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# Message from the Director, Family and MWR USAG Kaiserslautern



Steven L. Pelletier  
Director, FMWR  
USAG Kaiserslautern



As the Director of Family and Morale, Welfare, and Recreation of the U.S. Army Garrison Kaiserslautern, I welcome you to our military community.

Family & MWR offers a variety of programs and is your provider of military Quality of Life Services. Each program exists to serve our Soldiers and their Families to its utmost ability. We concentrate our efforts on not only providing incomparable options, but also the very best in customer service and satisfaction.

This magazine serves as a guide to assist you in finding important information regarding Family & MWR's quality programs, services, and the many facilities

in USAG Kaiserslautern. Let us help you save money by providing exciting trips with Outdoor Recreation or family oriented events at little cost. Not sure where to host your events? Take a look at our many clubs and facilities that also provide catering services.

Our goal is to be your first choice for your family's needs, and we would like you to take the opportunity to experience all of the great programs we have available. The events, services, and programs established today will serve our Soldiers and their Families for years to come, or work as platforms to launch new and better services and products.

As you become more acquainted with USAG Kaiserslautern during

your tour here in Europe, please let me know if there is anything we can improve upon.

My Family and MWR priorities are:

1. Customer Satisfaction
2. Customer Participation
3. Business Results
4. Innovation and Improvement
5. Teamwork and Leadership

Steven L. Pelletier Director,  
Family and MWR  
USAG Kaiserslautern

# Family and MWR Sponsorship and Advertising Program

**F**amily and Morale, Welfare and Recreation (Family and MWR) invites corporate and individual businesses to support our community by taking part in the Corporate Sponsorship and Advertising Program. Family and MWR values brand loyalty and provides direct interaction with the Military market.

To begin, Family and MWR is a network of support and leisure services designed to serve the needs, interests and responsibilities of each individual in the Army community, as well as enhance the quality of their lives. From family, child and youth programs to recreation, sports, entertainment, travel and leisure activities - Family and MWR employees worldwide strive to deliver the highest quality programs and services at each installation. Family and MWR helps ensure Army readiness by caring for the people who serve and stand ready to defend the nation.

The Kaiserslautern community consists of approximately 50,000 Military personnel, Family members, Retirees, and Civilian employees.

Family and MWR believe your participation in sponsorship can provide heightened visibility and positive publicity that will continuously promote and benefit your company for years to come.

Sponsorship is an exchange of goods and/or services in return for public recognition, advertising and promotional benefits of an equivalent value. It is neither a gift nor a donation – it's a smart business decision that increases the visibility of the company's products and/or services that can be a most effective marketing tool. Sponsorship also establishes a deeper association and integration between markets and can prove to be a valued part of your company's marketing and advertising plan.

The opportunity to support the events and/or programs provides measurable response within the military community. The sponsorship program offers your company an effective way to access a wide range of audiences while being able to gauge your customer's response to your products/services. The benefits are endless and it provides great means of broadening your competitive edge. Spon-

sorship acts as a faster growing form of advertisement and your company's image, prestige and credibility can improve greatly.

Whether you live within the military community or support those who do, your participation will be notable and recognizable; Family and MWR would appreciate your partnership to show those in the community that together we are here to support. It is our goal to give back to the military community and do all we can to enhance their lifestyle.

Again, we would like to invite you and your business to participate in the sponsorship and advertising program. Please contact us to find out more about the benefits of corporate and individual sponsorship and/or advertising at 0631-3406-4273/4626.

Kind regards,

Tami Leith  
Sponsorship and Advertising  
Sales Manager  
Family and Morale, Welfare and  
Recreation, Marketing  
Department  
Kaiserslautern Germany  
[kaiserslautern.armymwr.com](mailto:kaiserslautern.armymwr.com)

# Family and MWR - Your first taste for a taste of home

Each branch of the United States Armed Forces has a branch of MWR. MWR provides free and discounted recreation to military personnel and their families. Although the facilities provided vary from base to base, the types of services, facilities and programs provided can include fitness centers, pools, marinas, bowling centers, golf courses, restaurants, conference centers, catering, and programs for single sailors providing special events, access to internet, movies and video games. As of 2009, MWR is known as FMWR - Family and Morale, Welfare and Recreation. FMWR also offers accredited child care and youth and school aged centers at many installations.

Family and MWR programs, services and activities offer Soldiers and Families opportunities to

enrich their lives culturally and creatively. Our programs relieve stress, build strength and resilience, and help the Army Family stay physically, mentally, and financially fit.

- ▶ Child, Youth & School Services
- ▶ Army Family Programs
- ▶ Soldier Programs & Community Recreation
- ▶ Family and MWR Business Initiatives
- ▶ Armed Forces Recreation Centers
- ▶ MWR Recreation Delivery to theater operations
- ▶ Additionally, the Family and MWR Academy provides outstanding professional development training and support to MWR personnel in the management and administration of MWR programs, people, and resources.

The Army's investment in delivering the highest quality programs and services – from Family, child and youth programs to recreation, sports, entertainment, travel and leisure activities – reflects its commitment to the Army Family Covenant.

## MWR Philosophy

Soldiers are entitled to the same quality of life as is afforded the society they are pledged to defend. Keeping an Army ready to fight and win takes more than hard work and training. Soldiers need a balance of work and play. The FMWRC mission is to create and maintain "First Choice" MWR products and services for America's Army, essential to a ready, self-reliant force.



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## Classified directory

# Classified directory

Dear readers! Here is a valuable overview of highly capable companies in the areas of commerce and services, arranged in alphabetical order. These companies have all made it possible for your brochures to be distributed free of charge. Further information is available in the internet under [www.alles-deutschland.de](http://www.alles-deutschland.de).

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C = Cover



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# Army Community Service (ACS)



**Army Community Service (ACS)** offers a comprehensive array of programs and services dedicated to maintaining the readiness of Soldiers, Families and communities by fostering self-reliance, resilience, and stability. It is the commander's principal Family readiness agency, providing comprehensive, coordinated and responsive services that support readiness of Soldiers, Civilian Employees and their Families during peace and war. ACS is customer-driven, proactive, and prevention-oriented. The people of ACS understand that Army communities are multi-genera-

tional, with needs that must be met on "their terms." For a list of the many services offered under ACS please browse the MWR website or contact them via phone (see phone directory).

**Army Family Team Building (AFTB)** includes online and classroom classes that cover topics such as Army life, self-development, and leadership skills

**Household Goods Lending Closet**  
When relocating to a new installation, you can borrow basic household goods such as: Pots and pans, dishes, high chairs and

car safety seats. Contact the ACS Relocation Manager for more information.

The Employment Readiness Program (ERP) provides information and referral services on employment, education, training, transition, and volunteer opportunities to give Family members the competitive edge needed to secure meaningful employment. ERP offers up-to-date information on available employment opportunities, market and job trends, education, and volunteer resources to help individuals make informed decisions when seeking employ-

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# Army Community Service (ACS)

ment. Services offered by the ERP include classes and seminars related to employment

Army Volunteer Corps can link volunteers with local volunteering opportunities.

What can volunteer do for you? Gain a sense of satisfaction/achievement by meeting challenges, learn about the Army, its sister services, and the community, acquire new skills and or expand old ones, obtain work experience, build new friendship

and become a cohesive part of the community.

The **Exceptional Family Member Program (EFMP)** provides an all-inclusive approach for community, educational, medical, housing and personnel services for Families with special needs.

**Survivor Outreach Services** Many times, after the loss of a Soldier, unresolved issues or questions come up long after the Casualty Assistance Officer (CAO) has concluded his or her duties. In

addition to the grief the Family will suffer, they may also be faced with issues and questions built around the life of an Army Family.

The **Soldier and Family Assistance Center (SFAC)** is a one-stop location for Warriors in Transition and their Families to get information and assistance.

The **Family Advocacy Program (FAP)** promotes individual and Family strengths during challenging times to reduce the risk of violence.

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)



## Fissler – company with tradition

Founded in 1845 by Carl Philipp Fissler in Idar-Oberstein, in the Rhineland-Palatinate, the company can look back on a success story lasting over 165 years. Today the brand stands for cooking with pleasure and passion and is one of the world's leading brands for high-quality cookware. Fissler is the authority in German and international kitchens - everyone thinks of before buying pots, pans, pressure cookers, roasters, woks, cast iron, knives and kitchen accessories. Its products „Made in Germany“ are market in over 70 countries around the world. Fissler is still family-

owned and employs around 780 people. Most of them are working in the German factories in Idar-Oberstein and Hoppstädten-Weiersbach. So the company is still a very important employer in this region. As a special service Fissler offers cook demonstrations and cook courses in its visitor center in the city quarter Idar. Hobby cooks can enjoy cooking with high-quality cookware and also their selfmade meals. In the nearby Fissler shop the wide range of products is available and promises the right cookware for all needs and any taste.

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## Better Opportunities for Single Soldiers (BOSS)

Looking to get involved in your community, have some fun, and make new friends? Join BOSS for a trip or participate in the many events offered for soldiers.

Pulaski Barracks  
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Closed on Federal Holidays

See Quick Reference Directory for location and contact info

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FOR FAMILIES

FOR RETIREES

FOR CIVILIANS

# Clubs, Pubs & Restaurants

## Armstrong's Club

Armstrong's Club, located on Vogelweh Housing, is a multi-faceted facility. Whether you're in the mood for a cold drink at the pub, or looking for a venue to host your next big function, Armstrong's Club is the best location in the Kaiserslautern military community to do it!

### The Irish Pub & Grill

Features a great Irish atmosphere, and is the perfect place to bring your friends for an unforgettable celebration! Enjoy short-order items from the grill. Catering is also available for small or large parties.

### Emerald Alley

Located on the lower level of Armstrong's, Emerald Alley is a great place for social gatherings. Have some fun with our Nintendo Wii gaming system or our exciting Virtual Bowling. Emerald Alley may be rented out for private events.

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- ▶ Birthdays
- ▶ Buffets

**Room capacity:** Ballroom-800, Bartylla Room-180, Winter Garden-75, Emerald Alley-25, Back 40-30 people

### Conference Amenities

- ▶ Projector
- ▶ DVD player
- ▶ Video and audio connections for a laptop computer
- ▶ Wired NIPRNet Internet access

## Kazabraz Club

Recognized as the best club in Army Europe, you will find the best of country/western music, karaoke, & "Tornado" the mechanical bull. The club also offers a great atmosphere for social functions and the Bingo Palace programs that include K-town Coverall, Family Bingo, Midnight Bingo, and Big Bucks Bingo, just to name a few. You can also enjoy short-order food such as pizza, chicken wings and more.

## Landstuhl Community Club

Looking for a relaxing atmosphere? Try the Landstuhl Community Club. This multi-faceted facility offers catering, conferencing, a bar/lounge, a game room featuring Army Recreation machines and a weekly Texas Hold'em Tournament. The club also serves delicious Italian cuisine for lunch and dinner featuring freshly prepared pasta, salads and other fine

dishes. Dine outside on the deck, which is surrounded by Landstuhl's breathtaking natural surroundings. The club offers Wi-Fi internet access, has pool tables,



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large screens to watch sports, and play games.

**Room capacity:** 175 people

## Room Rental and Catering

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- ▶ Personal events
- ▶ Military functions
- ▶ Weddings
- ▶ Banquets
- ▶ Birthdays
- ▶ Buffets

## Conference Amenities

- ▶ Projector
- ▶ DVD player
- ▶ Video and audio connections for a laptop computer
- ▶ Wired NIPRNet Internet access



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**Pfalz  Center**

**Kaiserslautern, November 6, 2012:** Shopping USA – just like back home: The Kaiserslautern Pfalz Center shopping mall offers a large selection of items for all your daily needs under one roof – from food and services through trendy home decor for your own four walls. Since opening in the fall of 2011, the shopping mall at 234 Mannheimer Straße has developed into a popular shopping destination for the people of Kaiserslautern and the surrounding area. Of particular interest to residents at the local American bases is the huge choice of goods on offer at more than 20 stores and outlets, and the stores and service providers will happily cater for your specific tastes. Customers from outside the European Union can also enjoy VAT-free shopping at the Pfalz, as the value-added tax is immediately refunded.

Your shopping trip is sure of a relaxed start right from the moment you arrive: at the Pfalz Center you won't have the hassle of looking for somewhere to park with our convenient and – best of all – free parking garage! From Aldi and Apollo Optik to real,- and Modepark Röther, not only will visitors be treated to a huge selection of sundry goods but they'll also be well understood, as the majority of the staff at this retail park speak English and are happy to assist.

So what can customers expect? As well as the huge real,- supermarket and its range of thousands of food and nonfood items, well-known German discounter Aldi also supplies food and low-price essentials. You'll find international deli specialties at the Shaküteri counter, while Landhof

Standl and the Stadtbäcker bakery will tempt you with delicacies, bread and fillings. And for a snack on the go, Hikari is also at your service with tasty Asian treats.

Covering off the fashion sector are, for example, fashion store Modepark Röther, Ernsting's Family store and Pretty Woman, which has a range of watches and jewelry. The Pfalz Center has a specialist optical store in Apollo Optik and also on board are fresh floral boutique Blumen Baumann and the Rossmann drug store.

## PRESS RELEASE

The service sector is also well-represented with the "Haar Center" salon, a clothing alterations specialist, O<sub>2</sub> phone shop, a key-cutter, Comet dry cleaners, a lottery sales outlet with post office counter, a branch of the Stadtparkasse bank and a Thomas Cook travel agency all at your service. And if at the end of a shopping trip you'd like to treat yourself or others with a lovely gift or perhaps a tasteful decoration for the home, you won't go wrong with a visit to Depot or Papillon.

## Background information on MEC: METRO-ECE Centermanagement

The Pfalz Center has 150,000 sq ft of retail space and 21 stores, including anchor stores real,-, ALDI Süd, Modepark Röther and Drogerie Rossmann. The shopping mall is managed by MEC METRO-ECE Centermanagement GmbH & Co. KG, a METRO GROUP and ECE joint venture company. MEC is currently responsible for the management of a total of 38 retail parks in Germany, including operation, leasing and marketing. In total, MEC-managed malls have approx. 700 tenants leasing retail space of just under 10 million sq ft and generating annual sales revenues of approx. US\$ 3.6 billion. Around 135 staff work for MEC. The company's head office is in Düsseldorf.



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## Kaiserslautern Clubs and Activity Centers

Whether you're looking for a cold drink or for a venue to host your next big event we have everything you'll need!

### Armstrong's Club

The place to be for late night entertainment! Check out the authentic Irish Pub and Grill with German and Irish beers on tap, and food available. Or try your luck with Virtual bowling or Nintendo Wii in Emerald Alley.

### Landstuhl Community Club

This club boasts a restaurant, with lunch and dinner served daily, a conference room, game room and weekly entertainment such as the ever popular Texas Hold'em.

### Kazabra Club

With the best of country western music, karaoke, dancing, entertainment and food, plus the best bingo programs all under one roof.

### Kaiserslautern Community Activity Center (KCAC)

A major catering venue that hosts everything from unit and command events, retirement and promotion parties, to private organization monthly meetings. KCAC also provides private meeting space for birthdays, weddings, showers or special events.

### Sembach Community Activity Center (SCAC)

A facility dedicated to Soldiers, Civilians, and Families for their daily entertainment and event planning needs. SCAC is comprised of a Warrior Zone, One Stop Shop, a restaurant with catering available, and a Bar/Lounge.

See Quick Reference Directory for location and contact info

# JAVA - The perfect place to start your day or take a break



## Kaiserslautern Community Java Cafés

Java Café proudly serves STARBUCKS Coffee and is all about convenience and quick service. Along with STARBUCKS Coffee, an array of healthy salads, wraps, soups and more are available.

In addition to a variety of coffee drinks, Java Café offers fresh Danishes, pastries, muffins, smoothies, javaccinos, hot chocolate, tea, and other specialties. We serve selections of fresh sandwiches, soups and grab & go selections.

Everything on the menu is available for take-out. One of the most popular items is 'Beverage

on the Go,' a carafe of coffee with eight tall cups, sugar, cream, and stirring sticks for \$15.00; it's perfect for meetings and get-togethers.

### Java Café locations:

#### Landstuhl Regional Medical Center

This Family and MWR Java Café is conveniently located inside the Landstuhl Regional Medical Center (Bldg. 3774) and offers convenient and quick service.

#### Rhine Ordnance Barracks

This Family and MWR Java Café is conveniently located on Rhine Ordnance Barracks (Bldg. 273) and offers a drive-thru. This location also has room available for

meetings and features a Warrior Zone.

#### Kleber Kaserne inside the KMC Onstage, Bldg. 3232

This Family and MWR Java Café is conveniently located just inside the KMC Onstage (Bldg 3232) on Kleber Kaserne, near the Kleber Fitness Center.

#### Sembach Kaserne, Bldg. 104

The facilities are closed on U.S. Federal and training holidays.

All of our Java locations provide complimentary Family and MWR wireless to customers during their visit. The Java Café is a great location for socializing and hosting meetings.



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Mon-Fri: 10 am- 7 pm  
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Phone: 0631/310 9820  
Mobile: 0173/3145230  
Fax 0631/3115996

[www.cs-tuning.de.tc](http://www.cs-tuning.de.tc)

See KAISERSLAUTERN AREA map Z: Q-14

# Fun for the entire family at the Bowling Center

The Sembach Bowling Center caters to audiences of all ages. Host your child's birthday party or bring the teenagers in for special programs that incorporate state-of-the-art technology into the bowling experience.

Short order food is available to satisfy your hungry appetite. We offer a short order menu and specials.

The bowling center also has its own Warrior Zone for service members and their guests 18 years of age and older. The Warrior Zone has state of the art gaming, gaming chairs, headphones, computers, free WiFi, TV, Movie Theater and lounge area. The most popular games and videos are available for sign out or you can bring your own.

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# Kaiserslautern Community Activity Center (KCAC)

A major catering venue that hosts:

- ▶ Unit and command events
- ▶ Retirement and promotion parties
- ▶ Monthly meetings for private organizations
- ▶ Weddings and showers

You name it and we will try to meet your request. This is the perfect place for your social and

business gatherings with the ability to accommodate up to 300 people.

Some of our amenities include a modern conference room equipped with:

- ▶ Projector
- ▶ DVD player
- ▶ Video and audio connections for a laptop computer

- ▶ Wired NIPRNet Internet access

## KCAC Bistro

The KCAC Bistro is open Monday - Friday for breakfast and lunch. Visits from 6:30 - 10:00 a.m. for breakfast, and from 11:00 a.m. - 2:30 p.m. for lunch.

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)






**Fotografie**




Fotografie Christine Altherr Landstuhl - Fon 06371-918788 - [www.ca-fotografie.de](http://www.ca-fotografie.de)



# Sembach Community Activity Center (SCAC)

The Sembach Community Activity Center (Sembach CAC) is designed with comfort in mind, and is the hub for community activities, dining and entertainment in the Sembach community. Services currently available:

- ▶ Bar/Lounge
- ▶ Warrior Zone
- ▶ Ticket Purchases - Trips, Theater Performances etc
- ▶ One Stop Shop - Valued Added Tax Services and Child Youth and School Services
- ▶ Dining
- ▶ Catering
- ▶ Community Bank ATM

## Manhattan Lounge

Come check out our new

modern lounge located inside the Community Activity Center. Enjoy your favorite drink and enjoy the great music inside or on our balcony with a cozy fire place.

## Restaurant

Check out this premier location to have a meal on Sembach Kaserne. Dining consists of European and US entrees for breakfast, lunch and dinner. Take a mini escape from work and enjoy a relaxing meal while watching your favorite news channel on large flat screen TVs.

## The One Stop Shop

Available to help you get what you need faster. Access to many

of Family and MWR's programs, services and facilities.

- ▶ Buy VAT forms
- ▶ Enroll your children in Child, Youth & School Services
- ▶ Information and Referral

## Warrior Zone

Open to service members and their guests age 18 and older, The Warrior Zone features:

- ▶ Xbox 360s, gaming chairs and headphones
- ▶ Computers
- ▶ Free WiFi
- ▶ TV
- ▶ Movie theater
- ▶ Lounge area
- ▶ Games and videos

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# Warrior Zone - exclusive to Soldiers and their guests



Family and Morale, Welfare and Recreation are proud to bring you the Warrior Zone. The focus of the Warrior Zone is single Soldiers. It is a place for them to come, hang out and have a good time in a safe environment.

It is technology oriented and appealing to the new generation. It is walking distance from several barracks, so it provides entertainment even to those with no transportation. The Warrior Zone serves as a commitment to support and maintain the resiliency of the Soldiers with quality programs and safe communities.

Introducing the latest in video gaming technology, this facility has lounge seating and is free for service members and guests over the age of 18. Various features include reclining gaming chairs with integrated sound and massage, high-tech headphones, and a wireless connection to enhance the gaming experience.

Along with gaming stations, patrons will also find computer workstations and flat screens to surf the web or relax and watch DVDs. The most popular games and movies are available for sign out or you are free to bring your own.

Locations:

**Sembach Community Center, Bldg. 220, Sembach Kaserne**

This Warrior Zone features daily movies played through a home theater set up.

**Rhine Ordnance Barracks (located inside the Java Café, Bldg. 273, Rhine Ordnance Barracks)**

**Sembach Bowling Center, Bldg. 104, Sembach Kaserne**

All of our Warrior Zones features free wireless Internet access and offer food and beverages for purchase on-site.

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)





## Sembach Bowling Center

12 lanes of bowling and daily bowling specials-make bowling affordable and fun for families, units and school activities. All food is cooked to order and satisfies the hungriest of appetites.

Sembach Kaserne  
Monday-Friday, 3-10 p.m.  
Saturday and Sunday, 11 a.m.-5 p.m.  
Closed on Federal Holidays

## Warrior Zone

Enjoy the latest in video gaming technology to include Nintendo Wii and Xbox 360 entertainment systems and reclining gaming chairs with integrated sound and massage. The most popular games and videos are available for sign out or you can bring your own.

Located inside the ROB Java Cafe  
Monday-Friday, 6 a.m.-8 p.m.  
Saturday, 9 a.m.-8 p.m.  
Sunday and Training Holidays, 10 a.m.-6 p.m.

Located inside the Sembach  
Community Activity Center (SCAC)  
Monday-Thursday and Sunday, 12-10 p.m.  
Friday and Saturday, 12-11 p.m.  
Closed on Federal Holidays

Located inside the Sembach Bowling Center  
Monday-Friday, 7 a.m.-8 p.m.  
Saturday and Sunday, 11 a.m.-5 p.m.  
Closed on Federal Holidays

See Quick Reference Directory for location and contact info

# Child, Youth & School Services

the edge



**U.S. Army Child, Youth  
& School Services**

Child, Youth, and School Services (CYS Services) provides programs and services for children of eligible military and civilian Families. Within CYS Services you will find something to meet your children's needs, whether it is for:

- ▶ Full, part time or hourly child care
- ▶ Before/after school care
- ▶ Recreation activities for your middle school and teen youth
- ▶ Instructional classes
- ▶ Workforce preparation opportunities
- ▶ Sports and fitness activities

Today's CYS Services programs deemed a "model for the nation" by Presidential acclaim, continue to operate on these cornerstones:

- ▶ **Quality** – Child care is DoD-certified and nationally accredited

- ▶ **Availability** – Child care is available on- and off-post

- ▶ **Affordability** – Fees for various programs are competitively priced and affordable regardless of sponsor's income

Child, Youth & School Services mission is to enhance the readiness and well-being of families by providing affordable and quality programs and services for children and youth 4 weeks to 18 years of age.

CYS Services operates four Child Development Centers. One located at Kleber Kaserne and Miesau Depot and two on Landstuhl Post; one School Age Center and a Youth Center; located at both Landstuhl and Sembach. The Youth Sports & Fitness and Instructional Classes (SKIES Unlimited) have an annex at both Landstuhl and Sembach.

Landstuhl School Age Center (LSAC) and Sembach School Age Center (SSAC) are before and after school programs for school age children 1st - 5th grades. SSAC provides services for Kindergarten children with nutritious snacks and breakfast served daily.

All menus are approved through USDA and a local nutritionist to ensure they provide healthy and delicious food. Landstuhl and Sembach School Age Centers are members of the Boys and Girls Club of America, as well as partners with the 4H clubs. LSAC and SSAC offer a variety of developmentally appropriate activities throughout the school year and full day summer and winter camp programs. Clubs enrich the program by allowing the children to commit to 4-6 week classes that specialize in specific subjects. Subjects include: Sewing, Cooking, Woodworking, Chess, Technology, Drama, and Music.

The USAG-Kaiserslautern Child, Youth and School Services are staffed with early childhood and youth professionals who are committed to providing quality programming and maintaining the highest standards. All of the USAG Kaiserslautern Child and Youth programs are certified by the Department of Defense and are accredited by the National Association for the Education of Young Children (NAEYC) and the National Afterschool Association (NAA).

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## Advertisement

# Ramstein-Miesenbach Union Community

Ramstein-Miesenbach is the administrative center of the union community of Ramstein-Miesenbach which, with its approx. 18.000 inhabitants, is the largest union community in Kaiserslautern County.

Besides the city of Ramstein-Miesenbach, the following villages belong to the union community:

- Hütschenhausen consisting of Hütschenhausen, Spesbach and Katzenbach
- Kottweiler-Schwanden
- Niedermohr consisting of Niedermohr, Reuschbach and Schrollbach
- Steinwenden consisting of Steinwenden, Weltersbach and Obermohr

In the last few decades, Ramstein-Miesenbach has grown from a simple farming village into an

attractive city which offers all services its citizens and visitors require.

A significant economic and social event occurred in 1951 when Ramstein Air Base was built which today is the home of the Headquarters of the US Air Forces in Europe (USAFE) and NATO-Headquarter Allied Air Command. The city provided the base approximately one third of its 4.300 hectares of land. With about 3.000 civilian employees the U.S. Air Base is the city's most important employer. There are some 9.000 military personnel stationed at Ramstein along with approx. 16.000 family members. The information center at the KMCC shopping center on Ramstein Air Base informs English-speaking visitors about sights, attractions and events in

the Ramstein and Kaiserslautern area and in the state of Rheinland-Pfalz.

Infocenter Window to Rheinland-Pfalz, Building 3336 (KMCC), Ramstein Air Base  
[www.ramstein-gateway.com](http://www.ramstein-gateway.com)  
[kmcc@infocenter-ramstein.de](mailto:kmcc@infocenter-ramstein.de)  
 phone: 06371 / 406208

Ramstein-Miesenbach has numerous commercial enterprises, state-of-the-art sports facilities, excellent medical care and a rich cultural life. The city has all levels of schools as well as more than 50 private clubs, associations and organizations that host a variety of events throughout the year which greatly enhance the community's social, cultural and sportive life. With two carnival organizations Ramstein-Miesenbach is considered the region's



**Ramstein Carneval Parade**



**Ramstein Farmers Market**

carnival center. The annual highlight is the carnival parade which is held on Shrove Tuesday. Each year it attracts tens of thousands of spectators.

The "Haus des Bürgers", Ramstein's cultural and conference center, is host to numerous national and international stars every year. The facility was completed in 1986 and has a seating capacity for up to 800 people. It is also suitable for conferences and meetings and houses the city library and the youth office.

[www.hausdesbuergers.de](http://www.hausdesbuergers.de)  
[hdb@ramstein.de](mailto:hdb@ramstein.de)  
 phone: 06371 / 592-220

The city museum "Museum im Westrich", which is located in the old 1750 city hall hosts a permanent collection of cultural items and regularly features special exhibits. The Center for Documentation and Exhibition of the History of US Americans in the Rhineland Palatinate (called Docu-Center Ramstein – "dcr") focuses on all the aspects of German-American partnership, as the Americans have deeply influenced this region since Ramstein Air Base was established in the 1950s.

[www.dc-ramstein.de](http://www.dc-ramstein.de)  
[info@dc-ramstein.de](mailto:info@dc-ramstein.de)  
 phone: 06371 / 838005

Ramstein-Miesenbach has lots to offer to people seeking recreation and relaxation. The "Pfälzer Wald" Nature Park, a large continuous forest area, is close-by and the "Westpfalz Wanderweg", an extensive network of hiking paths, passes right through the community. Hikers and bikers can enjoy a comprehensive network of local hiking and bicycle paths. A multitude of sports and recreational

events hosted by private clubs organizations enable personal contacts with the local population in addition to providing excellent recreational opportunities. When physical activities are completed, people meet in the many pubs and cafes for social get-togethers or enjoy local and international cuisine in one of the community's many restaurants.

The AZUR Water World is one of the most attractive swimming and recreational pools in the entire county of Kaiserslautern and provides year-round indoor/ outdoor recreation for people of all ages.

[www.freizeitbad-azur.de](http://www.freizeitbad-azur.de)  
[info@freizeitbad-azur.de](mailto:info@freizeitbad-azur.de)  
 phone: 06371 / 71500

**Come and discover your hometown – you are very welcome!**



**Haus des Bürgers**  
**Culture and Conference Center**  
**Ramstein-Miesenbach**  
 Am Neuen Markt 4 - 66877 Ramstein-Miesenbach

**Haus des Bürgers**  
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**phone (06371) 592-220 fax (06371) 592-218**  
**e-mail: [HdB@ramstein.de](mailto:HdB@ramstein.de); Internet: [www.hausdesbuergers.de](http://www.hausdesbuergers.de)**

# Child, Youth & School Services

New and currently enrolled patrons must complete and update registration annually through the Parent Central Services Enrollment & Registration office. We now have two locations to serve you on Pulaski Barracks and at FMWR One Stop on Landstuhl Post. Both offices are closed on Federal Holidays.

## Programs:



### **EDGE! (Experience, Develop, Grow and Excel)**

**Out-of-School Time Learning Opportunities / Ages 6-18**

<b>Art EDGE!</b>	Promotes learning by-doing and focuses on the development of lifetime skills through exposure to the arts. Art EDGE! activities increase creative development while building self-esteem
<b>Fit EDGE!</b>	Educates and encourage children and youth to incorporate a healthier lifestyle through physical activity and nutritional awareness programs
<b>Life EDGE!</b>	Imparts upon children and youth skills needed for life-long growth as well as the exploration of future career fields
<b>Adventure EDGE!</b>	Encourages children and youth to embrace the outdoors and nature while being exposed to activities that stimulate relaxation



SKIES Unlimited\*

### **Extracurricular Instructional Classes / Birth-18 years**

SKIES Unlimited stands for "School of Knowledge, Inspiration, Exploration and Skills" with the word "Unlimited" for the unlimited possibilities that this program provides children and youth:

All participants must be registered with CYS Services

Children and Youth that are currently registered in CYS Services can be enrolled for SKIES using WebTrac.

Youth Sports and Fitness- By partnering with 4H, Boys and Girls Clubs of America and other local sporting clubs, we are able to offer the highest quality individual and team sport opportunities.



### **HIRED! - Workforce Preparation Program**

**Workforce Preparation Program / Ages 15 to 18**

HIRED! helps teens explore career opportunities and prepare to enter the workforce. Youth apprentices experience working in a paid position and participate in workforce-preparation and post-secondary education exploration classes.

- ▶ An apprenticeship term is 12 weeks and the apprentice must commit to 15 hours within a seven-day period
- ▶ Apprentices obtain a cash award, at the end of the apprenticeship period, and a certificate from Kansas State University
- ▶ Registration for HIRED! is through the Youth Program

# Child, Youth & School Services

The School Liaison Officer's purpose is to provide support to Home School groups, assistance with school related issues, transitions, and youth sponsorship.

## School Liaison Services is designed to:

- ▶ Help in easing the education transitions experienced by mobile military children and youth by addressing barriers and education concerns resulting from the military lifestyle.
- ▶ Facilitate the delivery of quality school transition and education support services
- ▶ Assist parents with easing the impact of the mobile military lifestyle on the academic success of military children

School Liaison Services offers assistance to families on their educational needs, educates parents on programs available to youth in the community, and helps build a connection between families, schools, and communities.



[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)





discover  
explore  
participate  
experience  
understand ...

Opening Hours: Monday - Friday: 9 a.m. - 6 p.m. • Saturday • Sunday • Holiday: 10 a.m. - 6 p.m.

**DYNAMIKUM**  
Science Center  
Pirmasens

DYNAMIKUM  
Im Rheinberger • Fröhnstraße 8 • 66954 Pirmasens  
Phone: 0 63 31 - 2 39 43 -0

[www.dynamikum.de](http://www.dynamikum.de)

## Pirmasens Dynamikum Science Center–Fun and Games and a Lot to Learn

The Pirmasens Dynamikum is the first and hitherto only science center in the Rhineland-Palatinate. It is a hands-on museum that invites its visitors of all ages to explore its 4,000 square meters, offering a great variety of natural and technical phenomena at interactive experiment stations. Here they can quench their thirst for knowledge in an entertaining way. The Dynamikum differs from other comparable museums by maintaining a sustained central concept of movement in a total of eight sections; it addresses children and teenagers, who obtain new and spectacular access to the world of natural sciences in ideal supplementation of school lessons, but is attractive for adults as well. At regular intervals, special exhibitions are staged and attractive programs offered, such as sport stacking workshops or special vacation and holiday activities. In addition, the Dynamikum is ideal as a venue for children's birthday parties and company functions and has rooms which can be used for lectures and extra school courses. In the Strecktal country park directly adjoining the Dynamikum, there is also a Disc Golf course with twelve holes. Golf Discs can be hired or bought at the Dynamikum. Further infos available at [www.dynamikum.de](http://www.dynamikum.de).

**Further information, Dynamikum, Im Rheinberger, Fröhnstrasse 8, D-66954 Pirmasens**  
Phone: +49/(0)6331/23943-0, Fax: +49/(0)6331/23943-28, <http://www.dynamikum.de>, [info@dynamikum.de](mailto:info@dynamikum.de)



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former USAF

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im Mediceum Landstuhl

Kaiserstraße 171  
66849 Landstuhl

Tel.: 06371-1300921





## Child, Youth & School Services

Enroll your child in some of the fine programs at Child, Youth and School Services! Enjoy programs such as Edge!, SKIESUnlimited, Youth Sports and Fitness, Hired, and much more.

### Parent Central Services

Pulaski Barracks

Monday-Friday, 9 a.m.-5 p.m.

Landstuhl Post

Monday-Friday, 10 a.m.-5 p.m.

- Edge! Program
- SKIESUnlimited
- Youth Sports

Sembach Kaserne

Monday, Wednesday, Friday  
1:30 p.m.-4:30 p.m.

### School Liaison Officer

Pulaski Barracks

Monday-Friday, 7:30-4:30 p.m.

### Child Development Center

Kleber Kaserne

Landstuhl CDC 1 and 2

Miesau Army Depot

All CDCs: Monday- Friday, 6 a.m.- 6 p.m.

### Youth Center

Landstuhl Post

Monday-Friday, 2:30-7 p.m.

Non School Days 8 a.m.-6 p.m.

Sembach Kaserne

Monday-Friday, 2:30-6 p.m.

### School Age Center

Landstuhl Post

Monday-Friday, 6-8 a.m. and 4:45-6 p.m.

Non School Days, 6 a.m.-6 p.m.

Sembach

Monday-Friday, 6-8 a.m.

Non School Days, 6 a.m.-6 p.m.

### Hired! Program

Landstuhl Post

Teen Apprenticeship Program

Monday-Friday 9 a.m.-6 p.m.

See Quick Reference Directory for location and contact info

# Save Money while shopping in Germany

Save money when shopping on the economy by using Value Added Tax (VAT) forms. VAT forms permit US Forces members to save the value added tax (VAT - currently set at 19% on goods/services and 7% on groceries) on authorized purchases at participating stores in Germany.

The Value Added Tax (VAT) program permits US Forces members to make common purchases without paying the 19% Value-Added Tax (VAT), including:

Groceries, Clothing, Furniture, Light fixtures, Electronics, Car repairs

## How do you buy a Vat Form?

Visit the VAT office and register for tax relief.

Determine the type of tax relief purchase you need:

## Under 2,500 Euro

- ▶ You may acquire up to 10 forms at one time.
- ▶ The forms are valid for 2 years from issue.
- ▶ The forms may be used by authorized family members only.

## Over 2,500 Euro

- ▶ You first need to obtain a cost estimate made out to the tax relief office
- ▶ The VAT Office will process the application, the German tax document (Abwicklungsschein) and the payment method that the vendor and customer select (e.g. certified US dollar or Euro check).

\*You then deliver the payment along with the purchase order to the German company to place the order.

## Utility Tax Avoidance Program (UTAP)

Is a voluntary membership-type program open

to US military and authorized civilian members of the U.S. Forces who occupy economy housing in Germany. The program can save 19% tax on electricity and gas and 7% on water (certain conditions have to be met). Value Added Tax (VAT) forms permit US Forces members to save the value added tax (VAT - currently set at 19% on goods/services and 7% on groceries) on authorized purchases at participating stores in Germany.



# Need a job? Family and MWR could be the place for you

## Non-Appropriated Funds Civilian Personnel Office (NAF CPO)

Taking care of our customers begins with taking care of you, our employees. We are committed to providing a strong, supportive environment where you can thrive. To that end, we promise to position you for success with:

- ▶ A robust orientation to welcome you to the Family and MWR team.
- ▶ Clear performance standards for service excellence
- ▶ Formal and informal training to develop skills

- ▶ Performance support tools to assist you on the job
- ▶ A holistic program of recognition and incentive to reward excellent service
- ▶ Career development opportunities to help reach your full potential

Family and MWR offers 401K, annual and sick leave, NAF retirement plan, health and life insurance, a flex spending account, post allowance (COLA), living quarters allowance, and PCS assistance (other conditions may apply). Visit our site and apply today!

NAF CPO looks to provide regular and part-time positions within the Non-Appropriated Funds community. NAF CPO offers a robust orientation to welcome you to the team and an abundance of tools and training to help develop your skills. Enjoy the benefits of working for Family and MWR and visit our website, [Kaiserslautern.armymwr.com](http://Kaiserslautern.armymwr.com) to apply, or visit the staff at Kleber Kaserne, building 3209, room 202. Please call for appointments (see phone directory).

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)



# Financial Management-Private Organizations and Unit Funds

**Private Organizations** play an important role in creating a positive community environment and improving the quality of life on Army installations. The Kaiserslautern community offers an array of private organizations within the area.

**Unit Funds:** Military personnel receive MWR support through participation in MWR activities at the installation to which they are assigned. This support is re-

ceived in form of Unit Funds. Unit Funds can be used for example for: Organizational Days or Formals/Balls.

Please contact the Family and MWR Financial Management Office for more information regarding both private organizations and Unit Funds within the USAG Kaiserslautern (see phone directory).

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)



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[www.nardliniklinikum.de](http://www.nardliniklinikum.de)

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## ZAR Landstuhl Therapy Center at St. Johannis Hospital

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- massage therapy
- manual lymph therapy
- occupational therapy
- medical training therapy
- electrotherapy
- physical therapy in the pool

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# Arts & Cultural - bring out your artistic side!

Kaiserslautern Arts & Cultural Center's development program offers diverse programs to enhance your educational, cultural, social and intellectual well-being.

Through participation in directed and self-directed activities, both hand and mind are synchronized. The process of creative problem solving develops mental agility, manual dexterity and self-confidence.

Open to all Soldiers, Families, Retirees and Army Civilians, Arts & Crafts centers offer studio space for ceramics, quilting, scrapbooking, matting and framing, pottery and stained glass making. Activities exist for people of all skill levels, and friendly, knowledgeable staff is ready to help bring your creative ideas to life. Arts & Crafts offers modern equipment, supplies for purchase and monthly workshops and classes in a variety of subjects.





## NAF Personnel Office

Looking for meaningful employment? Join the Family and MWR team as NAF CPO helps to provide regular and part-time positions within the community.

Kleber Kaserne

Monday, Tuesday, Thursday, Friday,  
8 a.m.-12 p.m. and 1 p.m.- 4 p.m.  
Wednesday, 8 a.m.-12 p.m.

## Value Added Tax Office

Stop by the Tax Relief Office for VAT Forms to save money on your purchases on the German economy.

Landstuhl Post

Monday-Friday, 10 a.m.-1 p.m.; 2-5 p.m.  
Closed on Federal Holidays

Sembach Kaserne

Monday, Wednesday, Friday, 9 a.m.-12 p.m.  
Closed on Federal and German Holidays

Pulaski Barracks

Monday-Friday, 10 a.m.-5 p.m.  
Closed on Federal Holidays

Kleber Kaserne

Monday, Wednesday, Friday, 10 a.m.-1 p.m.; 2-5 p.m.  
Closed on Federal Holidays

See Quick Reference Directory for location and contact info

# Auto Skills Centers

## For all things automotive-Auto Skills: advice, tools, equipment and more

Automotive Skills Centers provide facilities, tools, equipment, diagnoses, and instructions to patrons for maintenance and repair of personal motor vehicles on U.S. Army installations worldwide.

The Automotive Skills program assists in promoting self-reliance and skills development for individuals. It provides a safe work

area, proper equipment, a clean environment, and a method for significant cost reduction for personal automotive maintenance.

Services include but are not limited to:

- ▶ Oil changes
- ▶ Tire rotation and balancing
- ▶ Car wash and polish
- ▶ Agricultural cleaning for overseas shipping and work
- ▶ Tune-ups
- ▶ Break maintenance
- ▶ Exhaust
- ▶ Air conditioning

## Certified Mechanics are available at Pulaski Auto Skills and Landstuhl Auto Skills

For more information, stop in or call (see phone directory).

## Pulaski Auto Skills Tow Services

Tow services are now available through Pulaski Auto Skills. Services are by appointment only. For pricing and appointments call (see phone directory).

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)





## The Arts & Cultural Center

Arts & Cultural Center is open to all Soldiers, Families, Retirees, and Civilians and offers products and programming in do-it-yourself framing, custom framing, ceramics, fine arts, quilting, scrapbooking, sewing, photography, and has a large retail store with largest fabric selection in Europe.

Activities exist for people of all skill levels, and our friendly, knowledgeable and highly creative staff are ready to help bring your ideas to life.

Expand your cultural experiences just one exit away from the main hub of Kaiserslautern, next door at Daenner Kaserne. Let's Dance!

Daenner Kaserne

Hours of Operation

Tuesday-Saturday, 11 a.m.-7 p.m.

Closed on Federal Holidays

See Quick Reference Directory for location and contact info

# AUTO EXCHANGE

[autoexchangeonline.com](http://autoexchangeonline.com)

## Your Trusted Source for U.S. Specification Vehicles in the Kaiserslautern Military Community

For over 30 years, Auto Exchange has offered direct access to the widest range of factory military programs available to members of the U.S. Armed Forces and the Diplomatic community overseas. Our unique program provides new vehicles with exclusive savings and benefits. Whether you're currently stationed abroad, returning to the States, or moving to your next post, we can save you time and money.

### Why We're Different

Auto Exchange is privileged to represent some of the best selling automobiles sold in the market today. Our manufacturers have helped in developing this unique car buying program, to extend the special service and savings you deserve.

### Our Mission

Our mission is to provide our customers superior value in the purchase of a vehicle. We will continually create a stellar shopping, buying, and ownership experience by consistently exceeding each individual's needs and expectations.

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#### Kaiserslautern

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#### Ramstein

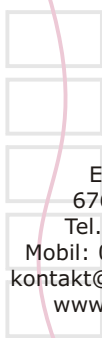
Landstuhler Str. 81, D-66877 • (0 63 71) 4 03 52-0

# BOSS



## Christian P. Schäfer

Doctor of Chiropractic  
Palmer College  
of Chiropractic, USA  
Doktor der Chiropraktik  
Heilpraktiker



Eisenbahnstraße 67  
67655 Kaiserslautern  
Tel.: 0631 - 626 0 123  
Mobil: 0176 - 217 44 000  
kontakt@chiropraktik-kl.de  
[www.chiropraktik-kl.de](http://www.chiropraktik-kl.de)

## Your Military family while away from home-BOSS

The Better Opportunities for Single Service members program represents the voice of the single service member. If you're a single service member, BOSS members advocate for you by advancing quality of issues on the installation, in the barracks, and to senior leaders on post and throughout the Army.

BOSS program is based on three program pillars:

- ▶ Quality of Life
- ▶ Community Service
- ▶ Recreation and Leisure

As a member of BOSS, you have voice in how you live, how you spend your leisure time and how you support the community around you. BOSS Soldiers coordinate and participate in community services projects, organize recreation and leisure activities and actively support the quality of life needs of single Soldiers. BOSS

membership and the program's available leadership and project management roles enhance your promotion packets.

Learn more about BOSS at [www.boss.armymwr.com](http://www.boss.armymwr.com).

Meetings are every other Thursday of the month at 1:30 p.m., Java Cafe, Rhine Ordnance Barracks. Contact the BOSS office to learn about trips, volunteer opportunities and BOSS events (see phone directory).


[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)

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[www.dr.doryumu.de](http://www.dr.doryumu.de)





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<b>Wed:</b>	<b>8.00-11.30</b>
<b>Thu:</b>	<b>8.00-11.30</b>
	<b>14.30-18.00</b>
<b>Fri:</b>	<b>8.00-13.00</b>

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## PRAXIS WHITE CHIROPRACTIC LANDSTUHL and KAISERSLAUTERN



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Doctor of Chiropractic, Palmer College  
Bahnstrasse 104, 66849 Landstuhl  
Tel.: 06371 - 917 - 717

Erik R. White, D.C.

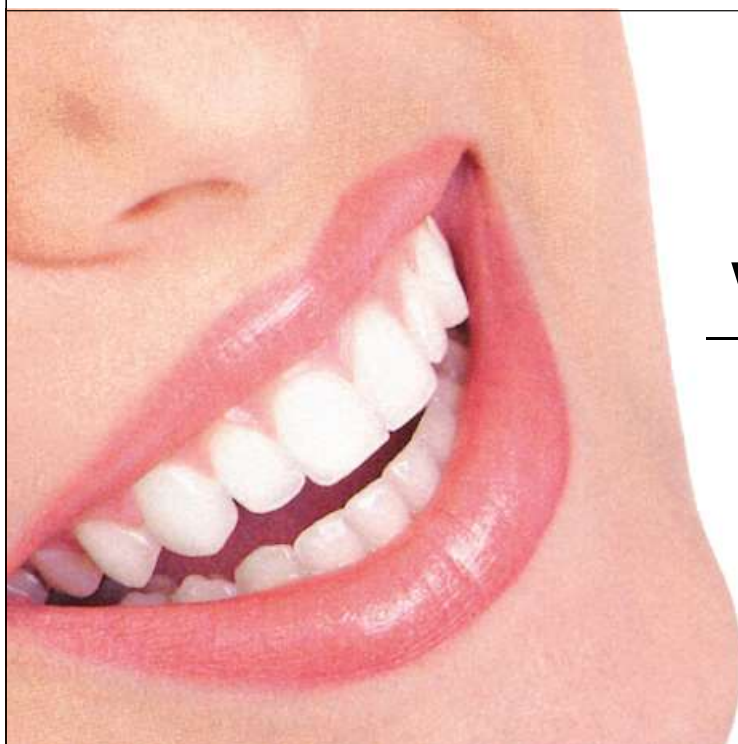
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AMERICAN STAFF



*TRICARE Preferred Provider*

# Libraries - The best place for all your entertainment need



From story hours and summer reading programs for children to book discussion groups, the Library has something for everyone. The KMC community has two libraries:

- ▶ Kaiserslautern Main Library located at Landstuhl Post
- ▶ Kleber Branch Library located at Kleber Kaserne.

Librarians are available to help you in your search to find quick answers, and point you to the best sources for in-depth research.

They can also assist in looking for colleges online, preparing for college entrance exams and finding college level material to write papers.

The library also offers an online account where patrons may order/request books or purchase music. On the U.S. Army Europe Libraries Web site (<http://www.library.ulinet.army.mil/index.htm>):

- ▶ Download eBooks, eAudio-books, eMusic, and eMovies

- ▶ Advance your career as a Soldier
- ▶ Bring the Library downrange! For deployed Soldiers
- ▶ Jump into content for children and teens
- ▶ Check out books, audiobooks, movies, music, and video games
- ▶ Get help with research and homework
- ▶ Request and renew materials with My Account

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)

## One Stop

The One Stop is here to help you get what you need, faster. Access to all of Family and MWR's programs, services and facilities. One Stop's are located on Landstuhl Post in the main Library, Bldg. 3810, Sembach Community Center, Bldg. 220, and Kleber Kaserne, Bldg. 3245, room 109. You can:

- ▶ Buy VAT forms from the Tax Relief Office
- ▶ Enroll your children in Child, Youth & School Services
- ▶ Enroll your children in Youth programs to include: Edge, SKIES Unlimited
- ▶ Information and Referral

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)

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## Kaiserslautern Libraries

Our Libraries have everything from light reading, story-time, and seasonal reading programs to foreign and independent film nights. Full online resources and internet access for all personal and educational needs at our two library locations in Landstuhl and Kleber Kaserne.

### Kaiserslautern Main Library

Monday-Thursday,  
10 a.m.-7 p.m.

Fri, 10 a.m.-5 p.m.

Sat, 9 a.m.-4 p.m.

Closed on Federal Holidays

### Kleber Branch

Monday-Friday,  
11 a.m.- 2 p.m.

and 3-6 p.m.

Closed on Federal Holidays

## Family and MWR One Stop

The One Stop is here to help you get what you need, faster. Buy VAT forms, enroll your children in Child, Youth & School Services and Youth programs, receive information and referral.

Sembach Kaserne

Monday- Wednesday, Friday, 1:30-4:30 p.m.

Landstuhl Post

Monday-Friday, 10 a.m.-1 p.m. and 2-5 p.m.

Kleber Kaserne

Monday-Friday, 10 a.m.-1 p.m. and 2-5 p.m.

See Quick Reference Directory for location and contact info

# Army Outdoor Recreation

## Explore Europe, try something new, have an adventure - Outdoor Recreation is the way to go

You will find a vast array of exciting activities at Kaiserslautern Outdoor Recreation (ODR). Meet new people, learn a new sport, or arrange a personalized activity for your own group of friends. From beginner to advanced excursions, Outdoor Recreation offers trips in biking, canoeing, rafting, skiing, snowboarding, hiking, canyoning and sky diving. Outdoor Recreation hosts families, singles and youth activities. From high adventure sky diving, to the quiet adventure of camping, we can put you in touch with your favorite pastime.

Looking to venture on a private holiday in Europe? Let ODR provide the transportation, equipment, and instruction (as required), and you provide the destination! ODR has buses available, including 44 and 49 passenger bus with a WC. Tell them where to go and they will supply the driver and a great time.

They also offer a charter service with a variety of different fares, depending on the occasion. If you are going to a theme park or planning a family, friends or Unit trip, give ODR a call!

### Equipment Rental

The Kaiserslautern Outdoor Recreation Program offers a long list of outdoor recreation equipment for rent at modest per-day rates. This is your one-stop rental facil-

ity for all your recreation needs. The outdoor equipment rental shop can supply you with gear for both winter and summer seasons. Call or come on down and check out our value pricing.

### Park Rental

Have your company organization day or family picnic with ODR! Pulaski Park is the perfect place to relax and unwind with friends, family and coworkers.

If you're planning to take a trip with Outdoor Recreation, be sure to go to the website, [Kaiserslautern.armymwr.com](http://Kaiserslautern.armymwr.com) for all the latest trips.

### Seeking Volunteers

ODR is seeking volunteers to assist with trips. If you are interested please call (see phone directory).

[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)





## Auto Skills

Services include anything from tire rotation and balancing to tune ups. Certified mechanics are also available.

## Army Outdoor Recreation

Meet new people, learn a new sport, or arrange a personalized activity for your own group of friends. The fun never stops with Outdoor Recreation! Book a seat on one of their many exciting trips, rent equipment for any event or outdoor leisure, or pick a destination and let ODR provide the transportation.

**Pulaski Barracks**  
Monday-Friday, 9 a.m.-6 p.m.  
Saturday, 9 a.m.-2 p.m.  
Closed on Federal Holidays

### Landstuhl Post

**Craft Shop**  
Monday-Friday, 12-7 p.m.  
Saturday and Sunday,  
10 a.m.-5 p.m.

**Speedy Lube**  
Monday-Friday, 12-7 p.m.  
Saturday, 10 a.m.-5 p.m.  
Sunday, 9 a.m.-5 p.m.

### Pulaski Barracks

**Craft Shop**  
Monday-Friday, 10 a.m.-8 p.m.  
Saturday, 8 a.m.-7 p.m.  
Sunday, 10 a.m.-5 p.m.

**Speedy Lube**  
Sunday-Friday, 9 a.m.-5 p.m.  
Saturday, 8 a.m.-5 p.m.  
Sunday appointments available

**All Auto Skills facilities are closed on Federal Holidays**

See Quick Reference Directory for location and contact info

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# Sport & Fitness

## Stay fit, active and Army Strong at our Fitness Facilities

The USAG Kaiserslautern Sports Department offers a wide variety of Sports & Fitness Programs, along with state-of-the-art cardiovascular and strength training machines & equipment, saunas, racquetball courts, group exercise classes and various health & wellness services.

### Locations:

- ▶ Landstuhl Post
- ▶ Sembach Kaserne
- ▶ Miesau Army Depot
- ▶ Rhine Ordnance Barracks
- ▶ Kleber Kaserne

Whether you are into football or basketball, body building or wrestling, Family and MWR provides all that fits your fitness needs. USAG Kaiserslautern Physical Fitness Centers offer a wide va-

riety of personal training options to meet your fitness goals and personal trainers are available at the facilities. Fees may vary.

Please contact your nearest Physical Fitness Center for a list of personal trainers. Appointments are scheduled by our trainers. For more information, contact the Fitness Coordinator (see phone directory located in the back).



[kaiserslautern.armymwr.com](http://kaiserslautern.armymwr.com)





## Kaiserslautern Sports and Fitness

With state of the art cardiovascular and strength equipment, full size locker rooms and built in saunas, all of your fitness needs are provided. Participate in a group fitness class, book a personal trainer, or simply workout in one of five fitness locations!

### Kleber Physical Fitness Center

Monday-Friday, 5:30 a.m.-9 p.m.  
Saturday and Sunday, 9 a.m.-4 p.m.

### Landstuhl Physical Fitness Center

Monday-Friday, 5 a.m.-10:30 p.m.  
Saturday and Sunday, 11 a.m.-6 p.m.

### Miesau Physical Fitness Center

Monday-Friday, 6 a.m.-8 p.m.  
Saturday, 9 a.m.-4 p.m.

### Sembach Physical Fitness Center

Monday-Friday, 5:30 a.m.-9 p.m.  
Saturday and Sunday, 9 a.m.-4 p.m.

### Rhine Ordnance Barracks Physical Fitness Center

Monday-Friday, 5 a.m.-8 p.m.  
Saturday and Sunday, 10 a.m.-5 p.m.

See Quick Reference Directory for location and contact info

All Physical Fitness Centers: Closed Federal Holidays, open Training Holiday, 8 a.m.-5 p.m.

# KMC Onstage "Bringing Broadway to You"

KMC Onstage is your source for quality entertainment, exciting productions, and creative outlet with a variety of volunteer opportunities to get you engaged and involved. Each season, KMC Onstage produces the best in community theatre with a stellar variety of contemporary and classic comedies, musicals, dramas, revues and family shows.

Each production has open tryouts and interviews for volunteer actors, singers, dancers, designers, painters, builders, and stage man-

agers. While prior experience is welcome, it is not necessary to become an active participant in professionally led, award-winning theatre productions. Talent contests are also held at least annually for those with an interest in being 'tested with the best' in the KMC.

KMC Onstage proudly hosts Armed Forces Entertainment. Musicians, comedians, cheerleaders and celebrities of sports, movies and television are just some of the talented people recruited to perform for our troops. It's their

way of saying "thank you" for the sacrifices U.S. military personnel make during their tour of duty.

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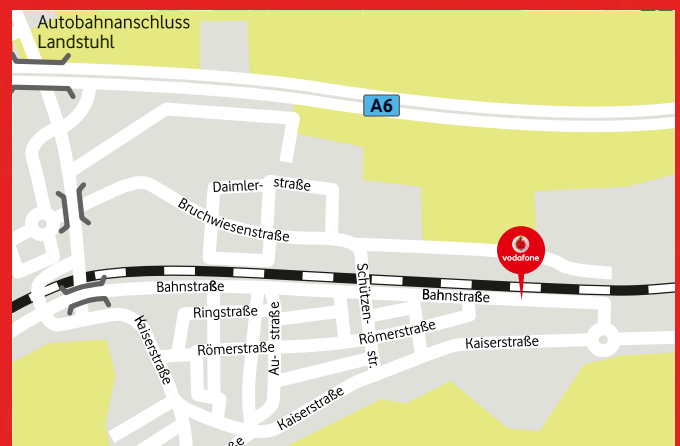
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## KMC Onstage Theater

Provides theatrical entertainment and fine arts education to the USAG Kaiserslautern community. Specializing in musicals, plays, competitive stage events and Armed Entertainment shows. KMC Onstage strives to introduce and entice the community with diverse offerings.

Kleber Kaserne  
Monday-Friday, 12-5 p.m.  
One hour before performances

## Java Café

Serving Starbucks coffee, Tazo teas, and other delicious hot and cold beverages, in addition to yummy baked goods, wraps and sandwiches. With WI-FI connection, large screen TV's, you'll be sure to enjoy your visit to the Java Café.

Kleber Kaserne  
Monday-Friday, 7 a.m.-5 p.m.  
Training Holidays, 7:30 a.m.-2 p.m.  
Open 1 hour prior to KMC Onstage performances and during intermission

Rhine Ordnance Barracks  
Monday-Friday, 6 a.m.-6 p.m.  
Saturday, 9 a.m.-6 p.m.  
Sunday, 10 a.m.-4 p.m.  
Training Holidays, 7 a.m.-3 p.m.

Sembach Kaserne  
Monday-Friday, 7 a.m.-5 p.m.  
Closed on all Holidays  
Landstuhl Post  
Monday-Friday, 6 a.m.-5 p.m.  
Closed on Training Holidays

**All Java Cafés are closed on Federal Holidays**

See Quick Reference Directory for location and contact info

# USAG Kaiserslautern, Family and MWR

## Quick Reference Directory

### Army Community Service (ACS)

**Pulaski Barracks, Bldg. 289 I**

Mon-Fri, 9 a.m.-5 p.m.  
DSN 493-4203/ Civ. 0631-3406-4203

### Army Outdoor Recreation

**Pulaski Barracks, Bldg. 2905**

Mon-Fri, 9 a.m.-6 p.m.  
Sat, 9 a.m.-2 p.m.  
DSN 493-4117/ Civ. 0631-3406-4117

### Auto Skills Centers

**Pulaski Barracks, Bldg. 2859**

DSN 493-4167/ Civ. 0631-3406-4167

**Craft Shop**

Mon-Fri, 10 a.m.-8 p.m.  
Sat, 8 a.m.-7 p.m.  
Sun, 10 a.m.-5 p.m.

**Speedy Lube**

Sun-Fri, 9 a.m.-5 p.m.  
Sat, 8 a.m.-5 p.m.  
(Sun appointments are available)

**Landstuhl Post, Bldg. 3800**

**Craft Shop**

Mon-Fri, 12-7 p.m.  
Sat and Sun, 10 a.m.-5 p.m..

**Speedy Lube**

Mon-Fri, 12-7 p.m.  
DSN 493-7335/ Civ. 06371-86-7335

**Auspuff Stein Auto Mechanic**

Mon-Fri, 8 a.m.-6 p.m.  
Sat, 9 a.m.-4 p.m.  
Civ. 06371-493-1628

**Landstuhl Post, Bldg. 97370**

**Speedy Wash**

Mon-Sun, 10 a.m.-6 p.m.  
DSN 486-5153/ Civ. 06371-86-5153

### Arts & Cultural Center

**Daenner Kaserne, Bldg. 3109**

Tue-Sat, 11 a.m.-7 p.m.  
DSN 483-6509/ Civ. 0631-411-6509

### Family and MWR One Stop

**Landstuhl Post, Bldg. 3810**

Mon-Fri, 10 a.m.-1 p.m.; 2-5 p.m.  
DSN 486-8146/ Civ. 06371-86-8146

**CYS Services**

DSN 486-8943/ Civ. 06371-86-8943

**Sembach Kaserne, Bldg. 220**

Mon, Wed & Fri, 1:30-4:30 p.m.  
DSN 496-5176/ Civ. 06302-67-5176

### Libraries

**Landstuhl Post, Bldg. 3810**

Mon-Thu, 10 a.m.-7 p.m.  
Fri, 10 a.m.-5 p.m.  
Sat, 9 a.m.-4 p.m.  
Closed Holidays  
DSN 486-7322/8390/ Civ. 06371-86-7322/8390

**Kleber Kaserne, Bldg. 3205**

Mon-Fri, 11 a.m.-6 p.m.; Closed 2-3 p.m.  
Closed Holidays  
DSN 483-1740/ Civ. 0631-411-1740

### Child, Youth & School Services

**Parent Central Services**

**Pulaski Barracks, Bldg. 2898**

Mon-Fri, 9 a.m.-5 p.m.  
DSN 493-4516/4122/ Civ. 0631-3406-4516/4122

**Child Development Center (CDC)**

**All CDCs: Mon-Fri, 6 a.m.- 6 p.m.**

**Kleber Kaserne, Bldg. 3224**

DSN 483-8307/7049/ Civ. 0631-411-8307/7049

**Landstuhl Post, Bldg. 93802**

DSN 486-7350/8254/ Civ. 06371-86-7350/8254

**Miesau Army Depot, Bldg. 1314**

DSN 481-3774/3639/ Civ. 06372-842-3774/3639

**School Age Center (SAC)**

**Landstuhl Post, Bldg. 3581**

Mon-Fri, 6-8 a.m. and 4:45-6 p.m.  
Non School Days, 6 a.m.-6 p.m.  
DSN 486-7281/6646/ Civ. 06371-86-7281/6646

**Sembach Kaserne, Bldg. 17, Rm. 9 and 10**

Mon-Fri, 6-8 a.m.  
Non School Days, 6 a.m.-6 p.m.  
DSN 496-4311/ Civ. 0160-9066-4311

**Youth Center**

**Landstuhl Post, Bldg. 3819**

Mon-Fri, 2:30-7 p.m.  
Non School Days 8 a.m.-6 p.m.  
DSN 486-8658/ Civ. 06371-86-8658

**Sembach Kaserne, Bldg. 3, Rm. 274 and 275**

Mon-Fri, 2:30-6pm  
DSN 496-7058 Civ. 06302-67-7057

**Landstuhl Youth Sports**

**Landstuhl Post, Bldg. 3701**

DSN 486-8375/ Civ. 06371-86-8375

**Sembach Fitness Center, Bldg. 105**

DSN 496-7607/ Civ. 0630-267-707

**SkiesUnlimited**

**Landstuhl Post, Bldg. 3701**

DSN 486-5414/ Civ. 06371-86-5412

**Edge! Program**

**Landstuhl Post, Bldg. 3810**

DSN 486-8991/ Civ. 06371-86-8991

**Hired! Program**

**Landstuhl Post, Bldg. 3819**

DSN 486-8915/ Civ. 06371-86-8915

**School Liaison Officer**

**Pulaski Barracks, Bldg. 2917**

DSN 493-4123/ Civ. 0631-3406-4123

### Java Café

**All Java Cafés are closed Federal Holidays**

**Kleber Kaserne, Bldg. 3232 (inside KMC Onstage)**

Mon-Fri, 7 a.m.-5 p.m.  
Training Holidays 7:30 a.m.-2 p.m.  
DSN 483-8063/ Civ. 0631-411-8063

**Rhine Ordnance Barracks, Bldg. 273**

Mon-Fri, 6 a.m.-6 p.m.  
Sat, 9 a.m.-6 p.m.  
Sun, 10 a.m.-4 p.m.  
Training Holidays, 7 a.m.-3 p.m.  
DSN 493-2623/ Civ. 0631-3406-2623

**Landstuhl Post, Bldg. 3774**

Mon-Fri, 6 a.m.-5 p.m.  
Closed Training Holidays  
DSN 486-7666/ Civ. 06371-86-7666

**Sembach Kaserne, Bldg. 109**

Mon-Fri, 7 a.m.-5 p.m.  
Closed Training Holidays  
DSN 496-7130/ Civ. 06302-67-7130

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Registration for Utility Tax Avoidance Program (UTAP) is a tax savings that is open to all military and authorized members of the U.S. Forces who occupy off-base housing. There is a one-time service fee charged by your VAT office upon registration.

For more Information please contact the Value Added Tax (VAT) office near you:

**Ramstein Air Base, Bldg 2118**  
DSN:480-5309, CIV:06371-47-5309

**Kleber Kaserne, Bldg 3245, Rm 109**  
DSN:483-1780, CIV:0631-411-1780

**Landstuhl, Bldg 3810**  
DSN:486-1780, CIV:06371-86-1780

**Pulaski Barracks, Bldg 2925, Wing C**  
DSN:493-1780, CIV:0631-3406-1780

**Miesau Army Depot, Bldg 1204**  
DSN:481-3852, CIV:06372-842-3852

Payments made easy: When you come by to open or close your account, please bring along the meter number and meter reading for each type of service. Set payments are due every month. Payments are usually based on house size, previous customer usage and number of occupants. Payments go into a holding account for your annual meter reading. To simplify payments we recommend setting up automatic withdrawal from your bank account.

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Once you have a customer account, you can also use our online customer service at [www.swk-kl.de](http://www.swk-kl.de).



## Armstrong's Club

**Vogelweh Housing, Bldg. 1036**

### Game Room

Mon-Thu, 11 a.m.-11 p.m.  
Fri, 11 p.m.-2 a.m.  
Sat, 2 p.m.-2 a.m.  
Sun, 2 p.m.-11 p.m.

### Irish Pub Grill

Lunch: Mon-Fri, 11 a.m.-2 p.m.  
Dinner: Mon-Thu & Sun, 5-10 p.m.  
Sat, 5 p.m.-midnight.  
Delivery available Mon-Sat  
Civ. 0631-350-8589

### Irish Pub Bar

Mon-Thu, 5-11 p.m.  
Fri & Sat, 5 p.m.-2 a.m.  
Sun, 4-11 p.m.  
Civ. 0631-354-9986

### Armstrong's Catering

Book an appointment.  
Civ. 0631-350-7919

## Kaiserslautern Community Activity Center (KCAC)

**Daenner Kaserne, Bldg. 3109**

Mon-Fri, 8 a.m.-4:30 p.m.  
DSN 483-6500 / Civ. 0631-411-6500

### KCAC Bistro

Breakfast: Mon-Fri, 6:30-10 a.m.  
Lunch: Mon-Fri, 11 a.m.-2:30 p.m.  
Closed Training and Federal Holidays  
DSN 483-6505/ Civ. 0631-411-6505

### Arts and Cultural Center

Tue-Sat, 11 a.m.-7 p.m.  
DSN 483-6509/ Civ. 0631-411-6509

## Sembach Community Activity Center (SCAC)

**Sembach Kaserne, Bldg. 220**

Mon-Thu, 7 a.m.-12 a.m.  
Fri & Sat, 7 a.m.-2 a.m.  
Sun 10 a.m.-12 a.m.  
DSN 496-5180/ Civ. 06302-67-5180

### Manhattan Lounge

DSN 496-5178/ Civ. 06302-67-5178

### Dining

DSN 496-5178/ Civ. 06302-67-5178

### One Stop Shop: VAT & CYS Services

DSN 496-5175/ Civ. 06302-67-5175

### Warrior Zone

DSN 496-5177/ Civ. 06302-67-5177

## Kazabra Club

**Vogelweh, Bldg. 2057**

Wed, 5-10 p.m.  
Thu, 6 p.m.-midnight  
Fri, 6 p.m.-1 a.m.  
Sat, 7 p.m.-4 a.m.  
Sun, 2-7 p.m.  
DSN 489-7261/ Civ. 0631-536-7261

**Kazabra Bingo Palace**

Wed, 7 p.m.  
Fri, 8 p.m.  
Sun, 3 p.m.

## Landstuhl Community Club

**Landstuhl Post, Bldg. 3780**

Mon-Thu, 11 a.m.-10 p.m.  
Fri, 11 a.m.-midnight  
Sat, 5 p.m.-midnight  
Sun, 5-10 p.m.  
Lunch: Mon-Fri, 11 a.m.-1 p.m.  
DSN 486-6107/ Civ. 06371-86-7244

## KMC Onstage

**Kleber Kaserne, Bldg. 3232**

Tue-Fri, 12-5 p.m.  
DSN 483-6626/ Civ. 0631-411-6626

## Sembach Bowling Center

**Sembach, Bldg. 104**

Mon-Fri, 3-10 p.m.  
Sat and Sun, 11 a.m.-5 p.m.  
DSN 496-7569/ Civ. 06302-67-7569

## Sports & Fitness

**All Physical Fitness Centers:** Closed Federal Holidays, open Training Holiday, 8 a.m.-5 p.m.

### Kleber Physical Fitness Center

**Kleber Kaserne, Bldg. 3235**

Mon-Fri, 5:30 a.m.-9 p.m.  
Sat and Sun, 9 a.m.-4 p.m.  
DSN 483-7549/7610/ Civ. 0631-411-7510/7610

### Landstuhl Physical Fitness Center

**Landstuhl Post, Bldg. 3720**

Mon-Fri, 5 a.m.-10:30 p.m.  
Sat and Sun, 11 a.m.-6 p.m.  
DSN 486-7172/ Civ. 06371-86-7172

### Miesau Physical Fitness Center

**Miesau Army Depot, Bldg. 1220**

Mon-Fri, 6 a.m.-8 p.m.  
Sat, 9 a.m.-4 p.m.  
DSN 481-3797/ Civ. 06372-842-3797

### ROB Physical Fitness Center

**Rhine Ordnance Barracks, Bldg. 172**

Mon-Fri, 5 a.m.-8 p.m.  
Sat and Sun, 10 a.m.-5 p.m.  
DSN 493-2241/ Civ. 0631-3406-2241

### Sembach Physical Fitness Center

**Sembach, Bldg. 105**

Mon-Fri, 5:30 a.m.-9 p.m.  
Sat and Sun, 9 a.m.-4 p.m.  
DSN 496-7530/ Civ. 06302-67-7530

## Better Opportunity for Single Soldiers (BOSS)

**Pulaski Barracks, Bldg. 2929 2nd Floor, Rm. 201**

DSN 493-4344/ Civ. 0631-3406-4344

## Value Added Tax Office (VAT)

**Landstuhl Post, Bldg. 3810 (Inside FMWR One Stop)**

Mon-Fri, 10 a.m.-1 p.m. 2-4:30pm  
Closed on Federal Holidays  
DSN 486-1780/ Civ. 06371-86-1780

**Pulaski Barracks, Bldg. 2925, Wing C**

Mon-Fri, 10 a.m.-5 p.m.  
Closed on Federal Holidays  
DSN 493-1780/ Civ. 0631-3406-1780

**Sembach Kaserne, Bldg. 220 (Inside SCAC)**

Mon, Wed & Fri, 9 a.m.-12 p.m.  
DSN 496-5175/ Civ. 06302-67-5175

**Kleber Kaserne, Bldg. 3245, Room 109**

Mon, Wed and Fri, 10 a.m.-1 p.m. and 2-5 p.m.  
DSN 483-1780/ Civ. 0631-411-1780

## NAF Personnel Office

**Kleber Kaserne, Bldg. 3209, room 202**

Please call for appointments  
DSN 483-4851/ Civ. 0631-411-4851

## Financial Management

**Pulaski Brks., Bldg. 2925, Wing B**

DSN 493-4184/ Civ. 0631-3406-4184

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#### Heidelberg

Hebelstrasse 3  
69115 Heidelberg  
Tel: 06221 144 90

#### Wiesbaden

Ludwig-Wolker-Str. 14  
55252 Mainz-Kastel  
Tel: 06134 567 80

#### Spangdahlem

Im Kreuzgarten 1 A  
54529 Spangdahlem  
Tel: 06565 93 69 90

### Italy

#### Aviano

Via Pordenone 48D  
33081 Aviano (PN)  
Tel: 0434 676 613

#### Naples

Tel: 0434 676 613  
Email: [Naples@pentagoncarsales.com](mailto:Naples@pentagoncarsales.com)

#### Sigonella

Tel: 0434 676 613  
Email: [Sig@pentagoncarsales.com](mailto:Sig@pentagoncarsales.com)

#### Vicenza

Viale Della Pace 254  
36100 Vicenza (VI)  
Tel: 0444 91 09 38

### Spain

#### Rota

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