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WELCOME TO BAMBERG

Welcome to Warner Barracks and the gracious city of Bamberg!

Bamberg is a fantastic city offering immense opportunities and experiences. People travel from all over the world to visit this Upper Franconian town in northern Bavaria that you can call your home away from home.

For a mid-size town, Bamberg offers great attractions and entertainment. Besides its impressive sights, like the Altenburg Castle, New Residence and Cathedral, the city offers world-class entertainment like the Bamberg Symphony and German basketball champions Brose Baskets. The Aero Club offers glider flights less than a mile away from Warner Barracks and there is plenty of shopping in the area. Bambados, a water park expected to open in 2011, is right outside the gate and will be Europe's most energy efficient water park. There are also many other water parks located within an hour's drive of Bamberg.

Journey through the beautiful cobblestone streets in downtown and enjoy some of the best festivals Germany has to offer. Public transportation in Bamberg is inexpensive and I would ask all those who are stationed in Bamberg to travel downtown on the bus to enjoy some of the annual festivities.

I would also encourage you to take part in the traditions and culture of this beautiful town. The brewing industry is embedded in Franconian culture and Bamberg offers some of the best beer in the world.

Bamberg's rich history offers a unique perspective to its visitors. Renaissance and Baroque art can be seen on many of the buildings and sculptures downtown.

Almost one out of every 10 people in Bamberg is American and we enjoy an excellent relationship with our German hosts. We work hand-in-hand with local businesses and community leaders every day to help make sure our military community members are well taken care of. The Kontakt Club, which is a German-American friendship club, provides outreach programs that extend the goodwill of our partnership with the community.

Your participation in on-post and off-post programs and events is highly encouraged. Looking back years from now, I hope you will be able to say you enjoyed your tour in Bamberg and will remember this city as one of the greatest places you have ever lived.

Sincerely,

Lt. Col. Steven L. Morris
Commander, U.S. Army Garrison Bamberg



A warm welcome to Bamberg! Being far from home and sometimes far away from your family, our city welcomes you with open arms.

Many people who visit Bamberg for the first time immediately fall in love with the Upper Franconian city in the north of Bavaria. Impressive sights like the emperor's cathedral (Kaiserdom), the old city hall (Altes Rathaus), little Venice (Klein Venedig) or the new residence (Neue Residenz), with its rose garden, as well as many picturesque streets, places and small alleys create a unique flair. Residents as well as tourists appreciate and marvel the very high quality of life Bamberg has to offer.

Thus the title "Franconian Rome" or "A Vision of a City" was bestowed upon Bamberg already. We are especially proud that Bamberg is again and again selected as the most favorite U.S. garrison in Europe. These commendations mean that our many efforts for good contacts and true togetherness with our American friends are bearing fruit. We will continue to work on the German-American partnership in the future and, therefore, very much hope that Bamberg stays an important garrison for the U.S. Army beyond 2013.

I wish that you, too, will soon find out that it's great to live in our city. In any case, I am cordially inviting you to get to know Bamberg with all its facets. Aside from the aforementioned sights, which the "Bamberger Reiter" (Bamberg horseman) inside the Kaiserdom is part of, beer and bratwurst or the good Franconian snacks at the Bamberg Kellers (cellars and beer gardens) should be part of your tour. There are nine independent breweries in Bamberg that offer a unique selection of beer. Additionally, we are part of a region with the highest density of breweries, the most bakeries and butcher shops. In Bamberg, there is not only a lot to see, but also a lot to taste; as we all know, the way to a man's heart is through his stomach.

You may have already noticed: what is special about Bamberg cannot be reduced to a slogan. You have to experience Bamberg! I hope you have a great time doing that. By the way, the many cultural and sports events and other leisure time offers in Bamberg and its surrounding areas can be easily reached by city busses.

In any case, I wish you a great time in our city and again cordially welcome you.

Yours

Andreas Starke
Lord Mayor of the city of Bamberg



INDEX



Foto: Stadt Bamberg, Pressestelle

All about Bamberg

Welcome to Bamberg	1
Bamberg's Best: Bishops, Baroque and Beer	4
Tour Under Bamberg – discover 7.5 miles of tunnels that wind under the city's old town	20
Join a club	24

All about the Garrison

Impressum	25
AAFES	26
Challenges ahead – Get fit, don't quit!	28
Within the Pales of the Church	38
Why should you combat Global Warming and save Energy?	40
Riding the Rails in Germany	44
Take a Trip to the Enchanting Heart of Europe: Prague	46
Family Affairs – Get Creative at the Stable Theater	50

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ALL ABOUT BAMBERG

BAMBERG'S BEST: BISHOPS, BAROQUE AND BEER *by Alice Verberne*

Did you know that Bamberg's beer brewing industry dates back more than 900 years ago and has the highest concentration of breweries in Germany?

Come and see for yourself, the wonderful and simply awe-inspiring Baroque architecture that will keep you wanting to see more in pursuing the knowledge of what makes these buildings the most covered buildings in Europe. Here we set out to introduce you to the many cultures and points of interest

that Bamberg has to offer, which many as of yet, are not. Known by people new to Bamberg.

Find out all you need to know about the longest and most enjoyed traditions this town has to offer, namely the production and partaking of beer and all that goes with it. From its first fruition in the middle ages, in order to pay taxes, to today's culture of the "drink and go" modern world, Bamberg's best will satisfy you only the way Bavarian beer can.



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ALL ABOUT BAMBERG

BAMBERG'S BEST: BISHOPS, BAROQUE AND BEER



Foto: Stadt Bamberg, Pressestelle

There are three basic facts Americans stationed in Europe should know about Bamberg:

Fact 1:

Bamberg is considered one of the most beautiful places in Europe.

In 1993, its old town was recognized as a World Heritage Site under the United Nations Educational, Scientific, and Cultural Organization (UNESCO). It has retained its medieval look and was one of the few German cities that sustained virtually no damage during WWII with over 3,000 historic buildings surviving intact.

Fact 2:

The Baroque architecture is not what draws most of the Americans. The military base located in Bamberg is the home to about 8,000 United States citizens associated with the U.S. Army.

Fact 3:

Historically, Bamberg has the world's highest concentration of breweries, making it the epicentre for beer-lovers. Bamberg's brewing industry goes back almost 900 years started by monks who founded the

medieval abbeys. Bamberg is a great place to have a brew and enjoy the view. But why does Bamberg have the highest concentration of breweries in Germany?

After visiting the town four times, scanning information and interviewing locals, I came up with a theory: It's plausible that Bamberg won the honor because it had all the right elements at the right time and just about everyone in town seemed to unwittingly add to the cause:

Back in the old days, beer could not be bottled and in essence was a perishable commodity. In other words, it had to be kept cold and fresh in order to sell it. Bamberg came up with a primitive but imaginative refrigeration system.

The miners helped

Bamberg had a natural resource: sand. The holes dug by miners over a thousand years resulted in a vast tunnel system that stays at a constant temperature – making it a natural icebox and an ideal space to store beer. Since there were miles of tunnels, the ability to store tons of beer was available, giving Bamberg the “home court advantage” in the beer industry before modern refrigeration.



ALL ABOUT BAMBERG

BAMBERG'S BEST: BISHOPS, BAROQUE AND BEER

The merchants helped

Bamberg's Jewish merchants traded grain through the Regnitz and Main river lock (waterway) system – thus providing a consistent source of supplies for the brewer's recipe even though the ingredients for brewing beer are not grown near Bamberg.

The monks helped

The ecclesiastical center of the region was located in Bamberg, giving its religious leaders enormous power, education and wealth. The monks were the master brewers. Beer was so important in the Middle Ages that it was collected in lieu of money to pay taxes.

One may imagine that Bamberg's powerful clergy, its ample grain and hops resources and natural refrigeration system would have made an ideal environment to distill and produce some of the best beer and keep it fresh for the market well into the warmer summer months. The following pages will explain more about Bamberg and its brewing tradition and how you can sample some of the best beer in Germany.

It started with the church

The beer making monks who originally settled in Bamberg were from the Benedictine Abbey of Fulda. They more than likely used the famous bottom fermenting method for producing their beer. Ever since then, the local brewers have been using these top-

notch skills, crafting traditional brews in old-fashioned yet adventuresome styles.

Master brewers

Even today, the Brewmeisters do not seem to be afraid of giving their beers some individuality. Bamberg is home to nine breweries which is quite impressive for a small university town of only 70,000 people (8,000 of whom are students). Locals can't complain about the abundance of their wonderful Franconian Kellerbeer, which is typically unfiltered and stored in oak barrels – like in the old days. It is so renowned that it is considered "the best standard strength lager brewed anywhere in the world," according to beer specialist and writer Ron Pattison.

Did someone BBQ my beer?

You may not find the most distinctive and high quality beer in town very tasty. It is called Rauchbier, or smoked beer.

Reviews of this beer described it as having flavors of bacon, raisin, malt, ginger and figs. It is sweet yet bitter on the

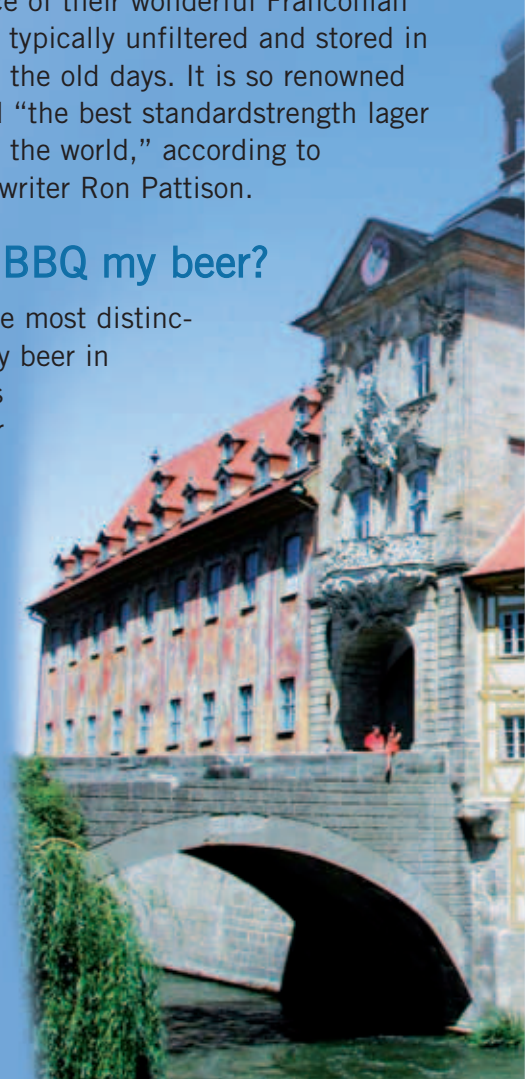


Foto: Stadt Bamberg, Pressestelle



Foto: Stadt Bamberg, Pressestelle



Foto: Stadt Bamberg, Pressestelle

palette with a distinctive taste of fireplace wood or sausage and dried fruit. Some say the beer tastes like someone dropped a Virginia ham into the keg. Either way, locals say that newcomers usually don't accept the taste of smoked beer – until after the third beer (by then, they love it).

How does it get smoked?

Bamberg-style smoked beer is made with a portion of smoked barley balanced with hops. Legend has it that smoked beer originated when one of the breweries caught fire and some of the grain was roasted (giving the grain a distinct flavor not unlike the process of roasting coffee beans) says Simon Hupfer, from the USAG Bamberg MWR Marketing Office.

The locals did not want to throw out the roasted grain and instead decided to go ahead and make beer with it. The result was a smoky smoked beer.

Have the smokiest beer at “little gimpy’s”

The smokiest of the smoke beers can be

found at an establishment called “Schlenkerla”. According to Hupfer, the name of the establishment has a provincial legend behind it. In the local dialect Schlenker loosely translates to “gimpy”. The last two letters (-la) is lingo for “little”. People in town say that little gimpy was probably the nickname of the owner who had a bad leg and apparently limped around the establishment.

It could have been one of the members of the Trum family who has run the business for six generations. It was first mentioned in 1405 and the original Schlenkerla smoked beer is still tapped directly from wooden casks. You will find it in the middle of the old part of Bamberg, directly beneath the cathedral.

What should I eat with smoked beer?

Rauchbier is excellent paired with hearty local cuisine based on farm-style recipes featuring main dishes of meat such as wild game, roasted pork and beef accompanied with sides of cooked cabbage and dumplings. Vegetarians can order homemade noodles with cheese or meatless dumplings with mushrooms and salads to go along with the wonderful German bread and pretzels. Smoked beer also seems to match American Mesquite or Hickory BBQ with baked beans and roasted peppers, potatoes and garlic bread.



ALL ABOUT BAMBERG

BAMBERG'S BEST: BISHOPS, BAROQUE AND BEER

The oldest brewery in town does not serve smoked beer

Your next stop is the monestary brewery (Klosterbräu), which offers a sampling of Bamberg's other excellent beer styles; black (sort of like Guinness), brown (reddish/amber), Hefeweizen (a fresh yeast beer typically made from wheat) and Helles (Klosterbräu brews its Helles as a blonde beer made in the Pilsner style). Customers can expect to pay about 2.20 to 2.90 euro for a half liter of beer at most drinking establishments in Bamberg. It's worth visiting the monestary brewery for its friendly atmosphere, rustic ambience and its history. It was established in 1333 and holds the rank of being named the Prince Bishop's official brewery in 1533.

Outdoor beer adventure

On a sunny day in Bamberg, go outside to have a beer on one of the cellars. A note of interest is that you will not be drinking your beer in a cellar (or Keller as they are called in German) but *on* a cellar. These establishments are located in the open air on top of the cellar where the beer is stored. Most are located on the edge of town and offer a fine view of the city. One such establishment, Mahrs Keller located on Ob. Stephansberg 36, is an attractive old building with a small, pleasant, tree-shaded garden (open 4 - 10 p.m., the pub from 5 p.m. - midnight).

Another is the Spezial-Keller. The entrance is just off the Stephansberg by the Schlenkerla brewery and is open from 3 p.m. daily, 10 a.m. Sundays and holidays, and closed Mondays. It offers smoked beer from wooden barrels and a superb view of the city. For a more complete listing, go to www.beerguide.de and click on "Bamberg".

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ALL ABOUT BAMBERG BAMBERG'S BEST: BISHOPS, BAROQUE AND BEER

How do you drink beer on a cellar?

Back in medieval times, citizens went to the storage cellars and paid for their suds directly from the source. Customers drank while seated at tables set up on top of the cellar where the beer was stored. These cellars were surrounded by lovely chestnut trees,

Foto: Stadt Bamberg, Pressestelle



Foto: Stadt Bamberg, Pressestelle



Foto: Stadt Bamberg, Pressestelle

planted to shade the tunnels and aided in keeping the cellar dry. Today, little has changed. Customers will find just a few tables and benches positioned under shady trees. Other than the excellent beer not much else is offered with exception of the fine view and space for children to run and play outdoors.

Drink and dash

Don't have time to sit down for a beer? Look for a pub or brewery offering a Schwemm. A Schwemm is usually located in the hallway of a beer establishment and has a window through which glasses of malt beverage are sold. Customers are usually expected to stand but a railing is provided on which to place the beer. The concept is not unlike drinking a coffee while standing at the bar in Italy (it is cheaper than being seated at a table).

Sample several beers

Try a beer tasting tour offered at the Tourist Information Center from 2:30 p.m. - 5 p.m. It includes a short tour of the Franconian brewery museum, a tasting of pale ale, brown ale, wheat beer and smoke beer (one liter total) with a dinner of meat loaf, pretzel or cheese Spätzle (hardy egg noodles). Cost is 17.50 euro (about \$20) per person and can be done in English upon request. There must be a minimum of 20 people signed up in order for the tour to go.

Self-service sampling

If you can't get 20 people together for the tasting tour, you can do it yourself by visiting the Franconian Brewery Museum (located in the former Benedictine Abbey on the Michaelsberg at the Brauerei Michaelsberg, which stopped brewing in 1969). They offer a beer tasting chaired by a local brewer. It is called a Museumsführung mit Bierprobe and costs nine euro. Displays include historical equipment and explanations of the malting/brewing processes. They are open from April until October from 1 p.m. to 4 p.m. Thursday to Sundays. When you are done, head off to the Ambraeusianum (www.ambraeusianum.de) brewery that offers a mini-sampler platter (you'll get a tray of beers to sample that total a liter). It comes complete with tiny matching glasses for each beer style.

Bringing the brew home

If you want to take the flavor of Bamberg home with you, just step into one of the tourist shops featuring displays of bottled local beer. This Bamberg beer is made for export and is usually not offered in pubs, restaurants or breweries. Locals bring their own bottle to the pub to get a beer "to go" and have it filled straight from the tap. If capped off, the fresh beer will stay good for a few days and is superb for BBQs and picnics.



ALL ABOUT BAMBERG

BAMBERG'S BEST: BISHOPS, BAROQUE AND BEER

Bring your own lunch

Speaking of transportable food, it is not uncommon for many local places to offer hours of operation where it is permitted for the neighborhood crowd to bring a bag lunch and buy a beer at the establishment. Always check with the owners for their special rules. Many allow locals to picnic on the premises on weekdays around lunchtime and not during peak tourist hours (weekends and nights).

Participate in the local culture and traditions

Bamberg's tourist information center offers trips on beer tasting, music, architecture, sports, art and history (many focusing on the medieval or Baroque way of life). Depending on the excursion it may be offered on foot, kayak, canoe or riverboat. Most tours need a minimum of 20 people. Excursions in English (or other languages) cost just a few Euros more per person than those in German.

For more information visit www.bamberg.info.de.

Bamberg's underground has a puzzling history that hasn't been entirely unearthed still to this day.

But, the tunnels were originally dug for one simple desire – money.



Foto: Stadt Bamberg, Pressestelle



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INSIDER TIPS FOR BAMBERG VISITORS

compiled by Simon Hupfer, MWR Marketing

Get that last beer for less money

In some of the less touristy establishments, it is possible to order a half-beer (as your last beer before you leave). The good part is that the bar man will fill your glass a little more than half full for the price of only a half beer. This is called a Schnitt (which literally translates to a cut). Take note: Customers are dissuaded from ordering a half beer more than once in an evening of drinking at the same establishment and should have at least one beer before asking. Another term to know is the word for half liter (known as a Seidla) that is the standard measure for a regular beer in Bamberg. Remember to drink responsibly and bring a designated driver.



Foto: Simon Hupfer

What does baroque mean?

Of, relating to, or characteristic of a style in art and architecture developed in Europe from the early 17th to mid-18th century, emphasizing dramatic, often strained effect and typified by bold, curving forms, elaborate ornamentation, and overall balance of disparate parts.

– The American Heritage® Dictionary

Bamberg is home to nine breweries and 50 different beers: Brauerei Fässla, Brauerei Greifenklau, Brauerei Heller-Trum, "Schlenkerla", Brauerei Kaiserdom, Keesmann Bräu, Klosterbräu, Mahrs Bräu, Maisel Bräu, Brauerei Spezial and one microbrewery, Ambräusianum

The tourist office holds the key to the Geyerswörth Castle tower, (next to the tourist information office). To get a FREE panorama of the city from the tower just ask tourist information for the key to the tower. Check www.globopix.de/fotos/bamberg.html for more details on the tower. Self-guided tours

can be done with the use of a hand held device called the Audio Guide and costs 8.50 euro for four hours. If two people are using it, it costs 10.50 euro for four hours.

You'll have to leave your driver's license or ID card as a deposit. The good thing is that you are independent: You can take a break whenever you want. The Audio guide is available in English. It will direct you through the city on the tour of your choice.



Foto: Archiv TKS

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ALL ABOUT BAMBERG

"TOUR UNDER BAMBERG"

by Alice Verberne and Simon Hupfer



Foto: Martinz@www.photocase.de

The Tour Under Bamberg is offered regularly by Bamberg MWR Outdoor Recreation. Enjoy this very different view of the great history of Bamberg's old town.

The era of Charlemagne

Sometime around 900 A.D. the citizens of Bamberg realized that they could sell the sand they found near the river. They began to dig and dig and dig. They sold and sold and sold. Unwittingly, they created a complex labyrinth with hidden passageways directly beneath their village. Many houses still even have cellar-door access.

1000 years of history

According to expert and tour guide Manfred Müller, the sand was of a raspy, harsh consistency. The miners brought it up in big chunks and then milled it into an inert agent used in scrubbing powders and laundry soap.

The grit was too soft for building purposes and not fine enough for making glass. Later miners found quartz sand, used for glass manufacturing and finding traces of silver. The residents sold enough sand to create subterranean passageways dug over the span of 1000 years.



Foto: NickDaVinci@www.photocase.de



Subway of the middle ages

In medieval times, residents used their underground tunnels as a passageway under the city. It connected homes, monasteries, hotels and even the cathedral.

Inhabitants not only took advantage of the subway for passage on foot, they also brought horses into the interlinked shafts and transported goods from one end of town to the other.

Ancient refrigerator

Back in the old days, it seems that the greatest asset the tunnels had to offer was their constant cool temperature. They stay just 17 degrees Celsius above freezing (47°F) making the burrowed space an ideal place to store perishables.

Since Bamberg's brewing tradition predates modern refrigeration, the tunnels were used to store casks. In winter, locals collected snow and frozen river ice to place on the barrels in an effort to keep the contents cool during the rising temperatures of spring. Some of Bamberg's street names like "Eisgrube" still remind people of this old tradition.

How it worked

Due to the size of the barrels, casks were hand constructed underground by coopers using wood and metal. To reach the subterranean casks, leather hoses were inserted through trap doors. They ran more than 20 feet down the shafts into the tunnels and were inserted into the opening of the casks. The beer (and wine) was then pumped into the holding tanks. According to Müller, when the casks were no longer needed, the wood was modified to make downhill skis. The locals would mount shoes to the wood and off they would go (he insists, no joke).

Going to market

To get the alcohol to the customer, workers siphoned the contents into leak-proof backpacks. They were similar to a modern-day "Camelback" hydration backpack. The old ones were made of leather and metal instead of modern microfibers, says Bamberg ODR specialist, Eugene Hegarty, who assists on excursions.

ALL ABOUT BAMBERG

"TOUR UNDER BAMBERG"

That's a lot of spark plugs

Later, manufacturers used the space as a production line. Industries were moved to the tunnels during WWII (1939-1945) to protect factories from being bombed. Companies Bosch and Wieland transferred massive amounts of equipment weighing several tons into the tunnels by hand.

Electricity was run into the area and employees worked around the clock. Müller insists that this expense and effort was for the manufacture of one item: the spark plug (working around the clock to manufacture spark plugs needed during WWII – that's a heck of a lot of spark plugs).

Hunker down

Some of the shafts had another purpose; they housed a communications network for the German Army to include radio operations. Naturally, the bunkers were an ideal bomb shelter. During the war, 30,000 people were evacuated from the city during air raids. Although Bamberg was not heavily shelled during WWII, explosives did in fact hit a section of the bunker on Feb. 22, 1945 resulting in 54 casualties.

Bring out your dead

The pits were used as a burial place during 16th century when the black plague and cholera devastated the city. This is why they are classified as catacombs (a subterranean cemetery of galleries with recesses for tombs). In this case, there are no tombs in the recesses; the Bamberg catacombs contain mass graves where over a meter of bones lie underneath some of the walking space.

Forget about it

The tunnels were not used after WWII and were in essence forgotten. According to locals, after the war they were sealed off and collectively dismissed. In the early 1960s, the tunnels became a topic of structural concern and a safety plan was devised to stop their collapse. The magistrates of Bamberg in charge of emergency shelters chose to renovate the tunnels built during WWII since they felt responsible for that section passageway. Some areas were filled in and others were reinforced with quick hardening concrete and metal mesh to protect them from giving way.



BAMBERG

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Foto: bamberg-guide@www.photocase.de

The residents discover

Many homeowners were unaware that they had access to the subterranean shafts (which in some cases threatened the homes above with structural damage). Much to their surprise, local business people and homeowners discovered that they were financially responsible for their part of the tunnel. Some distraught homeowners were left with no choice but to vacate their residences since they were liable.

Stroke of ingenuity

For a thousand years these underground passageways were in use. What a stroke of ingenuity: The citizens of Bamberg made money excavating the sand, then realized that they could convert the mine into a defensive security network by utilizing the underground footpath as a subway and shelter during times of attack. They also had the added benefit of refrigeration by storing food, beer and wine for resale. That is a clever use of a hole in the ground. After all, necessity is the mother of invention. To book a tour To visit Bamberg's underground contact Outdoor Recreation at Bldg. 7116, Tel. (0951) 300 9376.

Contact Bamberg MWR Outdoor Recreation for assistance with arranging trips to Bamberg

This is a great opportunity for your unit or FRG leaders to set up a cultural tour. Choose from the many options the Bamberg tourist information office offers, such as tours on medieval life, cultural, music, beer, boat trips, kayaking through the town and children-friendly adventures.

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9 pin bowling	Bamberger Privatkegler-Vereinigung e.V.	Rainer Richter (0 95 05) 327, (09 51) 9177847
	Reha-Behinderten- und Versehrten-Sportverein Bamberg e.V.	(09 51) 36182
	Eisenbahn-Turn- und Sportverein 1930 Bamberg e.V.	(09 51) 3028131
	1. FC Eintracht Bamberg e.V.	(09 51) 49255
	Freie Turnerschaft Bamberg 1900 e.V.	Oswald Matzer (09 51) 45607
	Fußballverein 1912 Bamberg e.V.	(09 51) 12645
	Gehörlosen-Sportverein Bamberg e.V.	(09 51) 5090325
	Männerturnverein von 1882 Bamberg e.V.	(09 51) 12315
	Polizei-Sportverein Bamberg e.V.	(09 51) 67755
	Schützenclub 04 e.V. Bamberg	(09 51) 12002
	Sportkegelclub Victoria 1947 Bamberg e.V.	Dietmar Sterk (09 51) 62584, (01 76) 70040260
	Sportkegelklub Bavaria Bamberg	Hilmar Röhlig (09 51) 12286, (09 51) 836330
	Sportkegelklub Gaustadt 1926	Ilse Sprinkmeier (09 51) 26686
	TSG 2005 Bamberg e.V.	(09 51) 27484
	Verein Bamberger Sportkegler e.V.	Walter Grabo, Ferdinand-Tietz-Straße 33, 96052 Bamberg
Aerobics	Vorm. Privil. Schützengesellschaft 1306 Bamberg e.V.	(09 51) 9122215
	MWR Freedom Fitness Facility	(09 51) 300 8890, DSN 469 8890
Aikido	DJK Teutonia Bamberg-Gaustadt e.V.	Scharfenstein Lissi (09 51) 64924
	Aikikai Bamberg e.V.	Ulrike Pagenburg Dojoleitung (09 51) 23310
	Aikido-Gemeinschaft Bamberg e.V.	Hiroshi Higuchi (09 51) 28079
American Football Aviation Badminton Basketball	Turn- und Sportgemeinschaft 2005 Bamberg e.V. (TSG)	Walter Hoh (09 51) 39973
	American Football-Club Bamberg Bears 1986 e.V.	Maximilian Zillibiller (0 95 44) 985446
	Aero-Club Bamberg e.V.	(09 51) 45145, (09 51) 48718
	1. Badminton-Verein Bamberg 1970 e.V.	Michael Weigel (09 51) 3029144
	DJK Don Bosco Bamberg 1950 e.V.	Günter Simon (09 51) 131424
	1. FC Eintracht Bamberg e.V.	(09 51) 12848
	Minges Basket-Club Bamberg e.V.	Stefan Friedrich (01 72) 8502220
	Postsportverein Bamberg 1928 e.V.	Ralf Eitinger (09 51) 28627
	TSG 2005 Bamberg e.V.	Wolfgang Franke (09 51) 203410
	TTL Basketball Bamberg e.V.	Klaus Lisner (09 51) 1209882
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	1. Bowling-Sportverein 1978 Bamberg und Umgebung e.V.	Hans-Hermann Bruse (09 51) 3092173
Boxing	Bowlingclub Bamberger Bowlinghaus e.V.	Bowlinghaus (09 51) 5191644
	MWR Freedom Fitness Facility	(09 51) 300 8890, DSN 469-8890
Canoeing	Eisenbahn-Turn- und Sportverein 1930 Bamberg e.V.	Herbert Grasser (09 51) 15970
	MWR Outdoor Recreation	(09 51) 300 8659, DSN 469-8659
Cardiovascular training Carriage skill riding Cheerleading	Bamberger Faltboot-Club e.V.	Dr. Michael Steber (0 95 05) 803077
	Kneipp-Verein Bamberg e.V.	(09 51) 61136
	Kutscherverein Bamberg e.V.	Otto Betz (0 95 05) 803299
	1. American Football-Club Bamberg Bears 1986 e.V.	Maximilian Zillibiller (0 95 44) 985446
	1. Cheerleaderverein Bamberg Lucky Bears 2002 e.V.	(01 71) 1930574
Chess	1. FC Eintracht Bamberg e.V.	Sandra Woitek-Phillips (09 51) 2972362
	Postsportverein Bamberg 1928 e.V.	Thomas Friedrich (09 51) 132211
Cycleball	Schachclub 1868 Bamberg e.V.	Christoph Kastner (01 60) 96410973
	Rad- und Kraftfahrerbund Solidarität Bamberg-Gaustadt e.V.	Siegfried Friedrich (09 51) 63480



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Cycling	MWR Freedom Fitness Facility	(09 51) 300 8890, DSN 469-8890
	Reha-Behinderten- und Versehrten-Sportverein Bamberg e.V.	(09 51) 36182
Dancing	Der Bamberger Tanzclub e.V.	Jürgen Klausen (09 51) 303600
	Rock'n'Roll Dancing-Team Bamberg e.V. (nur Rock'n'Roll)	Peter Gagel (0 95 45) 70713
Darts	Dartclub Unicorn Bamberg e.V.	Alfred Horst (0 95 46) 1567
	Deutsche Lebens-Rettungs-Gesellschaft Bamberg-Gaustadt e.V. (DLRG)	Gerhard Öhlein (09 51) 62577
Diving	Tauchclub Bamberg e.V.	Wolfgang Kostal (09 51) 12143
	TSG 2005 Bamberg e.V.	Alexandru Anca (09 51) 1891025
Fencing	Männerturnverein von 1882 Bamberg e.V.	(09 51) 12722
	MWR Whispering Pines Golf Course	(09 51) 300 8953
Fistball	Golfclub Bamberg e.V.	Claus H. Melzer (0 95 47) 7109
	Golfclub Hauptsmoorwald Bamberg e.V.	Whispering Pines Club (09 51) 3007583 Anna Ley
Golf	Allgemeiner Sportverein 1910 Gaustadt e.V.	(09 51) 63292
	Reha-Behinderten- und Versehrten-Sportverein Bamberg e.V. (auch Wassergymnastik)	(09 51) 36182
Gymnastics	DJK Teutonia Bamberg-Gaustadt e.V.	Gerlinde Heinle (09 51) 53127
	1. FC Eintracht Bamberg e.V.	(09 51) 12848
	Fußball-Club „Wacker“ Bamberg 1927 e.V.	(09 51) 131242
	Kneipp-Verein Bamberg e.V. (auch Wassergymnastik)	Karl-Heinz Klein (09 51) 61136
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	Postsportverein Bamberg 1928 e.V.	Werner Thiele (09 51) 15332
	Rad- und Kraftfahrerbund Solidarität Bamberg-Gaustadt e.V.	Peter Müller (0 95 03) 8483
	Schwimmverein Bamberg 1925 e.V.	Klaus Lachmann (09 51) 54611
	Ski-Club Bamberg e.V.	Heinrich Ehrlich (09 51) 54631
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	Turngemeinschaft 71 Bamberg e.V.	Heribert Essel (0 95 05) 1722
	1. FC Eintracht Bamberg e.V.	(09 51) 12848
	Freie Turnerschaft Bamberg 1900 e.V.	Oswald Matzer (09 51) 45607
	Männerturnverein von 1882 Bamberg e.V.	(09 51) 123 15
	Postsportverein Bamberg 1928 e.V.	Werner Thiele (09 51) 15332
	TSG 2005 Bamberg e.V.	(09 51) 201400
	Turngemeinschaft 71 Bamberg e.V.	Heribert Essel (0 95 05) 1722
	Eisenbahn-Turn- und Sportverein 1930 Bamberg e.V.	(09 51) 3028131
Handball	1. FC Eintracht Bamberg e.V.	(09 51) 12848
	Fußballverein 1912 Bamberg e.V.	(09 51) 12645
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	TSG 2005 Bamberg e.V.	(09 51) 201400
	MWR Outdoor Recreation	(09 51) 300 8659, DSN 469-8659
Hiking	Reha-Behinderten- und Versehrten-Sportverein Bamberg e.V.	(09 51) 36182
	Berg- und Wintersportverein Bamberg e.V.	Rainer Kliesch (0 95 45) 8979
	Sektion Bamberg des Deutschen Alpenvereins e.V. (DAV)	(09 51) 63040
	Eisenbahn- Turn- und Sportverein 1930 Bamberg e.V.	(09 51) 3028131
	Kneipp-Verein Bamberg e.V.	(09 51) 61136
	Männerturnverein von 1882 Bamberg e.V.	(09 51) 12315
	Postsportverein Bamberg 1928 e.V.	Alfons Krebs (09 51) 41027

Form of activity	Club	Contact
Horseback riding	Akademische Reitgruppe Bamberg e.V.	Ina.friedmann@arcor.de
	Reit- und Fahrverein Bamberg Stadt und Land e.V.	(09 51) 1893927, (01 76) 66655393
	Reitclub Hippo PlusBamberg e.V.	Dr. Gunnar Burczyk (09 51) 601500
Iaido	Aikikai Bamberg e.V.	Ulrike Pagenburg (09 51) 23310
Indiaca	Christlicher Verein Junger Menschen Bamberg e.V.	(09 51) 7003939
Inline roller hockey	Eis- und Roll-Sport-Club Bamberg e.V.	Werner Friedrich (09 51) 14345
Judo	Postsportverein Bamberg 1928 e.V.	Paul Greiner (09 51) 290849
Jujutsu	Ju-Jutsu-Club Bamberg e.V.	Paul Kuhnert (0 95 02) 1057
Karate	1. FC Eintracht Bamberg e.V.	(09 51) 49255
	Kampfkunstschule Bamberg e.V.	(09 51) 31574
	Polizei-Sportverein Bamberg e.V.	(09 51) 67755
	Postsportverein Bamberg 1928 e.V.	Werner Sadlauskas (09 51) 37391
Kickboxing	TSG 2005 Bamberg e.V.	(09 51) 27484
Lacrosse	1. American Football-Club Bamberg Bears 1986 e.V.	Maximilian Zillibiller (0 95 44) 985446
Miniature golf	1. Minigolfclub Bamberg e.V.	(09 51) 131514
Motor boat (racing)	1. Motorboot- und Wasserski-Club Bamberg e.V.	Dr. Hans Partheimüller (09 11) 9704200
Motor sports	1. Bamberger Automobilclub e.V. im ADAC	Bernd Schrüfer (09 51) 48600
	ACV-Club Bamberg e.V.	Henry Fischer (09 51) 40886532
	Polizei-Sportverein Bamberg e.V.	(09 51) 67755
Mountaineering	Berg- und Wintersportverein Bamberg e.V.	Rainer Kliesch (0 95 45) 8979
	Sektion Bamberg des Deutschen Alpenvereins e.V.	(DAV) (09 51) 63040
Nordic walking	Allgemeiner Sportverein 1910 Gaustadt e.V.	(09 51) 9329570
Orienteering	Männerturnverein von 1882 Bamberg e.V.	(09 51) 123 15
Paragliding	1. Bamberger Gleitschirmclub e.V.	Stephan Albert (0 91 98) 998927
Paralympic Sport	Reha-Behinderten- und Versehrten-Sportverein Bamberg e.V.	(09 51) 36182
	Gehörlosen-Sportverein Bamberg e.V.	(09 51) 5090325
	TTL Basketball Bamberg e.V. (Rollstuhl-Basketball)	(09 51) 1209882
Pétanque	Deutsch-Französischer Club Bamberg e.V. - Sektion Pétanque -	Joel Tharreau (0 95 42) 625
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	DJK Don Bosco Bamberg 1950 e.V.	Harald Flutschka (0 95 43) 441655
	DJK Teutonia Bamberg-Gaustadt e.V.	Lamprecht Peter (09 51) 7002563
	Eisenbahn-Turn- und Sportverein 1930 Bamberg e.V.	Horst Knirsch (09 51) 4078935
	1. FC Eintracht Bamberg e.V.	Helmut Huber (09 51) 9710890
	Freie Turnerschaft Bamberg 1900 e.V.	Oswald Matzer (09 51) 45607
	Fußballverein 1912 Bamberg e.V.	Georg Kommer (09 51) 36043
	Postsportverein Bamberg 1928 e.V.	Pius Schiele (09 51) 27525, (09 51) 986851
	TSG 2005 Bamberg e.V.	(09 51) 201400
Pool billard	TSG 2005 Bamberg e.V.	(09 51) 201400
	8-Ball-Crew Bamberg e.V.	(09 51) 37978
Psychomotricity	Verein zur Bewegungsförderung und Psychomotorik Bbg. e.V.	Anne Rahm (0 95 05) 1083
Qigong	Kneipp-Verein Bamberg e.V.	(09 51) 61136
	Männerturnverein von 1882 Bamberg e.V.	(09 51) 12315
Rock climbing	Sektion Bamberg des Deutschen Alpenvereins e.V. (DAV)	(09 51) 63040
Roller hockey/ roller skate artistic	Eis- und Roll-Sport-Club Bamberg e.V.	Robert Will (09 51) 34126
	Rad- und Kraftfahrerbund Solidarität Bamberg-Gaustadt e.V.	Siegfried Friedrich (09 51) 63480
Rowing	Bamberger Rudergesellschaft von 1884 e.V.	Peter Scholler (09 51) 57218
Rugby	TSG 2005 Bamberg e.V.	(09 51) 201400
Self defense	Kampfkunstschule Bamberg e.V.	(09 51) 31574
Shooting	Armbrust-Schützengilde „Hofer“ Bamberg-Gaustadt 1897 e.V.	Elmar Ritter (09 51) 63592
	Gehörlosen-Sportverein Bamberg e.V.	(09 51) 5090325
	Postsportverein Bamberg 1928 e.V.	Walter Horcher (0171) 9346668
	Schützenclub 04 Bamberg e.V.	Georg Kather (09 51) 303205
	Schützenclub Diana Bamberg e.V.	Peter Mittag (09544) 20263
	Schützengesellschaft Edelweiß 1898 Bamberg e.V.	(09 51) 58173
	Schützengesellschaft Hamonia 1901 Bamberg e.V.	Rainer Lautenbacher (09 51) 500728, (09 51) 8631044
	Vorm. Privil. Schützengesellschaft 1306 Bamberg e.V.	(09 51) 91222-15
	Zimmerstutzen- und Kleinkaliberschützenverein 1899 Gaustadt e.V.	(09 51) 61337



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Form of activity	Club	Contact
Skiing	MWR Outdoor Recreation	(09 51) 300 8659, DSN 469-8659
	Berg- und Wintersportverein Bamberg e.V.	Rainer Kliesch (0 95 45) 8979
	DJK Teutonia Bamberg-Gaustadt e.V.	Nikolaus Haßfurther (09 51) 66727
	Sektion Bamberg des Deutschen Alpenvereins e.V. (DAV)	(09 51) 95163040
	Postsportverein Bamberg 1928 e.V.	Hans Ditterich (09 51) 54823
	Ski-Club Bamberg e.V.	(09 51) 64700 (AB)
Soccer	Allgemeiner Sportverein 1910 Gaustadt e.V.	(09 51) 63292
	Allgemeiner Sportverein Viktoria Bamberg e.V.	(09 51) 5832509
	Ball-Spiel-Club Bamberg 1920 e.V.	(09 51) 39475
	DJK Don Bosco Bamberg 1950 e.V.	(09 51) 53431
	DJK Teutonia Bamberg-Gaustadt e.V.	Johannes Herderich (09 51) 61124
	Eisenbahn-Turn- und Sportverein 1930 Bamberg e.V.	(09 51) 17614
	1. FC Eintracht Bamberg e.V.	(09 51) 12848
	Fußball-Club Sportfreunde Bamberg 1919 e.V.	(09 51) 130257
	Fußball-Club „Wacker“ Bamberg 1927 e.V.	(09 51) 131242
	Fußballverein 1912 Bamberg e.V.	(09 51) 12645
	Gehörlosen-Sportverein Bamberg e.V.	(09 51) 1324627
	Postsportverein Bamberg 1928 e.V.	Reinhard Großheim (09 51) 54944
	1. Sportclub 1908 Bamberg e.V.	(09 51) 36043
	TSG 2005 Bamberg e.V.	(09 51) 201400
	Türkischer Sport-Club Bamberg e.V.	Mehmet Yardimci (09 51) 16797
	Eis- und Roll-Sport-Club Bamberg e.V.	Werner Friedrich (09 51) 14345
Speedskating	Capitol-Squash-Club Bamberg e.V.	Apollo-Squash-Center (09 51) 131013
Squash	Reha-Behinderten- und Verehrten-Sportverein Bamberg e.V.	(09 51) 36182
Swimming	Deutsche Lebens-Rettungs-Gesellschaft Bamberg-Gaustadt e.V.	
	(DLRG) - auch Rettungsschwimmen - Schwimmverein Bamberg 1925 e.V.	(09 51) 62577 (09 51) 51939803
	Tauchclub Bamberg e.V. (Flossenschwimmen)	(09 51) 12143
	Wasser-Sport-Verein Neptun Bamberg e.V.	Paul-Heinrich König (09 51) 42915
	1. FC Eintracht Bamberg e.V.	(09 51) 12848
	Männerturnverein von 1882 Bamberg e.V.	(09 51) 12315
Tennis	Postsportverein Bamberg 1928 e.V.	Dr. Rudolf Kleinecke (09 51) 15785
	Tennisclub Bamberg e.V.	(09 51) 28757
	Tennisportclub Tennispark Bamberg e.V.	Günter Baumann (09 51) 986300
	TSG 2005 Bamberg e.V.	(09 51) 201400
	1. FC Eintracht Bamberg e.V.	(09 51) 12848
	Leichtathletikgemeinschaft Bamberg	Alfred Kotissek (09 51) 41472
Track and field athletics	Männerturnverein von 1882 Bamberg e.V.	(09 51) 12315
	Postsportverein Bamberg 1928 e.V.	Johann Wagner (09 51) 47511
	TSG 2005 Bamberg e.V.	(09 51) 27484
	DJK Teutonia Bamberg-Gaustadt e.V.	Karl Schlichtig (09 51) 602332
	Interessengemeinschaft für Ausdauersport (IfA)	
	Nonstop Bamberg e.V.	Oliver Held (09 31) 405466, (09 31) 3801271
Triathlon	Tauchclub Bamberg e.V.	Wolfgang Kostal (09 51) 12143
	Voltigierverein Bamberg e.V.	Petra Kummer (09 51) 62784
	Kampfkunstschule Bamberg e.V.	Norbert Rögner (09 51) 31574
	Freie Turnerschaft Bamberg 1900 e.V.	Oswald Matzer (09 51) 45607
	1. FC Eintracht Bamberg e.V.	Renate Kühhorn (09 51) 51188
	Kneipp-Verein Bamberg e.V.	(09 51) 61136
Unterwater-Rugby	Männerturnverein von 1882 Bamberg e.V.	(09 51) 12315
	Postsportverein Bamberg 1928 e.V.	Alfons Krebs (09 51) 41027
	1. Sportclub 1908 Bamberg e.V.	(09 51) 14708
	TSG 2005 Bamberg e.V.	(09 51) 201400
	Volleyballgemeinschaft Bamberg	Werner Kühhorn (09 51) 51188
	Reha-Behinderten- und Verehrten-Sportverein Bamberg e.V.	(09 51) 36182
Vaulting	Kneipp-Verein Bamberg e.V.	(09 51) 61136
	Postsportverein Bamberg 1928 e.V.	Dieter Hörath (09 51) 34066
	1. Motorboot- und Wasserski-Club Bamberg e.V.	Dr. Hans Partheimüller, Valentinstraße 26, 96103 Hallstadt
	Kraft-Sport-Verein 1894 e.V. Bamberg	(09 51) 5193115
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Foto: Courtesy of U. S. Army



Chaplain Directory

USAG Bamberg

Warner Barracks

Phone: 0951-300-1570

DSN: 469-1570

The EOC will handle all after duties hours emergencies at DSN 469-7492

USAG Bamberg Community Chapel Activities

Protestant Worship Service:

Sunday 11 a.m. Collective Protestant Service

Wednesdays 9 a.m. PWOC (women's bible study)

Children's Bible Club (AWANA)

Sunday 4 p.m.

Cubbies – Preschool (4 yrs. old)

Sparks – K, 1st & 2nd Grade (5 - 7 yrs old)

Truth & Training – 3rd-6th grade (8 - 12 yrs old)

Holy Family Catholic Church

Sunday 8 a.m. Catholic Religious Education

Sunday 9 a.m. Catholic Mass.

Monday-Friday 8:30 a.m. Daily Mass

Tuesday 9 a.m. MCCW (women's bible study)

Tuesday 6 p.m. Catholic Congregation Night (see weekly bulletin for changes)

Free Gospel Worship Service

Sunday 1 p.m. Prayer Service

Sunday 3 p.m. Worship Service

Monday 6 p.m. Choir Rehearsal and Praise Dance practice

Thursday 7 p.m. Bible Study Church of God In Christ

Sunday 12:45 p.m. Worship Service

Friday 8 p.m. Joy Night Prayer Service

Youth of the Chapel "Club Beyond"

(meets Sept-May at CYS Gym)

Thursdays – Club, (Games, Music and Food with a Gospel Message):

3 p.m. Middle School Age

5:30 p.m. High School Age (includes dinner)

* meets Sept-May at CYS Gym

RECYCLE AND SAVE TAX PAYER DOLLARS

by Dr. Isabelle Fahimi (DPW Environmental Division, Conservationist)

The last 30 years have seen the warmest surface temperatures in recorded history. Global warming is believed to lead to draughts in regions like Africa and southwestern United States and flooding (among other things, because the ice caps of the poles are melting) of coastal and island areas.

A large quantity of the greenhouse gas CO₂ is emitted into the atmosphere by burning the of fossil fuels to generate energy. This leads to the greenhouse effect (heat being trapped close to the surface of the earth) and global warming. More than 80 percent of the energy we are using comes from nonrenewable fossil fuels (oil, coal and natural gas).

Countries have established treaties based on global strategies for bringing global warming under control. Each of us has to contribute in whatever way we can to this global effort. Everyone can do something about it.

The U.S. Army has the ambitious goal of reducing energy consumption by 30percent by 2015 compared to 2003. In order to reach this goal, we need to work together within the Bamberg community.

You can reduce your "carbon footprint" (CO₂ emissions associated with your activities) by:

- When cooking, put the lid on the pot and use the smallest ring.
- A microwave oven is an energy-efficient alternative to a conventional oven. It cooks food more quickly and uses 70-80 percent less electricity than a regular oven.
- Use energy-saving light bulbs: these are available at the Self Help Store for approved patrons. They expend 75 percent space less energy than standard incandescent light bulbs and last ten times longer. Lighting accounts for 15 percent of your household energy consumption.

- Reduce energy needed for heating and cooling your house: only heat or cool the rooms you are using (and limit your use of air-conditioning units to when it is needed).
- Don't let your vehicle engine run unnecessarily to warm up the interior of your car or cool it with air conditioning.
- One way to save energy is to recycle, e.g. paper, as it leads to a reduction in energy and water consumption. Save documents on the computer instead of printing a hardcopy, and if you have to print, use both sides of every sheet. Try to use less paper.
- Use pocket calculators with a solar cell.
- Use rulers and buy gifts (building blocks, toys) made out of wood. To produce wood, CO₂ is captured (extracted from the atmosphere, also called photosynthesis) and doesn't lead to global warming.
- When buying furniture, buy wood products from suppliers who support sustainable forest management; the best choices are typically derived from native species and trees that grow quickly.
- When buying food, buy local and seasonal products (e.g., carrots from the Bamberg area vs. pineapples from Hawaii, and strawberries in spring instead of winter) as they don't require as much energy to be transported.

Apply these basic rules in order to save energy and combat global warming. We would even be saving money! Why wait until tomorrow, when you can start today? Save energy and combat global warming now.

For more information contact the USAG Bamberg Energy Manager, DPW Operation and Maintenance Division, Building 7123 at DSN: 469-7743 or 0951-300-7743, or the Environmental Management Division located in Building 7118, next to the Recycling Center at DSN: 469-7948 or 0951-300-7948.



WHY SHOULD YOU RECYCLE?

by Dr. Isabelle Fahimi (DPW Environmental Division, Conservationist)

In Germany, we are running out of landfill space. The quantity of trash each individual generates is increasing. Greenhouse gases are being released from landfill sites. When you recycle, you are saving energy, because making products from raw materials consumes larger amounts of energy and depletes the Earth's natural resources. Recycling is one of the most important tools we can use in order to save energy and have a positive influence on the environment.

Mr. Uwe Rauch, Chief of the USAG Bamberg Environmental Management Division, states: "When you look at all the waste our community generates, 85 percent of it is recyclable. Of that 85 percent, 45 percent is just being thrown away, wasted."

Did you know that on average 16 percent of the money you spend on a product pays for the packaging, which ultimately ends up in the landfill? In Germany, almost every product has a green dot, indicating its packaging is recyclable.

The U.S. Army has a very ambitious goal of recycling 40 percent of all its waste by the end of 2010! In order to reach this goal, the USAG Bamberg community needs to work together.

Our Recycling Center, located behind the Community Bank, is open 24/7. You can drop off paper and cardboard, cans, plastic, glass, household hazardous waste, bulk refuse that doesn't fit into your normal trash container, vehicle rims and tires, electronic waste, toys, Styrofoam, used clothing (in plastic bags), bed linen,

shoes (in pairs, tied together), and biowaste (without meat or kitty litter).

In addition, there are convenient, color-coded recycling points located throughout Warner Barracks where you can deposit paper (blue), glass (red), metal (grey) and plastic (yellow).

Do you know how much energy is saved in the manufacturing process by using recycled materials?

- recycled glass bottle saves enough energy to power a computer for 25 minutes.
- recycled tin can saves enough energy to power a television for 3 hours.
- recycled plastic bottle saves enough energy to power a 60-watt light bulb for 3 hours.

Next time you are ready to throw away your metal can, glass, or plastic bottle, think about energy savings and think about the environment. Recycle!

When we recycle paper, we get money back. Paper products represent about 35 percent (by weight) of municipal solid waste before recycling. Paper was one of the first materials to be recycled and it is estimated that 70 percent less energy is required to produce paper from recycled paper than to make it from raw materials. The European paper industry has set a recycling target of 66 percent by 2010. Help us contribute to this target. Recycle paper.

Start today! Why wait until tomorrow, when you can start recycling in your home today?

For more information please contact the Environmental Division at Building 7118, next to the Recycling Center at DSN: 469-7598, or 0951-300-7598.





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RIDING THE RAILS IN GERMANY

(This article appears with the courtesy of USAG Ansbach)

Germany has one of the world's best passenger rail systems. There aren't many places that you can't get to with it, and the trip will be comfortable, economical, and punctual. Other than the automobile, rail is by far the most common means of intercity transport. Generally, long-distance trains are around 90 percent punctual, and local trains are almost always nearly 100 percent on-time. There are several types of service offered, identified by an alphabet soup of letters. Here are most of the train types and designations:

Long-Distance Trains

ICE (InterCity Express) – The flagship of the German-Rail system. Provides high-speed connections between the principal metropolitan areas. Trains run every hour or more frequently.

IC/EC (InterCity/EuroCity) – Express trains connecting the larger domestic destinations every hour. Some of these trains travel into adjacent countries as part of the EC (EuroCity) system.

ICN, EN, CNL, NZ (InterCity- Night, EuroNight, City-NightLine; Nachtzug) – Various night trains providing long-distance sleeping accommodations. – A fairly rapid longer distance train. Provides connections on some of the lesser travelled routes or times.

Regional Trains

IRE (InterRegioExpress) – An express train connecting regional cities at regular intervals.

RE (Regional Express) – An express train connecting medium and larger-sized towns to main rail hubs.

RB (RegionalBahn) – Similar to RE, but slower since it stops in virtually every town along the way.

SE (Stadt-Express) – A local train that connects outlying towns with medium and large cities. S-Bahn (Schnellbahn) – Commuter rail service in and around major metropolitan areas.

As you might imagine, the level of service onboard increases with each of the service levels above. All trains at minimum have WC facilities. Some lower level trains will have a small snack cart that passes through the cars. IR trains will usually have

a bistro car. The IC and ICE trains have bars, lounges, bistros, and restaurants serving German and international foods, beers, and wines. Trains are divided into two classes first and second. The cars have a large "1" or "2" on the outside near the doors indicating which class they carry. With a few exceptions, all services available on the train are provided for both first and second-class passengers. The benefit of first class is that the rates for first class are higher and, thus, first class tends to be less crowded than second class. The ICE is the most luxurious of German Rail trains. These trains feature adjustable cushioned seats, individual reading lights, piped music from armrest jacks (bring your own headset), conference rooms, public telephones, and fax machines. First class passengers also have video players at their seats.

Tickets

Like any major transportation service, the DB offers a myriad of tickets, fare schedules, and special deals. Even railway officials sometimes have problems navigating the complex structure of the DB's ticketing options. Fortunately, most tourists shouldn't need to deal with this hassle as rail passes, which tend to be a better deal, and point-to-point tickets can be purchased outside of Germany. However, if you decide to purchase your train tickets in Germany, you should be prepared for a possible adventure. I suggest that you use the DB's website to determine the approximate fares ahead of time. That way, you'll know if you are getting the correct fare when you purchase. It's also been recommended to "shop around" at the station. Get a quote from one agent, then get a quote from a second agent. If they match, OK. If one's cheaper than the other, make sure you're getting the right ticket, and if so, then go for the cheaper one.

Individual point-to-point tickets and surcharges

Except for the ICE, tickets for individual trips longer than 100 km

Foto: Simon Hupfer



Foto: Simon Hupfer

are based on a standard per-kilometer fare structure. In addition to this base fare, the IC has a surcharge. These surcharges do not apply to holders of German Rail passes or most Eurail or Europass passes. You should also purchase a seat reservation for a flat rate (good for one seat on up to two trains.) This will guarantee you a specific seat for the duration of your journey. You can reserve a seat anytime between three months to just minutes before the train leaves.

The best way to purchase your ticket is to go to the station, locate the departure timetable (large yellow schedules), and find the train that you need. Note the train number, departure time, and destination. Then go to the ticket counter (in larger stations, look for "Reisezentrum" signs) and give this information to the ticket agent. Many ticket agents speak English, but if they don't, and you don't speak German, write the destination on a slip of paper and hand it to the agent. Be prepared to wait in line a while as the ticket counters at most stations are not as well staffed as they could/should be. Also, make sure that the line you are in will get you the service you need- there are special lines for express service (just tickets - no reservations or information), and domestic (Inland) and international (Ausland) tickets.

These are, however, being phased-out in many stations. For trips of less than 100 km, you usually can (and should) purchase your tickets from a vending machine (look for machines marked "Fahrkarten", "Fahrausweis", or "Fahrschein" – the nice thing: The modern one speak English). To use these, you find your destination on a chart on or near the machine, then dial the indicated code on the keypad on the machine. The one-way, single fare will be shown. Press the appropriate button for a round-trip ticket, first-class fare, or other add-on if needed. Then pay the price shown and your ticket will drop into the bin. Prices for these trips are calculated on a different tariff schedule than are trips over 100 km.

At the Station

The German word for train station is Bahnhof. If you're in a large city, you will most likely want the Hauptbahnhof, or Central Station. The stations are usually located in the heart of the city. Once you get there, you will find that most large stations are self-contained cities. There are newsstands and bookstores, shops, grocery stores, restaurants, bistros, lounges, post offices, banks, florists, pharmacies, barber and beauty shops, and even movie theaters. Information and ticket counters, luggage offices, and lockers are also provided at most stations.

Timetables are prominently posted throughout the station. You will find two schedules: Arrivals (Ankunft) and Departures (Abfahrt). Departures are listed on yellow charts, arrivals on white. All trains arriving or departing that station are listed chronologically starting at midnight. Times are listed using the 24-hour clock (i.e. 13:00 = 1 p.m.). Once the train has been underway for a little while, the conductor will come through and ask for tickets. If you just boarded, present your ticket (and passport if proof of age or residency is required as part of your pass).



Foto: Simon Hupfer

The conductor will, in good German form, punch or stamp your ticket and return it to you. You will not need to show it again for the duration of your trip unless there is a change of conductors. You must purchase all tickets and reservations before you board these trains.

Periodic spot checks are made and hefty fines are levied against those without valid tickets. Stops are announced shortly before arrival. If you miss the announcement (or just don't understand it!), signs on the platforms will tell you where you're at. If your train has them, the electronic displays at the ends of the coaches will show the name of the upcoming stop as you approach it. Make sure you are ready to jump off when the train arrives at your destination. At some stops, the train only stops for a minute or two, so if you're not ready, you may end up taking an unscheduled diversion to the next stop! If you are making connections, check the yellow departure schedules to find out which track your connecting train leaves from, then follow the signs directing you to that platform. Connection information is also usually announced on-board the trains as they approach major stations.

TAKE A TRIP TO THE ENCHANTING HEART OF EUROPE: PRAGUE

by Jessica Lipari (FMWR Marketing Volunteer)

At 4 a.m. in the morning, my husband and I, along with 86 members of Bamberg's military community boarded two buses departing on a day trip to the heart of Europe. After a few cups of coffee and a four hour bus ride, we arrived in Prague, Czech Republic; the sky was overcast but the scenery was plentiful.

The trip to Prague was a day trip offered through Bamberg's FMWR Outdoor Recreation. It provided transportation to and from Prague, a guided tour and time to explore.

Prague is not only the capital city, but is the largest city in the Czech Republic with a population of more than 1.2 million. Prague's history dates back to the 9th century when the castle began construction. Since the 1990s, it has become a popular travel destination because of the many historical sites and inexpensive shopping.

The tour began at the Prague Castle with an amazing view of St. Vitus Cathedral. The cathedral is located entirely on the castle grounds. According to the Guinness Book of World Records it is the largest ancient castle in the world and is still used today by the Czech Republic government. You can easily spend a full day at the castle exploring the multiple churches, visiting museums, walking around the grounds and exploring the multiple courtyards. At the gates of the castle you can take a chance to pose for a picture with the guards. Every hour you can watch the changing of the guards ceremony.

The Prague Castle sits on top of a hill. As you descend down the hill toward the Vltava River, you will see the vineyards growing on the hills. Take the time to stop and enjoy a beverage or snack at one of the cafes inside the castle grounds.

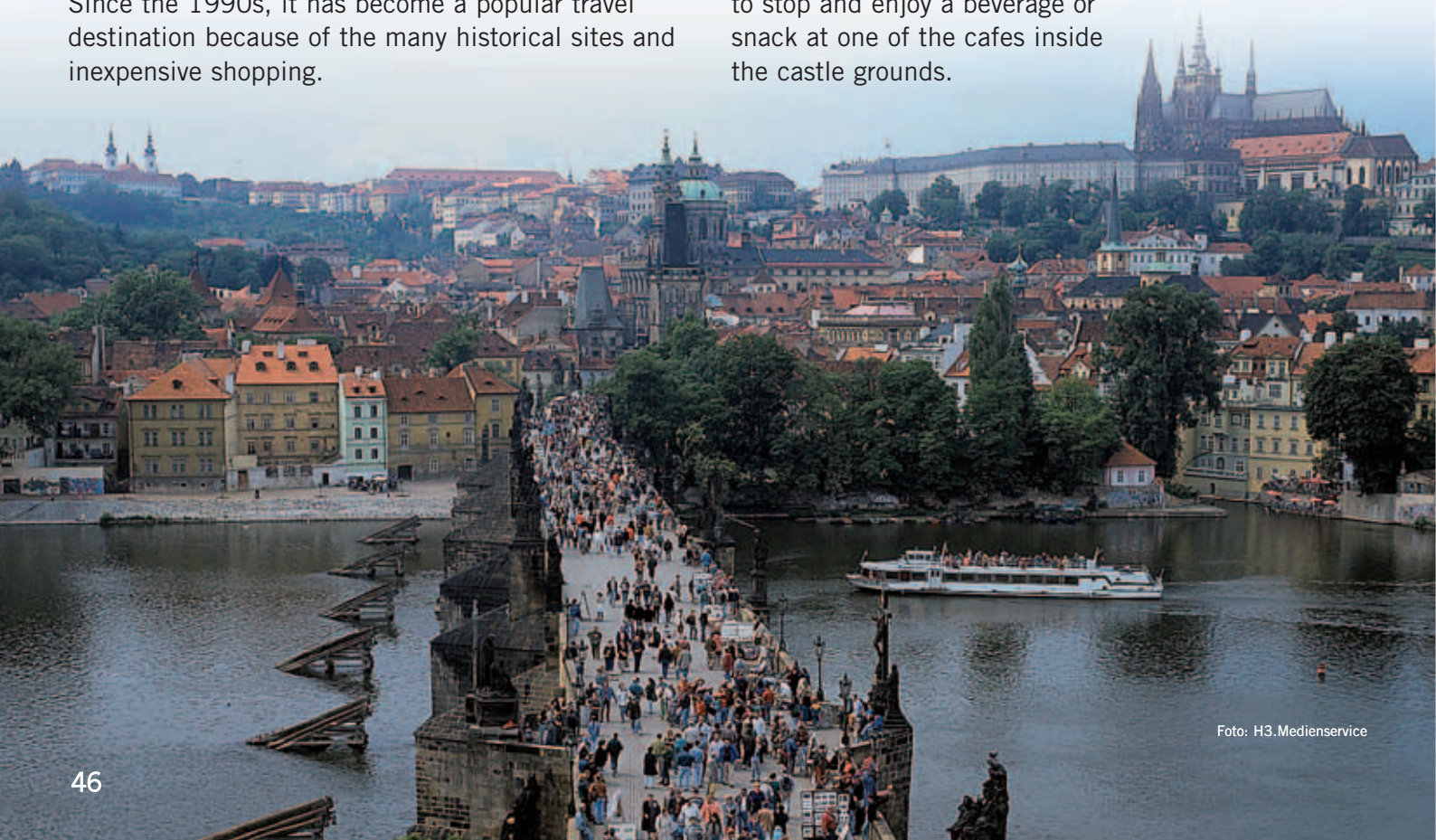


Foto: H3.Medienservice



After the decent down, we headed toward the Charles Bridge. Charles Bridge crosses the Vltava River and until 1841 it was the only bridge crossing the river. This bridge is crowded during the day with tourists and street merchants. It is lined with 30 statues of Saints and protected by three bridge towers. This picturesque bridge has made its way into popular culture in several music videos and movies, including Mission: Impossible and Triple-X. Take the time to stop along the bridge and check out the views. Once across the bridge, we entered into the Old Town and headed straight for the famous Astronomical Clock. The clock is located on the south wall of the Old Town City Hall right next to the square. The clock is medieval and still works. On the hour, the crowds gather to watch this, so timing is important for this stop. However, if you miss out on seeing the clock there are plenty of shops around to visit while waiting for the next hour. This was the end location of the guided tour and we had several hours to explore Prague on our own. Take the time to wander around the cobblestone streets in this area stopping in the many shops.

After a quick lunch break at the new Hard Rock Cafe, we went to find the “Dancing House”. Take the time to walk along the river to this one-of-a-kind building. This modern piece of architecture was started in 1992. Completed in 1996, it was designed by Czech architect Vlado Milonic in co-operation with Canadian architect Frank Gehry. It is said to resemble Fred Astair and Ginger Rogers dancing. The contrast of this modern building with the historical buildings of Prague is unique and for almost 10 years was a controversial site.



As we ventured back from the Dancing House, we wandered around taking in various memorials and sites throughout the downtown core of Prague. We bought our souvenirs, including a marionette, and then it was time to leave. Our time in Prague was short, but we saw some of the major tourist attractions and wet our appetite to come back to explore some more.

With buildings ranging from old 9th century architecture to modern structures Prague is enchanting, and a must see for either a day trip from Germany or a quick weekend get-away.

Travel Tips for Prague:

- Prague's major sites can be seen in a day, if you don't mind an early departure and late return.
- Currency is the Czech Crown and Euro can be easily converted upon arrival, a lot of places will accept Euro and US Dollars but you can expect your change to be Czech Crown.
- Wear comfortable walking shoes as there are many cobblestone streets to walk on.
- Sightseeing – Start at the Prague Castle on top of the hill and work your way down, otherwise you have to climb uphill after walking all day.
- Bring an umbrella – Prague can be a rainy city.
- Take time to check out the shops in Old Town and get yourself some crystal or a marionette.
- Enjoy exploring, many things to see.

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STABLE THEATER BRINGS BROADWAY TO BAMBERG

by Simon Hupfer (MWR Marketing Manager)

If you enter the former horse stables of the German Cavalry Regiment 17 today, you might hear a piano running scales up and down. Posters and flyers are greeting from the wall. The office that might have been a tack room for the cavalry sits across the entry and is busy;

Jack Austin and his co-worker James Fredrick are discussing the cast of the upcoming musical "The King and I". The old brick building hosts Bamberg's Stable Theater, a little jewel case for American theater and musical culture. "We really exist by about 100 volunteers that support our shows as actors, technicians, set builders and costume designers," says Austin. Every year he and the 'Stable Theater Family', as he calls it, put together four to six shows. "These shows are really our bread and butter," Austin says.

"The most rewarding aspect about my job is that we can do something to impact these families and soldiers", Austin says. "Our volunteers sometimes lose themselves here; they enjoy just immersing in the work. People tell me they feel at home and welcome here, I think because we offer a creative freedom people don't find very easily in their every day lives," he says. The recreational benefit of being part of this creative family can't be over-estimated: "We had a Soldier approach me before he left Bamberg. He thanked us effusively, and said we probably saved his life. He had obviously gone through some difficult times, but here, being appreciated among fellow performers helped him; here he succeeded and felt as part of a great team."

It took Austin some time to realize the importance of appreciating his volunteers as customers, "the second – maybe the first – side of my customer base", as he puts it. The other, of course, is the audience that comes to see the shows, to take instrument lessons, or to use the practice rooms or the new fully equipped recording studio.

When Austin, became the entertainment director for Family and Morale, Welfare and Recreation (FMWR) at U.S. Army Garrison Bamberg, Germany, in 2001, he came over as a dependant. His wife had accepted a



job as a therapist with the Army.

"I was actually Mr. Mom at that time," he says, taking care of his two daughters. As a certified architect and operations director of a mid-sized design firm, he was involved in designing performing arts theaters around Philadelphia. "Steven Schwartz"

"Pippin" was the first show I saw on Broadway, the one that lit my fire for musical theater. So it was also the first show we did here in Bamberg, when I took charge of the entertainment operation, and it was a success and a rewarding experience."

Today, organizing and running special events like the Soldier Show or 4th of July celebrations also fall in his and assistant James Fredrick's lane, as well as bands that tour military installations, artists like 'Crunk' rapper LiL Jon, country rock singer Edwin McCain, fun punk band LIT and, just recently, American Idol winner Kris Allen. "We documented 24,000 contact hours in the last twelve months – face time with our customers – with a staff of two at the time," Austin says, not without some pride. Being proud of the community's talent also manifests itself in the record that Bamberg Stable Theater still shares: 13 Topper Awards, the U.S. Army's Oscar for entertainment productions, in 2007 are decorating the Theater's entry area for their production of "Little Women".

The seed for the high quality standard was planted partly by the First Infantry Division Band, stationed in Bamberg until 2006, but the talent came from outside the band, before and since. "We are always awed by the talent that comes through Bamberg. And just when it seems so many are moving out, a new group arrives, as seems to have happened again this Fall" he says. "We are working hard to keep the good reputation that we have built since shortly before I arrived," Austin says. When reaching out for new performers for the Stable Theater family in the Bamberg community, he reveals his recipe for success: "It's not so much the number of programs and the amount of money you spend on your productions. It's providing the opportunity and the freedom for people that meet here to create something great together."



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