstrong's Club, the first Wednesday of each month at 1 p.m.

EFMP

The Exceptional Family Member Program offers exciting, interactive support groups for members and families touched by many conditions, including: Autism, Diabetes, weight loss surgery, neurological disorders, ADHD, emotional challenges. Get involved and connect with others who understand the challenges you face!

Stress & Anger Management

Are stress and anger affecting your work, relationships, or health? We can help! Stress and Anger Management workshops are offered four times each month to fit your busy schedule.



Mannheim ACS

Mannheim Army Community Service assists commanders in maintaining readiness of individuals, families and communities within America's Army by developing, coordinating and delivering services which promote self-reliance, resiliency, and stability during war and peace.

The ACS office is located on Sullivan Barracks. Give us a call today at DSN 385-3101 or CIV 0621-730-3101. Make us your first stop for community information.

Each month, Mannheim Orientation Spouses' Tour (MOST) offers a three-day Mannheim orientation. Newcomers can learn about German culture, language, and local history, as well as the services available on our military installations. Participants will also learn how to ride the strassenbahn. Don't forget to ask about free childcare!

Mannheim Annual ACS Events

JANUARY 31

Mannheim Job Fair

FEBRUARY 19 – 20

The Mannheim Army Family Action Plan (AFAP) Conference

FEBRUARY 22 – MARCH 1

Military Saves

MARCH – APRIL

Army Emergency Relief Fund Raising Campaign

APRIL

Month of the Military Child Celebration activities and Child Abuse Prevention

APRIL 11

Community Easter Egg Hunt, Kinderfest and Community Support Awareness Fair (CYSS and ACS co-sponsors)

APRIL 23

Mannheim Community Volunteer Ceremony

JULY 8

Day Just For Kids (EFMP)

OCTOBER 1 – 31

Domestic Violence Awareness Month

OCTOBER

Holiday Card Lane

NOVEMBER 6 – DECEMBER 11

Angel Tree



Heidelberg ACS

The ACS office is located at the Shopping Center in Bldg. 3850.
Give us a call today at DSN 370-6975/6883 or CIV 06221-57-6975/6883.

Make us your first stop for community information.

Heidelberg Annual ACS Events

FEBRUARY

AFAP Conference
Military Saves Week

MARCH

Consumer Protection Week

APRIL

Child Abuse Protection Month
Sexual Assault Awareness Month
Child Lights
Volunteer Recognition

MAY

Foster Care Month
Spouse Appreciation Day

AUGUST

Community Activities Registration &
Education Fair (C.A.R.E. Fair)

OCTOBER

Domestic Violence Awareness Month
Make A Difference Day

NOVEMBER

Angel Tree Program
National Military Family Week

DECEMBER

Angel Tree Program
Volunteer Recognition Holiday Party



Career Fair



C.A.R.E. Fair



Heidelberg Rod & Gun Club

The Heidelberg Rod & Gun Club and Shooters Bar & Grill is a multi-use facility used by the military (small arms weapons qualification), American/German Clubs and organizations (archery club, pistol shooting club, hunting club, fishing club, etc), organized groups for special events (conducting a hunting/fishing classes, meetings, training, a chili cook-off, shooting competitions, banquets, Easter egg hunt, programs w/ the Boy/Girl Scouts), and individuals (shooting, eating, purchasing hunting, fishing, or shooting accessories in the pro shop, picnics, horse shoes, or just meeting with friends to watch a football game on the wide-screen TV in the sports lounge). A large camping area is available within the complex/facility, located near the German village of Oftersheim, the Heidelberg Golf course, and within miles of walking/biking trails through the woods. Call 06202-51193 for more information.



Heidelberg Rheinthal Golf Course

The 18-hole course nestled in the beautiful Oftersheim Valley.



The Heidelberg Golf Course, open year-round, boasts a 15-stall driving range lit for evening usage and a 6,000 square foot putting green where you can warm up or work on your stroke. The facility also offers rental clubs, carts, lockers, a pro shop, ample parking, several golf professionals, a VI digital swing analysis program for a high-tech solution to swing problems, and lots of events and classes to improve your game and network.

DSN 379-6139; 06202-53767

Child, Youth &

Child, Youth & School Services recognizes the challenges of our Soldiers and their Families. By offering quality programs for children, youth and students, CYS supports the Army Family Covenant by reducing the conflict between mission readiness and parental responsibility.



School Services

Heidelberg

Child, Youth & School Services supports soldiers with families by providing affordable child care and outreach services, as well as youth and sporting programs.

Central Registration: DSN 388-9240/9241; 06221-338-9240/9241. In order for children to take part in the programs below, they must be registered with CYSS.

Patrick Henry Child Development Center

(six weeks – six years)

DSN 388-9301/9302/9303; 06221-338-9301/9302/9303

Mark Twain Village Child Development Center

(six weeks – six years)

DSN 370-7548; 06221-57-7548

School-Age Services

(first through fifth grade)

DSN 370-8994; 06221-57-8994

Middle School Program

(Panthers' Place – sixth through eighth grades)

DSN 388-9003; 06221-338-9003

High School Program

(Teen Center – grades nine through twelve)

Child & Youth Sports & Fitness SKIES

(Schools of Knowledge, Inspiration, Exploration & Skills instructional program)

DSN 388-9399/9377; 06221-338-9399/338-9377

YESS

(Youth Education Support Services)

DSN 388-9377; 06221-338-9377

CLEOS

(Liaison & Outreach Services)

DSN 388-9398; 06221-338-9398

FCC

(Family Child Care – six weeks – twelve years)

DSN 388-9378; 06221-338-9378



Mannheim

Several programs are offered under the CYSS umbrella, including the Monroe Street Child Development Center (CDC), School Age Services (SAS), Youth Program (YP) (Middle School and Teen), Youth Sports and Fitness, Family Child Care (FCC), School Liaison Officer (SLO), CYSS Nurse/Nutrition Specialist and Child and Youth Liaison Education Outreach Services (CLEOS) program.

The **CDC** is our day care facility, for children age 6 weeks to 5 years. It is open for your convenience Monday – Friday from 5:45 a.m. – 5:45 p.m. Hourly care is available from 8 a.m. – 4 p.m. for children age 6 weeks to 5 years. Reservations may be made up to two weeks in advance. Benjamin Franklin Village, Bldg. 699
DSN 380-4850 / 4851 or
CIV 0621-730-4850 / 4851

School Age Services (SAS) provides programming for children in 1st – 5th grades. Programs include spring, summer and winter recreational camps, after-school care, and school-out days.

Program Options for SAS (1st – 5th grades):

- Before- and After-School Care
- Full Day Care on School-Out Days
- Hourly Care
- Summer camp from mid June through August
- August Affiliated with National 4-H Counsel and
- Boys & Girls Clubs of America

Benjamin Franklin Village, Bldg 737
Monday – Friday: 0545-1745
DSN 380-4321 or CIV 0621-730-4321

SKIES (School of Knowledge, Inspiration, Exploration & Skills) has a room specifically for the programs offered such as ballet, piano, Tae-Bo, and other instructional classes. Parents bringing their children for the SKIES programs have the option to wait in the SKIES waiting room, which has a play area for the kids and a TV. Youth Services hours of operation are:

- Mon. – Thur.: 3 – 8 p.m.
- Fri.: 3 – 10 p.m.
- Sat. & School-Out Days: 1 – 10 p.m.
- Sun. & Federal Holidays: Closed

Also located inside building 696 on the second floor are Youth Sports & Fitness Office, School Liaison Office, YESS (Youth Education Support Services), Facility Director and SKIES Director offices.

Youth Services

Benjamin Franklin Village, Bldg. 696
Mon. – Fri.: 7:30 a.m. – 4:30 p.m.
DSN 380-4887 or CIV 0621-730-4887

Youth Sports offers all intramural team sports, including basketball, baseball, softball, flag football, soccer and cheerleading. In addition, a variety of clinics are conducted throughout the year.

Benjamin Franklin Village, Bldg. 696
Mon. – Fri.: 9 a.m. – 6 p.m.
DSN 380-9208 / 9209 or
CIV 0621-730-9208 / 9209

Family Child Care (FCC)

Benjamin Franklin Village, Bldg 742
Mon. – Fri.: 7:30 a.m. – 4:30 p.m.
DSN 380-9668 / 4735 or
CIV 0621-730-9668 / 4735

The School Liaison Officer (SLO),

in addition to providing support to Home School groups, provides assistance with school-related issues, transition, and youth sponsorship.

Benjamin Franklin Village, Bldg. 696
Mon. – Fri.: 7:30 a.m. – 4:30 p.m.
DSN 380-4212 or CIV 0621-730-4212

CLEOS

Sullivan Barracks., Bldg. 255, Room 106
DSN 385-2750 / 2353 or
CIV 0621-730-2750 / 2353





Kaiserslautern

offers three center-based child care programs located at Kleber, Landstuhl, and Miesau, one School Age Services program at Landstuhl and one Middle School/Teen Center. Our Youth Sports & Fitness and Instructional Class programs are located on Landstuhl Post. The Child/Youth Liaison Education Outreach Services (CLEOS) office on Pulaski Barracks provides a variety of services to include enrollment for Army child care services, resource and referral to other child care options in the community, volunteer services, and a babysitter referrals and training.

Middle School & Teen Center

Landstuhl Middle School/Teen Center (LMSTC) is affiliated with the Boys and Girls Club of America and 4-H. We offer a wide range of activities for youth 6th – 12th grade. Located in Bldg. 3819, LMSTC has two floors; one for middle schoolers and one for high schoolers.

School Age Services

Landstuhl School Age Service (LSAS) is a member organization of the Boys and Girls Club of America, as well as a partner with the 4H clubs. The third 4H club to be established in Germany, LSAS offers a wide variety of activities for children ranging in age from 6 to 11, or from first through fifth grade. LSAS is the before and after program for school age children. Children can arrive at our program as early as 6 a.m. and remain with us until 8:30 a.m., when we deliver them to school. The children arrive back to our program at 3 p.m., right after school, and stay with us until 6 p.m.

SKIESUnlimited

The Schools of Knowledge, Inspiration, Exploration & Skills (SKIESUnlimited) instructional programs provide children and youth the opportunity to explore new skills and to pursue and nurture personal interests with high-quality instructional classes. All classes are held on Landstuhl Post, Building 3701 on the first floor next to the VAT Office. Most SKIES Unlimited classes run on a monthly basis; cost varies depending upon class.

School Liaison Officer

The School Liaison Officer (SLO), in addition to providing support to Home School groups, provides assistance with school related issues, transition, and youth sponsorship. The Schools Liaison program offers assistance to families in their educational needs. The program assists families with educating parents about programs available to youth in the community. This program connects families, schools, and communities.

Youth Sports & Fitness

We are committed to providing a positive, age-appropriate Sports & Fitness Program to promote healthy development for children and youth ages 3 years old through high school senior. By partnering with 4H, Boys and Girls Clubs of America and other local sporting clubs, we are able to offer the highest quality individual and team sport opportunities.

Registration

New and currently enrolled patrons must complete and update registration annually through the Central Enrollment & Registration Office, Bldg. 2898, Pulaski Barracks. Office hours are 9 a.m. – 3 p.m., Monday – Friday or by appointment (closed on Federal and USAREUR training holidays). Call DSN 493-4516 / 4122 or CIV 0631-3406- 4516 / 4122 for more information.



Arts & Cultural Center

The Army Arts & Crafts/Life Skills development program offers diverse programs to enhance your educational, cultural, social and intellectual well-being through participation in directed and self-directed activities. The process of creative problem solving develops mental agility, manual dexterity and self-confidence.

In February 2009, the Arts & Crafts Center opened in its new location of the Village Pavilion on Patrick Henry Village. The program offers services in quilting (longarm, machine, and fabric sales), frame building and assembly, mat cutting, custom framing, scrapbooking, needle arts, engraving, a retail shop, an art studio, and a gallery for local and traveling art exhibits.



Village Pavilion

A cornerstone of the Heidelberg community, the Village Pavilion is conveniently located on Patrick Henry Village, across the street from the Heidelberg Guesthouse. The Village Pavilion's mission is to meet the needs of the Heidelberg community, as well as all of USAREUR and IMCOM-E, by providing catering services for conferences and special events throughout the community. 2008 marked the Village Pavilion's 58th year of operation. Services include room and item rentals, out-of-house catering, banquets, promotion parties and receptions. Weekly and monthly events, such as Prime Rib Dinners and Sunday Brunches, are held at the Village Pavilion. The center also houses the Tax Relief Office, the Arts & Cultural Center, and the Stronghold Workout Room.

For booking:
DSN 373-6613
06221-17-6613
Cell 0172-630-9717



THEATRE

Roadside Theater & Off Main Street Theatre

The Mannheim Off Main Street Theatre has been combined with the Heidelberg Roadside Theater. The Roadside produces six major productions annually, including comedies, dramas, and musicals, plus a number of smaller studio productions, providing dozens of volunteer opportunities in acting and technical fields. Teen theater workshops are offered as well. Performances are located at the Roadside Theater on Patton Barracks and sometimes at the Off Main Street Theatre on Coleman Barracks.

Off Main Street Theatre
Coleman Barracks, Bldg. 25

Roadside Theater
Patton Barracks, Bldg. 109
DSN 373-5020 or CIV 06221-17-5020

KMC Onstage

We offer rehearsal space and classes in performing arts, in addition to producing plays and musicals, and remaining active in supporting talent competitions. Experienced or not, we can develop your talents on stage or as a technician.

Kleber Kaserne, Bldg. 3232
DSN 483-6626 or CIV 0631-411-6626



Cruising the Rhein River

Excursion boats offer a unique way to explore the sights; or combine cable car rides with a boat cruise

By Karl Weisel, USAG Wiesbaden Public Affairs

Boat cruises on the Rhein River offer a relaxing way to spend time with family and friends while taking in some of Germany's most picturesque vistas.

Today's excursion boats cruise swiftly from towns such as Rüdesheim and Bingen up the river past the Loreley to St. Goar or even farther while offering passengers descriptions about the many castles and landmarks along the route.

Reasonably priced traditional German culinary fare is also served during the passage. Enjoy a helping of bratwurst and sauerkraut while sampling one of the local wines as the castles and villages glide by the boat's windows to the accompaniment of the ship guide's descriptions.

Tickets for trips on boats range anywhere from € 11 roundtrip from Rüdesheim to Bacharach or Lorch to € 16 roundtrip from Bingen to St. Goarshausen. Students with a student ID are half price and children age 4 – 13 pay € 3.

Families might also want to consider combining a short boat cruise with a couple of cable car rides or a hike and a picnic in the vineyards above Rüdesheim and Assmannshausen.

After wandering through the narrow streets of Rüdesheim and visiting the town's medieval torture museum, hop on the Seilbahn (cable car) for a ride over the vineyards up to the Niederwalddenkmal – a

huge statue of Germania built in the late 19th century to commemorate the re-establishment of the German Empire. From the monument, one can hike back down to Rüdesheim or continue on to a hunting lodge and the top of another cable car which will transport hikers down to the town of Assmannshausen.

A falconry at the top of the mountain also offers families a unique view of birds of prey while visiting the Niederwalddenkmal.

Visitors have several options when purchasing their tickets for the cable car in Rüdesheim. Single and round-trip tickets, Kombi Karten (for single rides on both cable cars) or a Ring Ticket (good for the two cable cars and a boat ride back from Assmannshausen to Rüdesheim) are also available. Tickets range from € 4.50 (€ 2 for children) for a one-way ticket up the mountain to € 10 (€ 5 for children) for the Ring Ticket.

The Rüdesheim cable car operates from 9:30 a.m. to

5 p.m. weekdays and 9:30 a.m. to 6 p.m. Visit www.seilbahn-ruedesheim.de for more information about the cable car.

Several boat cruise companies offer excursion boat rides up the Rhein River. Visit www.bingen-ruedesheimer.de or www.vikingcruises.com for departure times and other special offers.

The Köln-Düsseldorfer excursion boat company is another option for planning longer or themed excursion boat rides between the cities on the Rhein River. Visit www.k-d.com for information about special trips and tours.

Or consider stopping by the Rhein Main Area USOs to find out about their upcoming Rhein River cruises.

Local libraries are another option – for delving deeper into the many travel destinations and learning more about the local legends that have been associated with the Rhein River Valley through the ages.



History Comes to Life

The outdoor museums in Baden-Württemberg promise an exciting trip back in time for the whole family.

USAG Stuttgart Public Affairs



More than 20 original buildings and houses from the middle of the Neckar region and the Swabian Highlands (Schwäbische Alb) frame the museum village in Beuren.

The visitor gets the chance to experience the true to the original view of a Swabian village during the 1700s that relates the stories of people who lived and worked there.

The Freilichtmuseum (open-air museum) in Beuren offers fascinating events for adults and children starting by the end of March until the beginning of October. Everybody is invited to participate in various activities from playing with chickens, rabbits, sheep or goats to baking bread at the museum's authentic baking house. The oven is heated with wood and the visitor is able to produce everything from cakes, pastry, Brötchen (rolls) to Hefezopf (a type of sweet bread with raisins).

Besides farmhouses, stables and barns, the visitor also gets an impression of workshops from craftsmen's families, a weaving mill, a carpenter's workshop and the original village town hall.

A must see is the old "Aunt Helene Store" where you can buy all kinds of old-style goodies – the candy is still stored in big old candy jars. For the complete event program, tours (also in English), directions and prizes, visit www.freilichtmuseum-beuren.de or call civ. 07025-911-9033.

While in Beuren, make sure to include the "Panorama Therme" in your program. Mineral water flows into the three interior and four exterior pools of the Therme. Besides steam baths, saunas and aromatherapy showers, the Panorama Therme hosts a spa area where visitors are able to schedule a massage and various relaxing treatments for body and soul. For more information, visit www.beuren.de/seite2.htm.

On a discovery tour of the Rhine Neckar Region!

From picturesque landscapes through historic lordly manors to significant industrial culture – there's plenty to discover in the metropolitan region surrounding the border triangle of Baden- Württemberg, Rhineland-Palatinate and Hesse. What's more, bus and rail passengers can look forward to great discounts at our regional leisure partners.

Simply present a valid Baden-Württemberg or Saarland/Rhineland-Palatinate Ticket and Ticket 24 or Ticket 24 PLUS and get great discounts, e.g. in many adventure parks, museums, castles and waterparks: how about a visit to the historic castle complexes in Heidelberg, Mannheim, Karlsruhe, Neustadt and Bruchsal for example? Or, for those who prefer something more fast-paced, the Holiday Park in Hassloch and its daring rides are ideal.

Climbing fun and thrills and spills in the great outdoors can be found at the adventure park Fun Forest in Kandel. While car, technology and space fans can start their discovery tour in the Auto & Technik MUSEUM SINSHEIM and in the Technik MUSEUM SPEYER. Big and little underwater friends can dive into SEA LIFE in Speyer, which has plenty more to offer with its historic Old Town and impressive cathedral.

For more information on our leisure partners, please visit www.s-bahn-rheinneckar.de

No matter where you're heading:

The S-Bahn and regional trains operated by DB Regio RheinNeckar offer you a variety of connections to regional leisure destinations – without traffic jams and without having to search for a parking space! Depending on where your journey starts and ends, there's a ticket to suit:

- within the zones covered by the transport network VRN: e.g. the VRN Ticket 24 PLUS (at ticket machines or in all ticket offices) - within a federal state: e.g. the Baden-Württemberg Ticket or the Saarland/Rhineland- Palatinate Ticket (at DB ticket machines, online or in DB ticket offices) - for weekend travel to anywhere within Germany: e.g. the Happy Weekend Ticket (at DB ticket machines, online or in DB ticket offices) All tickets are valid for one day and available as group tickets for up to 5 people or for individual travellers.

For more information on tickets and tariffs, please visit www.bahn.de, www.vrn.de or call the following service numbers: Service number for Die Bahn: +49 (0)180 599 6633 (Euro 0.14/min. from a landline; prices may differ according to mobile network) Infoline for VRN: +49 (0)180 5876 4636 (Euro 0.14/min. from a landline; prices may differ according to mobile network)

 **BAHN**



**Let's go! To the Rhine Neckar Region.
Up to 5 people. 1 day. From EUR 19.50.**

Head off on a discovery tour of the Rhine Neckar Region!

Travel in a group and save money, e.g. with the

- VRN Ticket 24 PLUS: up to 5 people. 1 day. Only EUR 19.50.
- Baden-Württemberg-Ticket: up to 5 people. 1 day. Only EUR 28.
- Saarland/Rhineland-Palatinate-Ticket: up to 5 people. 1 day. Only EUR 27.

For more information, please visit www.bahn.de/freizeit-rhein-neckar
Deutsche Bahn. More mobility.

 **S Bahn RheinNeckar**

